



## **2023 RESOURCE DIRECTORY**

### **Covering:**

Caddo County  
Comanche County  
Cotton County  
Grady County  
Jefferson County  
McClain County  
Stephens County  
Tillman County

### **Association of South Central Oklahoma Governments**

#### **Area Aging Agency**

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Senior Information Hotline: (800) 211-2116  
[www.ascog.org](http://www.ascog.org)

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## FOREWORD

This resource directory has been compiled and published by the Association of South Central Oklahoma Governments (ASCOG) Area Agency on Aging (AAA) for older people, their families and caregivers who live in the ASCOG eight county region:

Caddo	Jefferson
Comanche	McClain
Cotton	Stephens
Grady	Tillman

The publication of this directory is authorized by the Older Americans Act of 1965 and funded by the Special Unit on Aging (SUOA).

## ACKNOWLEDGEMENTS

The compiling of this resource directory has been a collaborative effort. The ASCOG Area Agency on Aging would like to thank all businesses, social organizations, senior citizen organizations and anyone who has been gracious enough to return a call, suggest an association or participate in any way with the completion of this project.

Thank you for your dedication to our senior citizens. The goal of this project is to make sure that our senior citizens are aware of the resources available to them.

## WHAT IS ASCOG?

The Association of South Central Oklahoma Governments was incorporated on July 24, 1969. The purpose of ASCOG is to assist local governments in serving the needs of their citizens. ASCOG is one of eleven regional council of local governments in Oklahoma and funding is provided by local dues, state appropriated funds and state, federal and private grants. ASCOG serves an eight-county area: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman.

ASCOG became a Trust Authority on December 31, 1991. Board meetings are held quarterly with the Executive Committee meeting in the off months. ASCOG operates under a Board of Trustees that consists of a county commissioner, a mayoral representative, a conservation district director, a citizen-at-large representative from each of the eight counties, four minority representatives, two Native American tribal representatives and the Mayor of Lawton.

The Trustees oversee the programs administered by ASCOG, and they work together to address governmental issues that go beyond their political boundaries.

## ASCOG AREA AGENCY ON AGING STAFF

(800) 658-1466

802 W. Main Street, P.O. Box 1647, Duncan, Oklahoma 73534

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Brenda Jenkins, Outreach Specialist

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## **ASCOG SUPPORTIVE SERVICES**

ASCOG Supportive Services Division consists of two divisions: ASCOG Area Agency on Aging (AAA) and ASCOG Managed Care Services.

ASCOG Area Agency on Aging serves the eight counties in the ASCOG region by funding more than 35 senior nutrition centers, which provide meals and activities for area senior citizens.

ASCOG AAA also provides regional planning, information and assistance to senior citizens, referrals to services, the Ombudsman program and access to the legislative process (i.e., the Silver Haired Legislature).

ASCOG AAA is governed by the ASCOG board of trustees and is represented by the AAA Advisory Council, which is made up of members from each of the eight counties and minority representation.

ASCOG Managed Care Services assesses the needs, builds an individual care plan, and provides advocacy, monitoring and evaluations to make sure senior citizens can live independently in their homes.

For more information on ASCOG AAA or Managed Care Services please call (800) 658-1466 or (580) 736-7984.

## ASCOG MANAGED CARE SERVICES

The purpose of ASCOG Managed Care Services is to help elderly, frail and disabled individuals maintain their independence and remain in their homes.

Case management services are available to individuals approved for the Advantage Program. Case managers are responsible for assessing the needs of individuals approved for the program. They also develop a comprehensive plan, arrange for services, monitor all services that are going into the home, advocate on behalf of clients, make monthly contacts by telephone and conduct home visits every three months or as needed depending on the case.

Case managers provide a wealth of knowledge about available services in the community and how individuals can access those services.

The goal of the Advantage Program is to provide individuals with services they can receive at home as opposed to going to a nursing home.

To be eligible for the Advantage Program, individuals must meet the following requirements:

- Must be 65 years of age or older and frail.
- Must be 21 years of age or older with a physical disability.
- Must meet financial guidelines.
- Must require the level of services provided in a nursing home.
- Must require services that are below the cost of nursing home care.

ASCOG case managed services also provides free assistance with completing an “advance directive” to physicians.

For information on Managed Care Services please contact:

Peggy Rush, Managed Care Services Program Coordinator  
(800) 658-1466 x254 or (580) 736-7984  
802 W. Main Street; P.O. Box 1647, Duncan, Oklahoma 73534  
rush\_pe@ascog.org or cart\_le@ascog.org

## **ASCOG LONG-TERM CARE OMBUDSMAN PROGRAM**

The purpose of the ASCOG Ombudsman program is to advocate for the rights of residents in nursing homes, assisted living and residential care facilities.

The ASCOG Ombudsman program trains and supervises volunteers who visit facilities weekly. The program offers two-day training for anyone interested in becoming a volunteer. Upon completion of the training course, the volunteer may select a long-term care facility to begin their ombudsman duties.

Volunteers are only required to give two to four hours a week of their time to the program. They improve and enrich the lives of residents by being available to listen and act on their concerns. Ombudsmen work can also improve the care and quality of life for residents who live there.

Ombudsman supervisors train volunteers, facility staff and family council. They give presentations and provide information to those seeking nursing home placement.

Contact:

David Sexton, Ombudsman Supervisor  
(580) 736-7974      sext\_da@ascog.org

Brookridge Retirement Community, Cedar Crest Manor, Duncan Community Residence, Edith Kassanavoid Gordon Assisted Living, Elk Crossing, Country Club Care, Lawton VA Center, McMahon-Tomlinson Nursing Center, Memorial Nursing Center, Meridian Nursing Home, Inc., Temple Manor Nursing Home, Ten Oaks Place, The Brentwood Senior Living, The Chateau, Westbrook Healthcare, Inc., Willow Park Health Care Center.

Anadarko Nursing & Rehab, Ashbrook Village (Sterling House of Duncan), Binger Nursing & Rehab, Brookdale in Chickasha, Carnegie Nursing Home, Inc., Chickasha Nursing Center, Inc., Chisholm Trail Assisted Living, Duncan Assisted Living (Canoe Brook), Glenhaven Retirement Village, Grace Living Center, Gregston Nursing Home, Inc., Marlow Nursing & Rehab, Montevista Rehab & Skilled Care, Purcell Care Center, Senior Village Healthcare, Shannon Springs Residence, Inc., Sunset Estates of Purcell, Tuttle Care Center, West Wind Assisted Living, Westbrook Gardens Senior Living Community, Wilkins Health & Rehab Community.



## **ASCOG AREA AGENCY ON AGING ADVISORY COUNCIL**

### **Caddo County:**

Marlene Walker: Commissioner Appointee

Charity Helms: Mayoral Appointee

\*John Kusel: OSHL Representative

### **Comanche County:**

Thelmer Hutcheson: Commissioner Appointee

Charlie Maguire: Mayoral Appointee

Karolyn Anders: Lawton Mayor Appointee; OSHL Representative

### **Cotton County:**

Lauren Ellis: Commissioner Appointee

Louise Hamilton\*: Mayoral Appointee

\*Jalmer “Bo” Fallon: OSHL Representative

### **Grady County:**

Rev. Charles Watson: Commissioner Appointee; OSHL Representative

Loretta Jackson: Mayoral Appointee

\*Merlene Rust: OSHL Representative

### **Jefferson County:**

Dorothy Moore: Commissioner Appointee

\*Rubye Benson: Mayoral Appointee

### **McClain County:**

Lewie Jeffries: Commissioner Appointee

\*Rowena Scott-Johnson: Mayoral Appointee

Ray Merchant: OSHL Representative

### **Stephens County:**

\*Haljean Gillispie: Commissioner Appointee; OSHL Representative

Sandy Stewart: Mayoral Appointee  
**Tillman County:**  
\*Watha Shanks: Commissioner Appointee

J.M. Cope: Mayoral Appointee

**Aging Services Network Provider**  
Katie Ebner: Gentiva

*\*Denotes Executive Committee Member*

### **NATIONAL COUNCIL ON AGING**

(571) 527-3900      251 18<sup>th</sup> Street South, Suite 500, Arlington, Virginia 22202  
ncoa.org

### **NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING (n4a)**

(202) 872-0888      1730 Rhode Island Avenue, NW Suite 1200, Washington, DC 20036  
n4a.org

## AREA AGENCY ON AGING SILVER HAired LEGISLATURE

### Senators:

Jalmer "Bo" Fallon

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**District:** 9-1      **Counties:** Caddo, Comanche, Cotton & Tillman

jalmer.fallon@sbcglobal.net

Haljean Gillispie

(580) 475-0354 or (580) 656-3805      2912 Walnut, Duncan, Oklahoma 73533

**District:** 9-2      **Counties:** Grady, Jefferson, McClain & Stephens

haljean@sbcglobal.net

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(405) 224-5297      322 E. Dakota Avenue, Chickasha, Oklahoma 73018

**District:** 9-2      **Counties:** Grady, Jefferson, McClain & Stephens

lyjackson1@suddenlink.net

### Representatives:

Merlene Rust

(405) 820-6649      P.O. Box 620, Rush Springs, Oklahoma 73082

**District:** 9-1      **Counties:** Grady and McClain

merlenerust@yahoo.com

Ray Merchant - Alternate

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**District:** 9-1      **Counties:** Grady and McClain

raymerchant@wichitaonline.net

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**District:** 9-2      **Counties:** Grady, Jefferson, McClain & Stephens

Oklahomaieparson@att.net

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(580) 757-2730      P.O. Box 95, Ryan, Oklahoma 73565

**District:** 9-2      **Counties:** Grady, Jefferson, McClain & Stephens

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Karolyn Anders - Alternate  
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**District:** 9-3 **Counties:** Comanche and Cotton  
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John Kusel  
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Gloria Stearns - Alternate  
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**Alumni Member:**

Rowena Scott-Johnson  
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**ABOUT THE SILVER HAired LEGISLATURE**

The Silver Haired Legislature has been involved in the passing of many laws that benefit senior citizens and the entire state such as:

- Living wills (advance directives)
- Public Transportation Revolving Fund
- Omnibus Reconciliation Bill
- Long-Term Care Omnibus Bill
- Required Training for Nursing Home Aides
- Spousal Impoverishment Act
- Funding Legal Aid for Persons over 60 Years of Age
- Homestead Exemption Increase
- Adult Day Care Amendment

The Silver Haired Legislature is a body of elected officials whose primary focus is to speak on behalf of the elderly. Legislators take the concerns of elderly people and work to make those concerns known to our elected officials at the State Capital.

The Oklahoma Silver Haired Legislature is supported by the Oklahoma Silver Haired Legislature Alumni Association, the Oklahoma Area Agencies on Aging and the OKDHS Aging Services Division

If you would like additional information about the program, please call (405) 522-6239 or fax (405) 522-6739.

## ASCOG AREA TRIBAL OFFICES

### **Apache**

Bobby Komardley, Chairman  
(405) 247-9493      **Fax:** (405) 247-2763  
P.O. Box 1330, Anadarko, Oklahoma 73005

### **Caddo**

Tamara Francis-Fourkiller, Chairman  
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### **Comanche (Administrative)**

Vacant Position  
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### **Comanche Nation Optometry**

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### **Fort Sill Apache**

Jeff Haozous, Chairman  
(580) 588-2298      **Fax:** (580) 588-3133  
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### **Kiowa**

Matthew Komalty, Chairman  
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P.O. Box 369, Carnegie, Oklahoma 73015

### **Wichita**

Terri Parton, President  
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### **KCA Intertribal Land Use Committee**

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## ASCOG AREA LEGISLATORS

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Senator Paul Scott – District 43  
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Senator Darcy Jech – District 26  
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Senator Randy Bass – District 32  
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Rep. Cole's Chief of Staff  
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2424 Springer Drive, Suite 201, Norman, Oklahoma 73069

Rep. Cole's Field Representative



(580) 357-2131      **Fax:** (580) 357-7477  
711 SW D Ave., Suite 201, Lawton, Oklahoma 73501  
**OKLAHOMA AGING SERVICES**

**Department of Human Services Aging Services**  
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P.O. Box 25352, 50 NE 23<sup>rd</sup> Street, Oklahoma City, Oklahoma 73105

**Long-Term Care Ombudsman Program/ASCOG**  
David Sexton, Ombudsman Supervisor  
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804 Main Street/P.O. Box 1647, Duncan, Oklahoma 73534  
sext\_da@ascog.org

**Long-Term Care Ombudsman Program/ASCOG**  
Mic Hutchinson, Ombudsman Supervisor  
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804 Main Street/P.O. Box 1647, Duncan, Oklahoma 73534  
hutc\_ma@ascog.org

## **Area Agencies on Aging (AAA)**

Oklahoma has 11 Area Agencies on Aging. They provide information and referrals to senior citizens along with newsletters, brochures and resource directories. AAA also provides area planning and funds for the senior nutrition sites. It is the goal of the AAA to make sure every Oklahoma senior is well informed, well taken care of and not merely surviving but thriving in their later years.

### **Area 1**

#### **Grand Gateway Economic Development Associate**

Staci Pierce, Director

(800) 482-4594 x212 or (918) 244-0602      **Fax:** (918) 783-5786

333 South Oak/P.O. Drawer B, Big Cabin, Oklahoma 74332

**Counties:** Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington

spierce@grandgateway.org

ggeda.com

### **Area 2**

#### **EODD AAA**

Stacy Turner, Director

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1012 N. 38<sup>th</sup> Street/P.O. Box 1367, Muskogee, Oklahoma 74402

**Counties:** Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, Wagoner

sturner@eoddOklahoma.org

eoddOklahoma.org

### **Area 3**

#### **KEDDO AAA**

Kim Rose, Director

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**Counties:** Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha

kröse@keddo.org

keddo.org

### **Area 4**

#### **SODA AAA**

Amie Judd, Director

(580) 920-1388 x112 or (580) 916-1684

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**Counties:** Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc

amiejudd@soda-Oklahoma.org

soda-Oklahoma.org

**Area 5****COEDD AAA**

John Shea, Director

(800) 375-8255 x131 or (405) 273-6410

400 N. Bell/P.O. Box 3398, Shawnee, Oklahoma 74802

**Counties:** Hughes, Lincoln, Okfuskee, Pawnee, Payne, Seminole, Pottawatomie

aaadirector@coedd.net

coedd.net

**Area 6****INCOG AAA**

Clark Miller, Director

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William Tower II, 2 W. 2<sup>nd</sup> Street, Suite 800, Tulsa, Oklahoma 74103

**Counties:** Creek, Osage, Tulsa

cmillr@incog.org

incog.org

**Area 7****Long-Term Care Authority of Enid**

Valerie Snethen, Director

(580) 234-7475 or (580) 237-2236

202 W. Broadway, Suite A, Enid, Oklahoma 73701

**Counties:** Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, Noble

vsnethen@ltcaenid.org

**Area 8****Areawide Aging Agency, Inc.**

Blair Schoeb, Director

(405) 942-8500

4101 N. Perimeter Center, Suite 310, Oklahoma City, Oklahoma 73112

**Counties:** Canadian, Cleveland, Logan, Oklahoma

bschoeb@areawideaging.org

areawideaging.org

**Area 9****ASCOG AAA**

Kristina Manriquez, Director

(800) 658-1466 or (580) 736-7976

804 W. Main Street/P.O. Box 1647, Duncan, Oklahoma 73534

**Counties:** Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, Tillman

manr\_kr@ascog.org

ascog.org

**Area 10**

**SWODA AAA**

Anita Martinez, Director

(800) 627-4882 or (580) 562-4882

420 Sooner Drive/P.O. Box 569, Burns Flat, Oklahoma 73624

**Counties:** Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills, Washita

anita@swoda.org

swoda.org

**AREA AGENCIES ON AGING (AAA) INFORMATION & ASSISTANCE**

**Area 1**

**Grand Gateway Economic Development**

(800) 482-4594 or (918) 783-5793

333 S. Oak/P.O. Drawer B, Big Cabin, Oklahoma 74332

**Counties:** Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington

ggeda.com

**Area 2**

**EODD AAA**

(918) 682-7891 or (918) 682-5444

1012 N. 38<sup>th</sup> Street/P.O. Box 1367, Muskogee, Oklahoma 74402

**Counties:** Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, Wagoner

eoddOklahoma.org

**Area 3**

**KEDDO AAA**

(800) 722-8180 or (918) 465-2367

1002 Hwy 2 North/P.O. Box 638, Wilburton, Oklahoma 74578

**Counties:** Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha

**Area 4**

**SODA AAA**

(580) 920-1388

2704 N. 1<sup>st</sup> Street, Durant, Oklahoma 74701

**Counties:** Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc

soda-Oklahoma.org

**Area 5**

**COEDD AAA**

(800) 375-8255 or (405) 273-6410 x128

400 N. Bell/P.O. Box 3398, Shawnee, Oklahoma 74801

**Counties:** Hughes, Lincoln, Okfuskee, Pawnee, Payne, Seminole, Pottawatomie

aginginfo@coedd.net

**Area 6**

**INCOG AAA**

(918) 579-9477

2 W. 2<sup>nd</sup> Street, Suite 800, Tulsa, Oklahoma 74103

**Counties:** Creek, Osage, Tulsa

**Area 7**

**Long-Term Care Authority of Enid**

(580) 234-7475 or (580) 237-2236

202 W. Broadway, Suite A, Enid, Oklahoma 73703

**Counties:** Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, Noble

**Area 8**

**Areawide Aging Agency, Inc.**

(405) 942-8500

4101 N. Perimeter Center Dr., Suite 310, Oklahoma City, Oklahoma 73112

**Counties:** Canadian, Cleveland, Logan, Oklahoma

**Area 9**

**ASCOG AAA**

(800) 658-1466 or (580) 736-7036

804 W. Main Street/P.O. Box 1647, Duncan, Oklahoma 73534

**Counties:** Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, Tillman  
ascog.org

**Area 10**

**SWODA AAA**

(800) 627-4882 or (580) 562-4882

420 Sooner Drive/P.O. Box 569, Burns Flat, Oklahoma 73624

**Counties:** Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills, Washita

## COUNTY COMMISSIONERS

### **Caddo County**

Caddo County Courthouse  
(405) 247-3105      **Fax:** (405) 247-3611  
P.O. Box 1427, Anadarko, Oklahoma 73005  
caddo.county@yahoo.com

District 1 - Benny Bowling  
(405) 656-2822 or (405) 247-3105      **Fax:** (405) 247-3611  
201 Oklahoma Ave, Anadarko, Oklahoma 73005  
RR 1 Box 195A, Binger, Oklahoma 73009  
caddod1@gmail.com

District 2 - Randy McLemore \*  
(405) 966-2685 or (405) 247-3105      **Fax:** (405) 247-3611  
201 Oklahoma Ave, Anadarko, Oklahoma 73005  
PO Box 832, Anadarko, Oklahoma 73005  
caddod2@sbcglobal.net

District 3 - Brent Kinder  
(580) 654-1761 or (405) 247-3105      **Fax:** (405) 247-3611  
201 Oklahoma Ave, Anadarko, Oklahoma 73005  
523 Ruth Drive, Carnegie, Oklahoma 73015  
caddodistrict3@carnegienet.net

### **Comanche County**

Comanche County Courthouse  
(580) 353-3717      **Fax:** (580) 585-5242  
315 SW 5<sup>th</sup> Street, Room #303, Lawton, Oklahoma 73501  
teresa.wilson@comanchecounty.us

District 1 - Gail Turner  
(580) 591-2660 or (580) 353-3717      **Fax:** (580) 357-9478  
315 SW 5<sup>th</sup> Street # 303, Lawton, Oklahoma 73501  
gail.turner@comanchecounty.us

District 2 - Johnny Owens  
(580) 353-3717      **Fax:** (580) 357-9478  
315 SW 5<sup>th</sup> Street # 303, Lawton, Oklahoma 73501  
johnny.owens@comanchecounty.us

District 3 - Alvin Cargill  
(580) 429-4457 or (580) 353-3717      **Fax:** (580) 357-9478  
315 SW 5<sup>th</sup> Street # 303, Lawton, Oklahoma 73501  
alvin.cargill@comanchecounty.us

Town of Chattanooga  
Jaime Fisher (contact), Office Manager  
(580) 597-3390      **Fax:** (580) 597-2598  
302 3<sup>rd</sup> Street, Chattanooga, Oklahoma 73528  
Rob Stallcup, Chief  
(580) 512-9122  
townofchatty@pdi.net  
chattanoogaOklahoma.myruralwater.com

### **Cotton County**

Cotton County Courthouse  
(580) 875-3026      **Fax:** (580) 875-3756  
301 N. Broadway Street, Walters, Oklahoma 73572  
cottonco@sbcglobal.net

District 1 - Mike Woods  
(580) 512-7688 or (580) 875-3026      **Fax:** (580) 875-3756  
301 N Broadway Street, Walters, Oklahoma 73572  
cottonco@sbcglobal.net

District 2 - Ricky Vardell  
(580) 857-6636 or (580) 875-3026      **Fax:** (580) 875-3756  
301 N Broadway Street, Walters, Oklahoma 73572  
cottonco@sbcglobal.net

District 3 - Greg Powell\*  
(580) 299-3339 or (580) 875-3026      **Fax:** (580) 875-3756  
301 N Broadway Street, Walters, Oklahoma 73572  
RR 1, Box 10K, Devol, Oklahoma 73531  
cottonco@sbcglobal.net

### **Grady County**

Grady County Courthouse  
(405) 224-5211  
326 W. Choctaw Avenue, Chickasha, Oklahoma 73018  
kthomas@gradycountyOklahoma.com

District 1 - Mike Walker  
(405) 392-3171 or (405) 224-5211      **Fax:** (405) 222-1053  
326 W Choctaw Ave, Chickasha, Oklahoma 73018  
720 S Sarah Rd, Tuttle, Oklahoma 73089  
grady1@sbcglobal.net

District 2 - Kirk Painter  
(405) 224-2504 or (405) 224-5211 **Fax:** (405) 222-1053  
326 W. Choctaw Ave, Chickasha, Oklahoma 73018  
1328 County Road 1350, Chickasha, Oklahoma 73018  
gradydist2@yahoo.com

District 3 - Ralph Beard\*  
(580) 476-3865 or (405) 224-5211 **Fax:** (405) 222-1053  
326 W. Choctaw Ave, Chickasha, Oklahoma 73018  
RR 1, Box 141, Rush Springs, Oklahoma 73082  
rbeard@gradycountyOklahoma.com

### **Jefferson County**

Jefferson County Courthouse  
(580) 228-2241 **Fax:** (580) 228-3418  
220 N. Main, Room #101, Waurika, Oklahoma 73573  
jefferson@sbcglobal.net

District 1 - Brice Bohot  
(580) 439-5933 or (580) 228-2241 **Fax:** (580) 228-3418  
220 N. Main, Room 101, Waurika, Oklahoma 73573  
RR 1, Box 39B, Waurika, Oklahoma 73573  
jeffcodist1@hotmail.com

District 2 - Ty Phillips  
(580) 662-2479 or (580) 228-2241 **Fax:** (580) 228-3418  
220 N. Main, Room 101, Waurika, Oklahoma 73573  
P.O. Box 134, Ringling, Oklahoma 73456  
district-jefferson@att.net

District 3 - Ricky Martin\*  
(580) 662-2479 or (580) 228-2241 **Fax:** (580) 228-3418  
220 N. Main, Room 101, Waurika, Oklahoma 73573  
Rt. 1, Box 53A, Ryan, Oklahoma 73565

### **McClain County**

McClain County Courthouse  
(405) 527-3117  
P.O. Box 629, Purcell, Oklahoma 73080

District 1 - Glen Murray  
(405) 459-4365 or (405) 527-3117 **Fax:** (405) 527-5242  
P.O. Box 629 Purcell, Oklahoma 73080  
12739 Indian Meridian Ave, Wayne, Oklahoma 73095  
1McClaindist@gmail.com



District 2 - Wilson Lyles  
(405) 288-6006 or (405) 527-3117 **Fax:** (405) 527-5242  
P.O. Box 629, Purcell, Oklahoma 73080  
medist2@gmail.com

District 3 - Terry Daniel  
(405) 527-3360 or (405) 527-3117 **Fax:** (405) 527-5242  
P.O. Box 629, Purcell, Oklahoma 73080  
medist3@pldi.net

### **Stephens County**

Stephens County Courthouse  
(580) 255-4193 **Fax:** (580) 255-1771  
101 S. 11<sup>th</sup> Street, Duncan, Oklahoma 73533  
stcocomm@cableone.net

District 1 - Kreg Murphree  
(580) 658-2416 or (580) 255-4193 **Fax:** (580) 255-1771  
101 S 11<sup>th</sup> St., #200, Duncan, Oklahoma 73533  
RR 3, Box 351, Marlow, Oklahoma 73055  
stephens691@att.net/stcocomm@cableone.net

District 2 - Todd Churchman  
(580) 255-6636 or (580) 255-4193 **Fax:** (580) 255-1771  
101 S. 11th Street, #200, Duncan, Oklahoma 73533  
1805 W. Bois D'Arc, Duncan, Oklahoma 73533  
stcod2@yahoo.com / stcocomm@cableone.net

District 3 - Russell Morgan  
(580) 439-2206 or (580) 255-4193 **Fax:** (580) 255-1771  
101 S. 11<sup>th</sup> Street, #200, Duncan, Oklahoma 73533  
18256 N. 2810 Rd, Comanche, Oklahoma 73529  
stcocomm@cableone.net

### **Tillman County**

Tillman County Courthouse  
(580) 335-2156 **Fax:** (580) 335-3795  
P.O. Box 992, Frederick, Oklahoma 73542  
commoff@pldi.net

District 1 - Greg Petty  
(580) 667-5298 or (580) 335-2156 **Fax:** (580) 335-3795  
200 E. Frederick Street, Tipton, Oklahoma 73570  
21432 County Road EW 172, Tipton, Oklahoma 73570  
commoff@pldi.net

District 2 - Joe Don Dickey\*  
(580) 335-2374 or (580) 335-2156   **Fax:** (580) 335-3795  
700 S. 8th Street, Frederick, Oklahoma 73542  
1300 S. 15th, Frederick, Oklahoma 73542  
commoff@pldi.net

District 3 - Kent Smith  
(580) 597-2536 or (580) 335-2156   **Fax:** (580) 335-3795  
600 N. Bell Road, Grandfield, Oklahoma 73546  
23847 County Road EW 184, Loveland, Oklahoma 73553  
commoff@pldi.net

\* Denotes Chairman

## COUNTY CLERKS

### **Caddo County**

Patrice Dolch  
(405) 247-6609       **Fax:** (405) 247-6510  
Caddo County Courthouse, P.O. Box 68, Anadarko, Oklahoma 73005  
caddopa@outloOklahoma.com

### **Comanche County**

Carrie Tubbs  
(580) 355-5214       **Fax:** (580) 357-9478  
Comanche County Courthouse, 315 SW 5<sup>th</sup>, Room 304, Lawton, Oklahoma 73501  
countyclerk@comanchecounty.us

### **Cotton County**

Nikki Vardell  
(580) 875-3026       **Fax:** (580) 875-3756  
Cotton County Courthouse, 301 N. Broadway Street, Walters, Oklahoma 73572  
countyclerk17@sbcglobal.net

### **Grady County**

Jill Locke  
(405) 224-7388       **Fax:** (405) 222-4506  
Grady County Courthouse, P.O. Box 1009, Chickasha, Oklahoma 73023  
glocke@gradycountyOklahoma.com

### **Jefferson County**

Traci Smith  
(580) 228-2029       **Fax:** (580) 228-3608  
Jefferson County Courthouse, 220 N. Main Street, Rm 103, Waurika, Oklahoma 73573  
jeffersonclerk2@yahoo.com

**McClain County**

Pam Beller  
(405) 527-3360  
McClain County Courthouse, P.O. Box 629, Purcell, Oklahoma 73080  
McClainclerk@gmail.com

**Stephens County**

Jenny Moore  
(580) 255-0977      **Fax:** (580) 255-0991  
Stephens County Courthouse, 101 S. 11<sup>th</sup>, Rm 203, Duncan, Oklahoma 73533  
sccdunOklahoma@cableone.net

**Tillman County**

Cacy Caldwell  
(580) 335-3421 X43    **Fax:** (580) 335-3795  
Tillman County Courthouse, P.O. Box 992, Frederick, Oklahoma 73542  
coclerkoff@pldi.net

**CITIES AND TOWNS**

**Caddo County – Population: 29,600**

City of Anadarko                      **Population:** 6,762  
(405) 247-2481                      P.O. Box 647, Anadarko, Oklahoma 73005

Town of Apache                      **Population:** 1,444  
(580) 588-3505                      P.O. Box 390, Apache, Oklahoma 73006

Town of Binger                      **Population:** 672  
(405) 656-2426                      P.O. Box 481, Binger, Oklahoma 73009

Town of Bridgeport                      **Population:** 116  
(405) 542-7376                      P.O. Box 368, Hinton, Oklahoma 73047

Town of Carnegie                      **Population:** 1,723  
(580) 654-1004                      P.O. Box 1075, Carnegie, Oklahoma 73015

Town of Cement                      **Population:** 530  
(405) 489-3222                      P.O. Box 337, Cement, Oklahoma 73017

Town of Cyril                      **Population:** 1,059  
(580) 464-2411                      P.O. Box 448, Cyril, Oklahoma 73029

Town of Eakly                      **Population:** 338  
(405) 797-3252                      P.O. Box 305, Eakly, Oklahoma 73033

Town of Fort Cobb (405) 643-2682	<b>Population:</b> 634 P.O. Box 328, Fort Cobb, Oklahoma 73038
Town of Gracemont (405) 966-2201	<b>Population:</b> 318 P.O. Box 40, Gracemont, Oklahoma 73042
Town of Hinton (405) 542-3253	<b>Population:</b> 3,196 P.O. Box 159, Hinton, Oklahoma 73047
Town of Hydro (405) 663-2531	<b>Population:</b> 986 P.O. Box 248, Hydro, Oklahoma 73048
Town of Lookeba (405) 457-6361	<b>Population:</b> 166 P.O. Box 73, Lookeba, Oklahoma 73053
<b>Comanche County – Population: 124,098</b>	
City of Cache (580) 429-3354	<b>Population:</b> 2,796 P.O. Box 466, Cache, Oklahoma 73527
Town of Chattanooga (580) 597-3390	<b>Population:</b> 461 302 3 <sup>rd</sup> Street, Chattanooga, Oklahoma 73528
City of Elgin (580) 492-5777	<b>Population:</b> 2,156 P.O. Box 310, Elgin, Oklahoma 73538
Town of Faxon (580) 591-2455 (Mayor)	<b>Population:</b> 136 353 8 <sup>th</sup> Street, Faxon, Oklahoma 73540
Town of Fletcher (580) 549-6550	<b>Population:</b> 1,177 P.O. Box 448, Fletcher, Oklahoma 73541
City of Geronimo (580) 353-5511	<b>Population:</b> 1,268 100 W. Main Street, Geronimo, Oklahoma 73543
Town of Indianahoma (580) 246-3572	<b>Population:</b> 344 P.O. Box 38, Indianahoma, Oklahoma 73552
City of Lawton (580) 581-3301	<b>Population:</b> 96,867 212 SW 9 <sup>th</sup> Street, Lawton, Oklahoma 73501
Town of Medicine Park (580) 529-2825	<b>Population:</b> 382 P.O. Box 231, Medicine Park, Oklahoma 73557
Town of Sterling (580) 365-4445	<b>Population:</b> 793 P.O. Box 277, Sterling, Oklahoma 73567



Town of Verden                      **Population:** 530  
(405) 453-7235                      P.O. Box 206, Verden, Oklahoma 73092

**Jefferson County – Population: 6,472**

Town of Addington                **Population:** 114  
P.O. Box 146, Addington, Oklahoma 73520

Town of Cornish                    **Population:** 161  
(580) 662-2428                    P.O. Box 333, Ringling, Oklahoma 73456

Town of Hastings                 **Population:** 114  
(580) 963-3221                 P.O. Box 67, Hastings, Oklahoma 73548

Town of Ringling                 **Population:** 1,037  
(580) 662-2264                 P.O. Box 565, Ringling, Oklahoma 73456

Town of Ryan                        **Population:** 816  
(580) 757-2277                    614 Washington, Ryan, Oklahoma 73565

Town of Sugden                    **Population:** 43  
(580) 313-0882                    214 McCabe Street, Waurika, Oklahoma 73573

Town of Terral                     **Population:** 382  
(580) 437-2337                    P.O. Box 399, Terral, Oklahoma 73569

City of Waurika                    **Population:** 2,064  
(580) 228-2713                    122 S. Main Street, Waurika, Oklahoma 73573

**McClain County – Population: 34,506**

City of Blanchard                 **Population:** 7,670  
(405) 485-9392                 P.O. Box 480, Blanchard, Oklahoma 73010

Town of Byars                      **Population:** 255  
(405) 255-4197 (Jamie Price) P.O. Box 251, Byars, Oklahoma 74831

Town of Cole                        **Population:** 555  
(405) 485-3532                    26887 Main Street, Blanchard, Oklahoma 73010

Town of Dibble                    **Population:** 878  
(405) 344-6659                    P.O. Box 57, Dibble, Oklahoma 73031

Town of Goldsby                 **Population:** 1,801  
(405) 288-6675                 100 E. Center Road, Goldsby, Oklahoma 73093

City of Newcastle                **Population:** 7,685  
(405) 387-4427                P.O. Box 179, Newcastle, Oklahoma 73065

City of Purcell (405) 527-6561	<b>Population:</b> 5,884 230 W. Main, Purcell, Oklahoma 73080
Town of Rosedale (405) 469-4216	<b>Population:</b> 68 37710 Broadway Ave, Byars, Oklahoma 74831
Town of Washington (405) 288-2578	<b>Population:</b> 618 P.O. Box 127, Goldsby, Oklahoma 73093
Town of Wayne (405) 449-3451	<b>Population:</b> 688 P.O. Box 160, Wayne, Oklahoma 73095
<b>Stephens County – Population: 45,048</b>	
Town of Bray (580) 658-2709	<b>Population:</b> 1,209 3703 Highway 29, Marlow, Oklahoma 73055
Town of Central High (580) 641-2974	<b>Population:</b> 1,199 227266 Blackburn Road, Marlow, Oklahoma 73055
City of Comanche (580) 439-8832	<b>Population:</b> 1,663 500 N. Rodeo Drive, Comanche, Oklahoma 73529
City of Duncan (580) 252-0250	<b>Population:</b> 23,431 P.O. Box 969, Duncan, Oklahoma 73534
Town of Empire (580) 252-9059 P.O. Box 445, Comanche, Oklahoma 73529	<b>Population:</b> 1,029 <b>Fax:</b> (580) 439-8832
Town of Loco (580) 467-3660	<b>Population:</b> 122 P.O. Box 27, Loco, Oklahoma 73442
City of Marlow (580) 658-5401	<b>Population:</b> 4,662 P.O. Box 113, Marlow, Oklahoma 73055
Town of Velma (580) 444-3393	<b>Population:</b> 620 P.O. Box 447, Velma, Oklahoma 73491
<b>Tillman County – Population: 7,992</b>	
Town of Davidson (580) 568-2600	<b>Population:</b> 315 P.O. Box 308, Davidson, Oklahoma 73530
City of Frederick (580) 335-7551	<b>Population:</b> 3,940 P.O. Box 399, Frederick, Oklahoma 73542
City of Grandfield	<b>Population:</b> 1,038

(580) 479-5215                      Drawer L, Grandfield, Oklahoma 73546

Town of Hollister                      **Population:** 50  
P.O. Box 222, Hollister, Oklahoma 73551

Town of Loveland                      **Population:** 13  
(580) 479-3390                      838 Johnson Street, Loveland, Oklahoma 73553

Town of Manitou                      **Population:** 161  
(580) 397-2006                      P.O. Box 40, Manitou, Oklahoma 73555

Town of Tipton                      **Population:** 847  
(580) 667-5211                      100 W. Main, Tipton, Oklahoma 73570

### **CHAMBERS OF COMMERCE**

#### **Caddo County**

Anadarko  
(405) 247-6651  
P.O. Box 366, Anadarko, Oklahoma 73005

Apache  
(580) 588-2093  
115 Evans Ave., Apache, Oklahoma 73006

Carnegie  
(580) 654-2121  
P.O. Box 96, Carnegie, Oklahoma 73015

#### **Comanche County**

Lawton/Ft. Sill  
(580) 355-3541  
302 W. Gore Blvd., Lawton, Oklahoma 73501

#### **Cotton County**

Temple  
(580) 342-5115  
125 N. Commercial Street, Temple, Oklahoma 73568

Walters  
(580) 875-3335  
116 N. Broadway St, Walters, Oklahoma 73572

#### **Grady County**

Chickasha



(405) 224-0787  
221 W. Chickasha Avenue, Chickasha, Oklahoma 73018

Minco  
(405) 352-4382  
P.O. Box 451, Minco, Oklahoma 73059

**Jefferson County**

Waurika  
(580) 228-2081  
P.O. Box 366, Waurika, Oklahoma 73573

**McClain County**

Newcastle  
(405) 387-3232  
P.O. Box 1006, Newcastle, Oklahoma 73065

Purcell  
(405) 527-3093  
P.O. Box 923, Purcell, Oklahoma 72080

**Stephens County**

Duncan  
(580) 255-3644  
P.O. Box 699, Duncan, Oklahoma 73534

Marlow  
(580) 658-2212 or (580) 641-0440  
223 W. Main, Marlow, Oklahoma 73055

**Tillman County**

Frederick  
(580) 335-2126  
105 S. Main, Frederick, Oklahoma 73542

## **ABUSE**

### **Adult Abuse Hotline**

(800) 522-3511

### **Adult Protective Services**

**Website:** [Oklahomadhhs.org/services/aps/Pages/default](http://Oklahomadhhs.org/services/aps/Pages/default)

### **County Offices:**

Caddo County	(405) 247-4000
Comanche County	(580) 250-3600
Cotton County	(580) 875-4000
Grady County	(405) 574-7400
Jefferson County	(580) 228-3581
McClain County	(405) 527-6511
Stephens County	(580) 251-8300
Tillman County	(580) 335-6800

### **ASCOG Ombudsman**

(800) 658-1466 or (580) 736-7974 or (580) 736-7975  
804 W. Main Street/P.O. Box 1647 Duncan, Oklahoma 73534

### **Child Abuse Hotline**

24 Hour Statewide Hotline (800) 522-3511

### **Elder Abuse Hotline**

(800) 522-3511

## **ADULT DAYCARE SERVICES**

### **Comanche County**

Nora O'Neal Adult Day Care Center

(580) 351-0207

631 SW E Avenue, Lawton, Oklahoma 73501

[noraoneal.net](http://noraoneal.net)

Goodwill Wintergreen Adult Day Services

(580) 248-9313

923 Hilltop Drive, Lawton, Oklahoma 73505

goodwillson.org

## ADVOCACY SERVICES

Alcoholics Anonymous (405) 524-1100 aaOklahoma.org

Alzheimer's Association  
(800) 272-3900 or (580) 699-2877  
6425 NW Cache Road, Suite 102, Lawton, Oklahoma 73505  
alz.org

Alzheimer's Foundation of America (866) 232-8484

American Association of Retired Persons (AARP)  
(800) 424-3410  
8144 Walnut Hill Lane, Dallas, Texas 75231  
aarp.org

American Cancer Society of Comanche County  
1320 NW Homestead Drive, Suite D, Lawton, Oklahoma 73505  
cancer.org

American Council of the Blind  
(800) 424-8666 or (202) 467-5081  
1703 N. Beauregard Street, Suite 420, Arlington, Virginia 22301  
acb.org

American Diabetes Association  
3000 United Founders Blvd, Suite. 108, Oklahoma City, Oklahoma 73112  
diabetes.org

Arthritis Foundation of Oklahoma  
(800) 627-5486 or (405) 936-3366  
710 W. Wilshire Creek, Suite 101, Oklahoma City, Oklahoma 73116  
arthritis.org/Oklahoma

American Heart Association  
(800) 242-8721  
5700 N. Portland, Suite 203, Oklahoma City, Oklahoma 73112  
heart.org

American Lung Association  
800.588.4872 or (405) 748-4674  
1212 May Avenue #405, Oklahoma City, Oklahoma 73120

lung.org

Centers for Disease Control and Prevention

(800) 232-4636

cdc.gov

Epilepsy Association of the Sooner State

(405) 271-3232 or (800) 503-9864

711 Stanton L. Young Blvd., Suite 550, Oklahoma City, Oklahoma 73104

Federal Bureau of Investigation (FBI) (Oklahoma City Office)

(405) 290-7770

fbi.gov

Federal Bureau of Alcohol, Tobacco and Firearms (ATF) (Oklahoma City Office)

(800) 800-3855

atf.gov

Foster Grandparent Program- Delta Community Action

(580) 255-3222

921 Maple, Duncan, Oklahoma 73533

Missing and Exploited Children National Hotline

(800) 843-5678

missingkids.com

National Fraud and Information Center

(800) 876-7060

fraud.org

National Parkinson Foundation

(800) 473-4636

200 SE 1<sup>st</sup> Street, Suite 800, Miami, Florida 33131

1359 Brodd, Ste. 1504, New York, New York 10018

parkinson.org

National Runaway Switchboard

(800) 786-2929

1800runaway.org

Oklahoma Alliance on Aging

(405) 943-1895

3200 NW 48<sup>th</sup> Street, Room 2222, Oklahoma City, Oklahoma 73112

Oklahomahsdrs.org/drupal/guide/Oklahoma-Alliance-aging

Oklahoma Bureau of Narcotics and Dangerous Drugs Control

(800) 522-8031

[Oklahoma.gov/obnidd](http://Oklahoma.gov/obnidd)

Oklahoma Corporation Commission

(800) 522-8154

[occeweb.com](http://occeweb.com)

Oklahoma Dental Association

(800) 876-8890 or (405) 848-8873

317 NE 13<sup>th</sup> Street, Oklahoma City, Oklahoma 73104

[Oklahomada.org](http://Oklahomada.org)

Oklahoma Environmental Quality, Spills & Complaint Hotline

(800) 522-0206

[deq.state.Oklahoma.us](http://deq.state.Oklahoma.us)

Oklahoma Highway Patrol (Lawton Office)

(580) 353-0783

[dps.state.Oklahoma.us/ohp](http://dps.state.Oklahoma.us/ohp)

Oklahoma Insurance Department

(800) 522-0071

[oid.Oklahoma.gov](http://oid.Oklahoma.gov)

Oklahoma State Bureau of Investigation (OSBI – Oklahoma City Office)

(800) 522-8017

[Oklahoma.gov/osbi](http://Oklahoma.gov/osbi)

Oklahoma State Council on Aging

(405) 522-3069

2401 NW 23<sup>rd</sup> Street, Suite 40, Oklahoma City, Oklahoma 73107

Oklahoma Suicide Hotline

(800) 273-8255

[suicide.org](http://suicide.org)

[Suicidepreventionlifeline.org](http://Suicidepreventionlifeline.org)

Poison Control Center

(800) 222-1222

[Oklahomapoison.org](http://Oklahomapoison.org)

Senior Health Insurance Counseling

(800) 763-2828

2401 NW 23<sup>rd</sup> Street, Suite 28, Oklahoma City, Oklahoma 73107

[medicareassistance.com](http://medicareassistance.com)

Teen Dating Abuse Helpline

(866) 331-9474

[loveisrespect.org](http://loveisrespect.org)

Toxic Chemical & Oil Spills & Terrorists Threats  
(800) 424-8802

U.S. Drug Enforcement Administration (DEA) (Oklahoma City Office)  
(405) 475-7500  
[dea.gov](http://dea.gov)

U.S. Marshal Service (Oklahoma City Office)  
(405) 231-4206  
[usmarshals.gov](http://usmarshals.gov)

U.S. Secret Service (Oklahoma City Office)  
(405) 272-0630  
[secretservice.gov](http://secretservice.gov)

Women's Resource Center  
(405) 364-9424 P.O. Box 5089 Norman, Oklahoma 73070  
[wrcnormanOklahoma.com](http://wrcnormanOklahoma.com)

## **AMBULANCE SERVICES**

*If you are not sure who to call **ALL EMERGENCY SERVICES MAY BE REACHED BY DIALING “911”**. The operator will send the appropriate response team*

### **Caddo County**

Anadarko Fire Department EMS

(405) 247-3871      115 W. Kentucky, Anadarko, Oklahoma 73005

Apache Ambulance Service

(580) 588-2424      204 W. Evans Street, Apache, Oklahoma 73006

Carnegie Tri-County Municipal Hospital

102 S. Broadway Avenue, Carnegie, Oklahoma 73015

Cyril Ambulance Service

(405) 464-2206      202 W. Main Street, Cyril, Oklahoma 73029

### **Comanche County**

Comanche County Memorial Hospital Ambulance Service

(580) 585-5555      1301 SW 30<sup>th</sup> Street, Lawton, Oklahoma 73501

Geronimo Fire Department

(580) 248-8827      100 W. Main Street, Geronimo, Oklahoma 73543

Kirk's Ambulance Service

(580) 355-6500      1616 SW F Street, Lawton, Oklahoma 73501

Survival Flight

Comanche County Memorial Hospital

3401 W. Gore Blvd., Lawton, Oklahoma 73505

1208 Maple Street, Altus, Oklahoma 73521

### **Grady County**

Chickasha Fire Department EMS

(405) 222-6035      1700 Harly Day Dr., Chickasha, Oklahoma 73018

Rush Springs EMS

(580) 476-3438      201 W. Blakely, Rush Springs, Oklahoma 73082

Tuttle EMS

(405) 381-2335

**Jefferson County**

Waurika EMS  
(580) 228-7044      121 S. Main Street, Waurika, Oklahoma 73573

**McClain County**

Wadley's EMS, Inc  
(405) 527-5555      402 W. Washington Street, Purcell, Oklahoma 73080

**Stephens County**

American Medical Response  
(580) 252-4512      616 N. Hwy 81, Unit 21175, Duncan, Oklahoma 73533  
[amr.net/Locations/Operations/Oklahoma/Stephens-County](http://amr.net/Locations/Operations/Oklahoma/Stephens-County)

Air Evacuation Life Team 25

(580) 786-2549      2702 S. 13<sup>th</sup> Street, Duncan, Oklahoma 73533  
[lifeteam.net](http://lifeteam.net)

Velma Community Ambulance

(580) 444-2522

**ASSISTED LIVING\RETIREMENT HOMES\NURSING HOMES**

**Caddo County**

Binger Nursing Home  
(405) 656-2302      Highway 281 North, Binger, Oklahoma 73009

Carnegie Nursing Home

(580) 654-1439      225 N. Broadway, Carnegie, Oklahoma 73015

Anadarko Nursing and Rehabilitation

(405) 247-3346      300 W. Washington Avenue, Anadarko, Oklahoma 73005

**Comanche County**

Benjamin O. Davis High Rise  
(580) 353-5242      620 S. E Avenue Lawton, Oklahoma 73501

Brookridge Retirement Community

(580) 536-9700      7802 NW Quanah Parker Trailway, Lawton, Oklahoma 73505  
[broOklahomaridgeliving.com](http://broOklahomaridgeliving.com)

Cedar Crest Manor

(580) 355-1616      1700 Ft. Sill Blvd., Lawton, Oklahoma 73507  
[cedarcrestmanor.org](http://cedarcrestmanor.org)

Comanche County Memorial Hospital - Nursing Transition Unit



(580) 355-8620      3401 W. Gore Blvd., Lawton, Oklahoma 73505  
ccmhhealth.com

Edith Kassanavoid Gordon - Assisted Living Center  
(580) 699-3736 or (580) 699-3749      1001 SE 36<sup>th</sup> Street, Lawton, Oklahoma 73501

Lawton/Fort Sill Veterans Center  
(580) 351-6511      501 SE Flower Mound Road, Lawton, Oklahoma 73501  
odva.Oklahoma.gov/content/lawton

McMahon Tomlinson Nursing and Rehabilitation Center  
(580) 357-3240      2007 NW 52<sup>nd</sup> Street, Lawton, Oklahoma 73505  
ccmhonline.com/mtnc/mcmahon-tomlinson-nursing-center

Montevista Rehabilitation & Skilled Care  
(580) 536-2866      7604 Quanah Parker Trailway, Lawton, Oklahoma 73505  
montevistarehab.com

Ten Oaks Place  
(580) 353-1190      3610 SE Huntington Circle, Lawton, Oklahoma 73501

The Chateau of Lawton - Retirement Community  
(580) 536-6800      6301 SW Lee Blvd., Lawton, Oklahoma 73505  
thechateauoflawton.com

The Brentwood Senior Living  
(580) 536-4848      6920 W. Lee Blvd., Lawton, Oklahoma 73505  
thebrentwoodseniorliving.com

Willow Park Health Care Center  
(580) 536-1279      7019 NW Cache Road, Lawton, Oklahoma 73505  
willowparkhealthcarecenter.com

### **Cotton County**

Temple Manor Nursing Home  
(580) 342-6228      100 W. Green Avenue Temple, Oklahoma 73568

### **Grady County**

Sterling House of Chickasha  
(405) 224-8300      801 Country Club Road, Chickasha, Oklahoma 73018  
brookdale.com/communities/sterling-house-of-chickasha

Chickasha Nursing Home  
(405) 224-3593      2700 S. 9<sup>th</sup> Street, Chickasha, Oklahoma 73018

Grace Living Center  
(405) 224-6456 2300 W. Iowa Avenue, Chickasha, Oklahoma 73018  
gracelivingcenters.com/chickasha

Glenhaven Retirement Village  
(405) 224-1351 3003 Iowa Avenue, Chickasha, Oklahoma 73018  
glenhavencorp.com

Shannon Springs Residence  
(405) 224-1397 2500 S. 12<sup>th</sup> Street, Chickasha, Oklahoma 73018

Tuttle Care Center  
(405) 381-3363 104 SE 4<sup>th</sup> Street, Tuttle, Oklahoma 73089

### **Jefferson County**

Westbrook Healthcare, Inc.  
(580) 228-2363 1100 N. Ash, Waurika, Oklahoma 73573

### **McClain County**

Purcell Care Center  
(405) 527-7798 801 N. 6<sup>th</sup>, Purcell, Oklahoma 73080

Senior Village Nursing Home  
(405) 485-3315 1104 N. Madison, Blanchard, Oklahoma 73010

Sunset Estates of Purcell, Inc.  
(405) 527-2122 915 N. 7<sup>th</sup> Avenue, Purcell, Oklahoma 73080

Westbrook Gardens Senior Living Community  
(405) 294-2952 1215 Westbrook Blvd., Purcell, Oklahoma 73080

### **Stephens County**

Ashbrook Village Assisted Living  
(580) 252-8300 915 W. Plato Road, Duncan, Oklahoma 73533

Canoe Brook Assisted Living  
(580) 252-3337 415 Chisholm Trail Pkwy., Duncan, Oklahoma 73533

Chisholm Trail Assisted Living  
(580) 470-8700 625 Chisholm Trail Pkwy., Duncan, Oklahoma 73533

Country Club Care  
(580) 255-4600 1904 N. Highway 81, Duncan, Oklahoma 73533

Duncan Community Residence  
(580) 255-3926 1510 W. Main Street, Duncan, Oklahoma 73534

duncancommunityresidence.com

Gregston Nursing Home

(580) 658-2319 711 S. Broadway Street, Marlow, Oklahoma 73055

Marlow Manor

(580) 658-5468 702 S. 9<sup>th</sup> Street, Marlow, Oklahoma 73055

Meridian Nursing Home, Inc.

(580) 255-5522 RR 2, Meridian Road, Comanche, Oklahoma 73529

West Wind Assisted Living

(580) 658-1200 111 N. 9<sup>th</sup> Street, Marlow, Oklahoma 73055

westwindassistedliving.com

Wilkins Nursing Center

(580) 252-3955 1205 S. 4<sup>th</sup>, Duncan, Oklahoma 73533

wilkinsnursingcenter.com

**Tillman County**

Memorial Nursing Center

(580) 335-7565 319 E. Josephine Avenue, Frederick, Oklahoma 73542

**CENTENARIAN CLUB OF OKLAHOMA**

(918) 510-0150 - 24 hour cell phone

3119 S. Jamestown, Tulsa, Oklahoma 74135

eghelmuth@aol.com

**CENTERS FOR INDEPENDENT LIVING**

Progressive Independence

(405) 321-3203

121 N. Porter Avenue, Norman, Oklahoma 73071

jlhughes@progind.org

## CHARITABLE ORGANIZATIONS

### **Comanche County**

Catholic Charities – Lawton Regional Office

(580) 353-1811      106 SW A Avenue, Lawton, Oklahoma 73501

Lawton Food Bank

(580) 353-7994      1819 SW Sheridan Rd., Lawton, Oklahoma 73505

Operation C.A.R.E. Ministries

(580) 318-2490      [opcares@att.net](mailto:opcares@att.net)      [opcarehelps.com](http://opcarehelps.com)

221 W. Walnut, Altus, Oklahoma 73521

- Utility Bills
- Clothing
- Food
- Medical Prescriptions
- Emergency Travel
- Emergency Lodging
- Budget Planning

Salvation Army Corps Community Center

(580) 355-1802      1306 E Avenue, Lawton, Oklahoma 73501

[salvationarmyaOklahoma.org](http://salvationarmyaOklahoma.org)

United Way of Southwest Oklahoma

(580) 355-0218      1116 SW A Avenue, Lawton, Oklahoma 73502

[uwswOklahoma.org](http://uwswOklahoma.org)

### **Jefferson County**

Department of Human Services Food Closet - Jefferson County Helping Hands

(580) 228-3581      P.O. Box 180, Waurika, Oklahoma 73573

First Baptist Church, Food Bank

1001 Taylor Street, Ryan, Oklahoma 73565

First State Bank

(580) 757-2221      Ryan, Oklahoma 73565

### **Stephens County**

AMBUCS (Duncan Chapter)

(580) 255-5825      P.O. Box 1354, Duncan, Oklahoma 73534

Christians Concerned

(580) 252-9120 P.O. Box 811, Duncan, Oklahoma 73534

**Christian Helping Hands**

(580) 439-5712 608 Oak Man Avenue, Comanche, Oklahoma 73529

**Duncan Chisholm Trail Kiwanis Club**

P.O. Box 661, Duncan, Oklahoma 73534

**Duncan Jaycees**

P.O. Box 1402, Duncan, Oklahoma 73534

**Marlow Samaritans**

(580) 658-5771 214 W. Main, Marlow, Oklahoma 73055

**Ray of Hope Church – Food Closet**

(580) 252-7772 Hwy 81 & Refinery Road, Duncan, Oklahoma 73533  
rohchurch.org

**United Way of Stephens County**

(580) 255-3648 16 S. 8<sup>th</sup> Street, Duncan, Oklahoma 73533  
unitedwayofsc.org

**COMMUNITY ACTION PROGRAM AGENCIES**

**Delta Community Action Foundation**

Karen Nichols, Executive Director

(405) 756-1100 308 SW 2<sup>nd</sup> Street, Lindsay, Oklahoma 73052

(580) 255-3222 921 W. Maple Duncan, Oklahoma 73533

(405) 238-3838 225 W. McClure Avenue, Paul's Valley, Oklahoma 73075

**Great Plains Improvement Foundation, Inc.**

Virginia Spencer, Executive Director

(580) 353-2364 2 SE Lee Blvd., Suite 200, Lawton, Oklahoma 73501

**Rural Enterprises Community Action Program**

Brent Morey, Executive Director

(580) 335-5588 105 S. Main Street/P.O. Box 989, Frederick, Oklahoma 73542

**Washita Valley Community Action Program**

Charlotte Key, Executive Director

(405) 224-5831 1000 W. Minnesota Avenue, Chickasha, Oklahoma 73018

## COUNSELING SERVICES

### **Comanche County**

American Cancer Society

(580) 353-8145      1320 NW Homestead Drive, Lawton, Oklahoma 73505

Cameron Psychology Clinic

(580) 581-3153      275 SW 27<sup>th</sup> Street, Lawton, Oklahoma 73505

Compassionate Friends – Grief Support

(580) 678-9024      211 SW A Avenue, Lawton, Oklahoma 73501

6:30 p.m. on the 1<sup>st</sup> Thursday of the Month

David Howenstine Drug and Alcohol Counseling

(580) 510-0069      6425 NW Cache Road, Lawton, Oklahoma 73505

Lawton 1<sup>st</sup> Assembly-DeAnn Gatlin

(580) 678-6192      82<sup>nd</sup> and Quanah Parker Trailway, Lawton, Oklahoma

Heartbeat Grief Support Group

(580) 536-7078      Memorial Hospital Oakwood Room 4, Lawton, Oklahoma

Marie Detty Youth and Family Services

(580) 250-1123      317 C Avenue, Lawton, Oklahoma 73501

mariedetty.com

NAMI – Mental Health Support Group

(580) 583-8126      Memorial Hospital, Lawton, Oklahoma

Oklahoma Chapter of Alzheimer's Association

(580) 699-2877      6425 NW Cache Road, Suite 102, Lawton, Oklahoma 73505

Ostomy Support Group

(580) 536-9950      Centenary United Methodist, Lawton, Oklahoma

Silent War Foundation

(580) 704-9274      1315 NW Sheridan Road, Lawton, Oklahoma 73505

Taliaferro Community Mental Health Center

(580) 248-5780      602 SW 38<sup>th</sup> Street, Lawton, Oklahoma 73505

### **Stephens County**

Gillispie Counseling Services

(580) 606-6577      23 N. 8<sup>th</sup> Street, Duncan, Oklahoma 73533

### **Southwest Oklahoma**

Christian Family Counseling Services - Duncan Office

(580) 255-2458      101 N. 14<sup>th</sup> Street, Duncan, Oklahoma 73533

Christian Family Counseling Services - Lawton Office

(580) 531-4512      5002 SW Lee Blvd., Lawton, Oklahoma 73505

cfccOklahoma.org

Multi County Counseling

(580) 581-1818      1719 SW 11<sup>th</sup> Street, Lawton, Oklahoma 73501

In Home Counseling provided in Comanche, Stephens and Jefferson Counties

### **DENTAL CARE**

#### **Caddo County**

Anadarko Denture Clinic

(800) 248-9848      21141 County Road 1310, Anadarko, OKLAHOMA 73005

#### **Comanche County**

Phillip L. Aday, DDS

(580) 248-2225      1116 NW Arlington Avenue, Lawton Oklahoma 73507

Aspen Dental

(580) 713-0984      1758 NW 92<sup>nd</sup> Street, Lawton, Oklahoma 73505

Bridges Dentistry

(580) 248-6700      1802 NW 52<sup>nd</sup> Street, Lawton, Oklahoma 73505

Bonnie L. Burton, DDS

(580) 536-2662      1320 NW Homestead Drive, Lawton, Oklahoma 73505

Calvary Baptist Dental Clinic

(580) 353-2008      [calvarybaptistlawton.org/dental-clinic/](http://calvarybaptistlawton.org/dental-clinic/)

Wuse H. Cara, DDS

(580) 355-2345      1116 NW Arlington, Lawton, Oklahoma 73501

William Carter, Jr., DDS

(580) 357-4943      6740 NW Cache Road, Lawton, Oklahoma 73505

David J. Drummond, DDS

(580) 355-0344      4006 NW Cache Road Lawton, Oklahoma 73505

David Harrell, DDS  
(580) 248.7333 4417 W. Gore Wolf Creek, Suite 10, Lawton, Oklahoma 73505  
Michael Jackson, DDS  
(580) 357-7878 309 NW Sheridan Road, Lawton, Oklahoma 73505

Lutz Family Dentistry  
(580) 355-2000 60 NW Sheridan, Suite 7, Lawton, Oklahoma 73505

Jack L. McKinnis  
(580) 357-1581 2101 NW Ferris Avenue, Lawton, Oklahoma 73501

Robert Miracle, DDS  
(580) 355-1314 1810 NW Ferris Avenue, Lawton, Oklahoma 73507

Andrea Montgomery, DDS  
Patrick Montgomery, DDS  
(580) 536-3313 725 NW 67<sup>th</sup> Street, Duncan, Oklahoma 73505

Robert Muller, DDS  
(580) 536-7172 1301 NW 63<sup>rd</sup> Street, Lawton, Oklahoma 73501

My Dentist  
(580) 699-8802 2111 NW Cache Road, Lawton, Oklahoma 73505

Ocean Dental  
(580) 595-9492 5314 NW Cache Road, Lawton, Oklahoma 73505

Sheppard Family Dental Care  
(580) 355-3065 4206 SW Lee Blvd., Lawton, Oklahoma 73505

Brett R. Warn, DDS  
(580) 248.4224 5103 NW Cache Road, Lawton, Oklahoma 73505

**Grady County**  
29<sup>th</sup> Street Dental Care  
(405) 222-0222 2900 W. Grand Avenue, Chickasha, Oklahoma 73018

Richard L. Johnson  
(405) 222-0900 621 W. Grand Avenue, Chickasha, Oklahoma 73018

**Stephens County**  
William Beeson, DDS  
(580) 252-7502 2815B W. Elk Avenue, Duncan, Oklahoma 73533

Gerald D. Davis, DDS  
(580) 255-3570 1309 Jackie Road, Duncan, Oklahoma 73533



My Dentist  
(580) 252-2056 1408 N. Highway 81, Duncan, Oklahoma 73533

Steven W. Gregg, DDS  
(580) 252-5480 1022 W. Main Street, Duncan, Oklahoma 73533

Michael E. Nelson, DDS  
(580) 252-4293 2025 W. Elk Avenue, Duncan, Oklahoma 73533

Matthew Bridges, DDS  
(580) 255-4880 2035 W. Elk, Duncan, Oklahoma 73533

Rob Schick, DDS  
(580) 255-6621 1007 W. Oak Avenue, Duncan, OKLAHOMA 73533

Scott Family Dentistry  
(580) 658-5464 1919 S. Broadway, Marlow, Oklahoma 73055

Jay Lynn White, DDS  
(580) 252-9422 1502 W. Main Street, Duncan, Oklahoma 73533

## **DEVELOPMENTAL DISABILITY SERVICE PROVIDERS**

Apex  
(405) 247-7377  
P.O. Box 804, Anadarko, Oklahoma 73005  
[office@apexOklahoma.com](mailto:office@apexOklahoma.com)

Goodwill Industries of Southwest Oklahoma  
(580) 355.2163  
1210 SW Summit, Lawton, Oklahoma 73501  
[jcrews@goodwillsont.org](mailto:jcrews@goodwillsont.org)

Ability First  
(580) 252-8000  
1301 W. Main Street, Duncan, Oklahoma 73533  
[dgh73533@sbcglobal.net](mailto:dgh73533@sbcglobal.net)

## **DISABILITY SERVICES**

Central Oklahoma Association for the Deaf  
(405) 241-5882      4501 Classen Blvd., #109, Oklahoma City, OKLAHOMA 73118  
[occf.org](http://occf.org)

Disabled American Veterans  
(405) 521-0758      2311 N. Central Avenue, Suite 1000B, Oklahoma City, OKLAHOMA 73105  
[Oklahomadav.org](http://Oklahomadav.org)

Duncan Group Homes/Think Ability First  
(580) 252-8000      1301 W. Main Street, Duncan, Oklahoma 73533

Oklahoma Department of Rehabilitation  
(800) 845-8476      (405) 951-3400  
3535 NW 58<sup>th</sup> Street, Suite 500, Oklahoma City, Oklahoma 73112  
[Oklahomadrs.gov](http://Oklahomadrs.gov)

Office of Disability Concerns  
(800) 522-8224      (405) 521-3756  
1111 N. Lee Avenue, Suite 500, Oklahoma City, Oklahoma 73103  
[Oklahoma.gov/odc](http://Oklahoma.gov/odc)

Oklahoma Library for the Blind and Physically Handicapped  
(800) 523-0288      (405) 521-3514  
300 NE 18<sup>th</sup> Street, Oklahoma City, Oklahoma 73105  
[library.state.Oklahoma.us](http://library.state.Oklahoma.us)

Services to the Deaf and Hearing Impaired  
(800) 833-8973 (405) 522-7930  
2401 NW 23<sup>rd</sup>, Suite 51, Oklahoma City, Oklahoma 73107  
SDHH@Oklahomads.gov

Visual Services Department of Rehabilitation  
(800) 845-8476 (405) 951-3400  
3535 NW 58<sup>th</sup> Street, Suite 500, Oklahoma City, Oklahoma 73112  
klohr@Oklahomads.gov

## **DISASTER PREPAREDNESS**

AARP Foundation Disaster Preparedness Tips for Seniors - Disaster Plan Video  
[www.aarp.org/aarp-foundation/](http://www.aarp.org/aarp-foundation/)

Emergency Preparedness  
[ready.gov/](http://ready.gov/)

Oklahoma Emergency Management (OEM)  
Provides tips on Creating an Emergency Plan; Winter Weather Safety; Wildfire Safety; Tornado Safety; Flood Safety; Lightning Safety; Earthquake Safety  
(405) 521-2481  
P.O. Box 53365, Oklahoma City, Oklahoma 73152  
[Oklahoma.gov/oem/](http://Oklahoma.gov/oem/)

OKLAHOMA-WARN for Hearing Impaired/Deaf  
OKLAHOMA-WARN is a new way for deaf and hard-of-hearing people to receive timely notification of weather hazards in the state of Oklahoma. The program was created to help ease the fears of deaf and hard-of-hearing individuals who may have difficulty receiving lifesaving warnings.

OKLAHOMA-WARN is a customized database program that sends out critical weather information to alphanumeric pagers and e-mail addresses. For more information go to:  
[Oklahoma.gov/OEM/Programs\\_&\\_Services/OKLAHOMA-WARN/](http://Oklahoma.gov/OEM/Programs_&_Services/OKLAHOMA-WARN/)

## **DOMESTIC VIOLENCE/SEXUAL ABUSE/SEXUAL ASSAULT**

ACMI House, Inc.  
(580) 482-3800 P.O. Box 1088, Altus, Oklahoma 73522

Domestic Violence Hotline  
(800) 799-8233  
[thehotline.org](http://thehotline.org)

Domestic Violence & Rape Hotline - Jefferson & Stephens Counties  
(580) 252-4357

Marie Detty New Directions Women's Shelter  
(580) 357-6141 317 C Avenue, Lawton, Oklahoma 73501  
mariedetty.com

Safe Center  
(580) 252-5324 P.O. Box 555, Duncan, Oklahoma 73534

Women's Resource Center, Inc.  
(405) 364-9424 P.O. Box 5089, Norman, Oklahoma 73070  
wrcnormanOklahoma.com

## **EDUCATION**

### **ASCOG Area Universities**

#### **Cameron University**

Dr. John McArthur, President  
(580) 581-2230  
2800 W. Gore Blvd., Lawton, Oklahoma 73505  
cameron.edu

#### **University of Science & Arts of Oklahoma**

Dr. John Feaver, President  
(405) 224-3140  
1727 W. Alabama, Chickasha, Oklahoma 73018  
usao.edu/

#### **Cameron University – Duncan**

Susan Camp, Administrator  
(580) 255-7566  
3100 W. Bois D'Arc Avenue, Duncan, Oklahoma 73533  
cameron.edu/duncan/services

#### **Ft. Sill Army Continuing Education System (ACES)**

(580) 442-3201  
Harry S. Truman Education Center, Building 3281 Sheridan Road, Ft. Sill, Oklahoma 73503

### **ASCOG Area Technology Centers**

#### **Caddo Kiowa**

Tony Handcock, Superintendent  
(405) 643-5511 P.O. Box 190, Fort Cobb, Oklahoma 73038  
caddokiowa.com

**Canadian Valley - Chickasha Campus**

Ronnie Bogle, Campus Director  
(405) 224-7220      1401 Michigan Avenue, Chickasha, Oklahoma 73018  
cvtech.edu/

**Great Plains**

Dr. Tom Thomas, Superintendent  
(580) 355-6371      4500 SW Lee, Lawton, Oklahoma 73505  
greatplains.edu

**Great Plains Tillman/Kiowa Counties Campus**

Clarence Fortney, Director  
(580) 335-5525      2001 E. Gladstone Avenue, Frederick, Oklahoma 73542  
greatplains.edu/tillman-kiowa-campus

**Mid-America Technology Center**

Dusty Ricks, Superintendent  
(405) 449-3391      P.O. Box H, Wayne, Oklahoma 73095  
matech.edu

**Red River Technology Center**

Dennis Loafman, Superintendent  
(580) 255-2903      P.O. Box 1807, Duncan, Oklahoma 73534  
rrtc.edu

**ELDERCARE**  
(800) 677-1116

**EMERGENCY ASSISTANCE**

**State of Oklahoma**

Temporary Assistance for Needy Families (TANF)  
(866) 411-1877

**Comanche County**

**Chattanooga Police Chief:** Rob Stallcup  
(580) 512-9122  
P.O. Box 165, 302 3<sup>rd</sup> Street, Chattanooga, Oklahoma 73528  
chattychief@pldi.net

**Phone Alert League Program (PAL)**

(580) 248-0471      3501 Dr. Elise Hamm Dr. Avenue, Lawton, Oklahoma 73505

**Stephens County**

Christian's Concerned

(580) 252-9120 P.O. Box 811, Duncan, Oklahoma 73533

Corey's Hands of Hope

(580) 786-0038 516 N. 7<sup>th</sup> Street, Duncan, Oklahoma 73533

Marlow Samaritans

(580) 658-5771 214 W. Main Street, Marlow, Oklahoma 73055

**EMERGENCY MANAGEMENT SERVICES**

American Red Cross – Great Plains Chapter

6 SE Lee Blvd., Lawton, OKLAHOMA 73501

**Counties Served:** Comanche, Cotton, Jefferson, Stephens and Tillman

redcross.org

American Red Cross – Heart of Oklahoma Chapter

(405) 321-0591 1205 Halley Avenue, Norman, Oklahoma 73069

**County Served:** McClain

redcross.org

American Red Cross – Canadian Valley Chapter

(405) 262-5760 401 S. Grand Avenue, El Reno, Oklahoma 73036

**County Served:** Caddo

redcross.org

American Red Cross – Central Oklahoma Chapter

(405) 228-9500 601 NE 6<sup>th</sup> Street, Oklahoma City, Oklahoma 73104

**County Served:** Grady

redcross.org

**EYE CARE**

**Comanche County**

Advanced Eye Site

(580) 353-2015 3414 NW Cache Road, Suite E, Lawton, Oklahoma 73505

Complete Eye Care

(580) 355-2020 4250 NW Cache Road, Lawton, Oklahoma 73505

Complete Eye Care

(580) 248-5280 409 SW C Avenue, Lawton, Oklahoma 73501

Eye Care on Gore

(580) 355-3036 or (580) 248-EYES 1415 W. Gore Blvd., Lawton, Oklahoma 73502

Family Vision Clinic

(580) 355-1298 1302 SW C Avenue, Lawton, Oklahoma 73501

Dean Nolan, OD

(580) 353-2015 3414 NW Cache Road, Suite E, Lawton, Oklahoma 73505

Richard S. Swales, OD

(580) 357-6911 2518 West Gore Blvd., Lawton, Oklahoma 73505

Lawton Noon Lions

President: Yasmin Malone

(580) 917-3812 920 S. Sheridan Rd., Lawton, Oklahoma 73505

Comanche Fairgrounds, Great Plains Coliseum

Brett Wagner, OD

(580) 536-0000 5606 SW Lee Blvd., Suite 301, Lawton, Oklahoma 73505

**Stephens County**

Jody W. Atchley, OD

Jeffrey W. Edwards

(580) 255-9717 2204 N. Hwy 81, Duncan, Oklahoma 73533

Brendhan Fritts, OD PC

(580) 255-1346 14 S. 8<sup>th</sup> Street, Duncan, Oklahoma 73533

Ronny M. LaQuey, OD FAAO

(580) 255-0249 2120 W. Elk Avenue, Suite 1, Duncan, Oklahoma 73533

Miller Eye Care

(580) 255-2501 1311 Jackie Road, Duncan, Oklahoma 73533

Donald C. Rice, OD

(580) 255-0988 1320 W. Main, Duncan, Oklahoma 73533

Timothy P. Walker OD

(580) 255-7399 1601 Jones, Duncan, Oklahoma 73533

Wesley J. Walker, OD

(580) 658-6664 405 S. Broadway, Marlow, Oklahoma 73055

## **FOOD PANTRIES**

### **Caddo County**

Apache Ministerial Alliance

(580) 588-2426 First United Methodist, Apache, Oklahoma 73006

Christian Center of Anadarko, Anadarko, Oklahoma 73005

### **Comanche County**

Armed Services YMCA, Lawton, Oklahoma 73501

(580) 355-5520

Bethlehem Bread of Life Food/Clothing Ministry, Lawton, Oklahoma 73501

(580) 354-9266

Centenary United Methodist Church

(580) 355-5660

4<sup>th</sup> Saturday of the month

House of Bread Ministries Church Food Pantry, Lawton, Oklahoma 73507

(580) 248-8519

Lawton 1<sup>st</sup> Assembly

Fill in the online form, you will be contacted to make an appointment at [lawtonfirst.org/food](http://lawtonfirst.org/food).

Lawton Food Bank, Lawton, Oklahoma 73505

(580) 353-7994

Lunch House of Bread Ministries

(580) 248-8519 or (580) 514-5102 1415 SW Wisconsin, Lawton, Oklahoma 73501

4<sup>th</sup> Saturday of the month 1:30 – 3:30

Salvation Army Corps Community Center

(580) 355-0399 1306 E Avenue, Lawton, Oklahoma 73501

St. John's Baptist – Food Ministry

(580) 357-3742 504 SW N H Jones Avenue, Lawton, Oklahoma 73501

6 days a week 11:30 – 12:30

### **Cotton County**

Cotton County Community Action Development Corporation, Temple, Oklahoma 73568

(580) 342-6967

First Baptist Church, Walters, Oklahoma 73572



(580) 875-3341

**Grady County**

First Baptist Church, Chickasha, Oklahoma 73018  
(405) 224-5196

Salvation Army Chickasha, Oklahoma 73018  
(405) 224-5647

Southern Oaks Church of Christ Chickasha, Oklahoma 73018  
(405) 224-1821

**Jefferson County**

Community Action Development Corp, Ryan, Oklahoma 73565  
(580) 757-2235

Oklahoma Department of Human Services, Waurika, Oklahoma 73573  
(580) 228-3581

**McClain County**

Community Center, Dibble, Oklahoma 73031  
(405) 344-6789

Fervent Fire Ministries, Blanchard, Oklahoma 73010  
(405) 485-3777

Goldsby Baptist Church, Goldsby, Oklahoma 73093  
(405) 288-2514

McClain County Salvation Army, Purcell, Oklahoma 73080  
(405) 573-5081

Memorial Assembly of God Purcell, Oklahoma 73080  
(405) 527-2769

**Stephens County**

Assumption Catholic Church, Duncan, Oklahoma 73533  
(580) 255-0590

Chisholm Trail, Duncan, Oklahoma 73533  
(580) 255-7038

Christian Helping Hands,  
608 Oak Main, Comanche, Oklahoma 73529  
(580) 439-5712

Compassion Care Center,  
802 N. 10<sup>th</sup>, Duncan, Oklahoma 73533  
(580) 255-2650

Immanuel Baptist Church, Duncan, Oklahoma 73533  
(580) 255-0467

Oklahoma Department of Human Service, Duncan, Oklahoma 73533  
(580) 251-8300

Ray of Hope Ministries, Comanche, Oklahoma 73529  
(580) 252-7772

Rescue Mission, Duncan, Oklahoma 73533  
(580) 255-4679

### **Tillman County**

First Baptist Church, Frederick, Oklahoma 73542  
(580) 335-2166

## **FUNERAL SERVICES**

### **Caddo County**

Crews Funeral Home  
(580) 588-3366      122 E. Floyd Street, Apache, Oklahoma 73006  
crewsfh.com

Cyril Funeral Home  
(405) 464-2222      5<sup>th</sup> & Nebraska, Cyril, Oklahoma 73029  
crewsfh.com

Fort Cobb Funeral Home  
(405) 643-2622      306 N. 3<sup>rd</sup> Street, Fort Cobb, Oklahoma 73038

Hinton-Turner Funeral Home  
(405) 542-3222      123 W. Park Street, Hinton, Oklahoma 73047  
turnerfh.net

Ray & Martha's Funeral Home  
(580) 726-5800      20 W. Main Street, Carnegie, Oklahoma 73015  
rayandmarthas.com

Smith Funeral Chapel  
(405) 247-3701      301 W. Oklahoma, Anadarko, Oklahoma 73005

smithfuneralservices.com

**Ray & Martha's Funeral Home**

(405) 247-6750 1115 S. Mission, Anadarko, Oklahoma 73005

rayandmarthas.com

**Turner Funeral Home**

(405) 656-2240 114 N Broadway, Binger, Oklahoma 73009

turnerfh.net

**Comanche County**

**Becker-Rabon Funeral Home**

(580) 353-3030 1502 Ft. Sill Blvd., Lawton, Oklahoma 73507

beckerfuneral.com

**Cache Funeral Home**

(580) 429-0211 407 W. D Avenue, Cache, Oklahoma 73527

**Comanche Nation Funeral Home**

(580) 351-0045 2701 SW J Street, Lawton, Oklahoma 73505

**Lawton Ritter Gray Funeral Home**

(580) 353-2940 632 SW C Avenue, Lawton, Oklahoma 73501

grayfuneral.com

**Miller's Mortuary**

(580) 353-9945 15 NW Dearborn Avenue, Lawton, Oklahoma 73507

**Sunset Memorial Gardens**

(580) 536-1065 8900 NW Cache Road, Lawton, Oklahoma 73505

**Whinery Huddleston Funeral Service**

(580) 536-0211 6210 NW Cache Road, Lawton, Oklahoma 73505

whineryhuddleston.com

**Grady County**

**Callaway-Smith-Cobb Chapel**

(580) 476-3403 326 W. Blakely, Rush Springs, Oklahoma 73082

callawaysmithcobb.com

**Brown Thomas Funeral Home**

(405) 224-7258 401 S. 1<sup>st</sup> Street, Chickasha, Oklahoma 73018

**Ferguson Funeral Home**

(405) 224-1344 804 Utah, Chickasha, Oklahoma 73018

ferguson-funeralhome.com

Huber Benson Funeral Home  
(405) 352-4355 301 N. 3<sup>rd</sup> Street, Minco, Oklahoma 73059

McRay Funeral Home  
(405) 224-4141 110 S. 8<sup>th</sup> Street, Chickasha, Oklahoma 73018  
mcrayfuneralhome.com

Sevier Funeral Home, Inc.  
(405) 224-4266 702 W. Chickasha Avenue, Chickasha, Oklahoma 73018

### **Jefferson County**

Alexander Funeral Home  
(580) 662-2476 214 E Main Street, Ringling, Oklahoma 73456  
alexanderfuneralhome.org

Dudley Funeral Home  
(580) 757-2401 525 Washington Street, Ryan, Oklahoma 73563  
dudleyfuneralhomes.com

Dudley Funeral Home  
(580) 228-3535 414 W. Elm, Waurika, Oklahoma 73573  
dudleyfuneralhomes.com

Spivey-Reser Funeral Home  
(580) 662-2255 108 E. Main Street, Ringling, Oklahoma 73456

### **McClain County**

Eisenhour Funeral Home  
(405) 485-3311 2500 N. Council Avenue, Blanchard, Oklahoma 73010  
eisenhourfh.com

Wadley's Funeral Service, Inc.  
(405) 527-6687 303 W. Washington Street, Purcell, Oklahoma 73080  
wadleysfuneralservice.com

Wilson-Little Funeral Home  
(405) 527-6543 127 S. Canadian Street, Purcell, Oklahoma 73080  
wilsonlittle.com

### **Stephens County**

Bailes-Polk-Brooks Funeral Home  
(580) 255-5252 910 W. Oak Avenue, Duncan, Oklahoma 73533  
bailesPolkfuneralhome.com

Callaway-Smith-Cobb Funeral Home  
(580) 658-5455 415 W. Main Street, Marlow, Oklahoma 73055

callawaysmithcobb.com

Carter-Smart Funeral Home

(580) 255-2766 1316 W. Oak Avenue, Duncan, Oklahoma 73533

cartersmartfuneralhome.com

Don Grantham Funeral Home

(580) 255-6666 1502 N. Hwy 81, Duncan, Oklahoma 73533

granthamfuneralhomes.com

Dudley Funeral Home

(580) 439-8822 203 Church Avenue, Comanche, Oklahoma 73529

dudleyfuneralhomes.com

Whitt Funeral Services

(580) 252-2244 3720 N. Hwy 81, Duncan, Oklahoma 73533

whittfh.com

### **Tillman County**

Gray Funeral Home

(580) 479-5258 202 SW 2<sup>nd</sup> Street, Grandfield, Oklahoma 73546

grayfuneral.com

Gray Gish Funeral Home

(580) 335-2112 111 N. 11<sup>th</sup> Street, Frederick, Oklahoma 73542

tiptonfuneralhome.com

Jackson Funeral Home

(580) 335-7447 First & Gladstone, Frederick, Oklahoma 73542

jacksonfuneral.net

Tipton Funeral Home

(580) 667-5241 220 E. Main, Tipton, Oklahoma 73570

tiptonfuneralhome.com

## **GRANDPARENTS RAISING GRANDCHILDREN**

Millions of grandparents have taken on the responsibility of raising their grandchildren. There are many resources available to aid grandparents in this task as Temporary Assistance for Needy Families (TANF), food stamps, Supplemental Security Income (SSI) and support groups. Contact your local Department of Human Services for a list of available services.

### **Support Groups:**

**Center for Creative Living**

Caregivers Support Group

When: Thursday  
Time: 9:00 – 11:00 a.m.  
Where: Center for Creative Living  
(580) 248-0471  
3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

**Heartland Healthcare**  
Caregivers Support Program  
(800) 353-2905 (580) 353-9800  
1608 NE Euclid, Lawton, Oklahoma 73507

**MaddieLuke**  
(855) 9MADDIE (855) 962-3343  
1313 Ash, Suite 102, Duncan, Oklahoma 73533  
pete.goldring@maddieluke.com

**Websites:**

[www.aarp.org](http://www.aarp.org)

[www.brookdalefoundation.org](http://www.brookdalefoundation.org)

[www.gu.org](http://www.gu.org)

[www.raisingyourgrandchildren.com](http://www.raisingyourgrandchildren.com)

**RESOURCES FOR GRANDPARENTS RAISING GRANDCHILDREN:**

**County Health Departments**

Your county health department provides a variety of services to single parent families, two parent families, adults, grandparents, teenagers and children. Your county health department may be able to help in areas of nutrition and dental education, outreach services and HIV/STD screenings. Other services provided include:

- Car seats
- Children First program
- Family planning
- Guidance
- Immunizations

**HEALTHCARE PROVIDERS**

**Caddo County**

Caddo County Health Department  
(405) 247-2507 216 W. Broadway, Anadarko, Oklahoma 73005

Carnegie Tri-County Municipal Hospital  
(580) 654-1050 102 N. Broadway, Carnegie, Oklahoma 73015  
carnegiehospital.org

**Comanche County**

Cancer Centers of Southwest Oklahoma  
(580) 536-2121 104 NW 31<sup>st</sup> Street, Lawton, Oklahoma 73505

Comanche County Health Department  
(580) 248-5890 1010 SW Sheridan Road, P.O. Box 87, Lawton, Oklahoma 73502

Comanche County Memorial Hospital  
(580) 355-8620 3401 W. Gore Blvd., Lawton, Oklahoma 73502  
ccmhhealth.com

Ambulance Service	(580) 585-5555 or 911
Cancer Services	(580) 355-8699 x4200
Cardiovascular Services	(580) 357-4339
Diabetes Center	(580) 585-5554
Rehabilitation Services	(580) 355-8699 x4257
Center for Industrial Rehabilitation	(580) 355-8699 x5577
Home Health Services	(580) 585-5575
Lifeline	(580) 585-5575
Medication Fund	(580) 355-8699 x3506
Neurological Services	(580) 250-6400
Nutritional Services	(580) 355-8699 x3121
Poison Prevention Center	(580) 355-8699 x4444
Women's and Children Services	(580) 250-5800
Volunteer Program	(580) 585-5590

Reynolds Army Hospital  
(580) 558-2800 4301 Wilson Street, Ft. Sill, Oklahoma 73503  
rach.sill.amedd.army.mil

Southwest Medical Center  
(580) 531-4700 5602 SW Lee Blvd., Lawton, Oklahoma 73505  
swmconline.com

USPHS Lawton Indian Hospital  
(580) 353-0350 1515 NE Lawrie Tatum Road, Lawton, Oklahoma 73507  
swmconline.com

Veterans Affairs Outpatient Clinic  
(580) 585-5600 1310 NW 47<sup>th</sup> Street, Suite B, Lawton, Oklahoma 73505

**Cotton County**

Cotton County Health Department  
(580) 875-6121 or (580) 875-6122 1501-A South 7<sup>th</sup> Street, Walters, Oklahoma 73572

**Grady County**

Grady County Health Department  
(405) 224-2022 2116 W. Iowa Avenue, Chickasha, Oklahoma 73018

Grady Memorial Hospital  
(405) 224-2300 2220 W. Iowa Avenue, Chickasha, Oklahoma 73018  
gradymem.org

**Harmon County**

Shortgrass Community Health Center, Inc.  
(580) 688-3314 or (580) 688-2193 400 E. Sycamore, P.O. Box 311, Hollis, Oklahoma 73550

**Jefferson County**

Jefferson County Health Department  
(580) 228-2313 107 E. Anderson, Waurika, Oklahoma 73573

Jefferson County Hospital  
(580) 228-2334 Hwy. 70 81, P.O. Box 90, Waurika, Oklahoma 73573  
jeffersoncountyhospital.net

**McClain County**

McClain County Health Department  
(405) 527-6541 919 N. 9th Avenue, Suite 3, Purcell, Oklahoma 73080

McClain County Health Department  
(405) 485-3319 107 S. Main, Blanchard, Oklahoma 73010

Purcell Municipal Hospital  
(405) 527-6524 1500 N. Green Avenue, Purcell, Oklahoma 73080  
purcellhospital.com

**Stephens County**

Cancer Centers of Southwest Oklahoma  
(580) 251-6600 2110 Duncan Regional Loop Road, Duncan, Oklahoma 73533

Compassion Care Center  
(580) 255-2650 802 N. 10th Street, Duncan, Oklahoma 73533

Duncan Regional Hospital  
(580) 252-5300 1407 Whisenant Drive, Duncan, Oklahoma 73534  
duncanregional.com



Sanford Children's Clinic  
(580) 252-9600 2502 W. Elk Avenue, Duncan, Oklahoma 73533

Stephens County Health Department  
(580) 252-0270 1401 W. Bois D'Arc, Duncan, Oklahoma 73533

Solutions Practice Management  
(580) 251-8281 2210 Duncan Regional Loop Road, Duncan, Oklahoma 73533

Solutions Practice Management  
(580) 444-2630 Velma, Oklahoma 73533

Urgent Med  
(580) 252-1911 2004 N. Hwy 81, Duncan, Oklahoma 73533  
urgent-med.com

**Tillman County**  
Memorial Hospital & Physicians Group  
(580) 335-7565 319 E. Josephine Avenue, Frederick, Oklahoma 73542  
frederickhospital.org

Tillman County Health Department  
(580) 335-2163 1500 N. Main Street, Frederick, Oklahoma 73542

### **HEARING AID ASSISTANCE PROGRAMS**

Reynolds Army Community Hospital (RACH) Audiology  
(580) 558-2235 Military Retirees can buy their hearing aids at a significant savings.

Audient National Program (866) 956-5400 ext. 2

Lions Club  
Check your local listing for telephone number in your area

Vocational Rehabilitation (800) 487-4042

Starkey Hearing Foundation  
(800) 328-8602 (866) 354-3254 **Fax:** (952) 947-4997  
6700 Washington Avenue South, Eden Prairie, Minnesota 55344  
starkeyhearingfoundation.org

## HOME HEALTH/DAILY LIFE ASSISTANCE PROVIDERS

### **Caddo County**

Advanced Home Care Services

(580) 772-1000 or (580) 772-1003

1104 N. Washington Avenue, Weatherford, Oklahoma 73096

Family Faith Hospice, Inc.

(405) 247-9526 804 Wyman Court, Anadarko, Oklahoma 73005

HealthBack Home Health

(405) 247-6864 420 S. 22<sup>nd</sup> Street, Chickasha, Oklahoma 73018

healthback.com

### **Comanche County**

AGAPE Home Health Agency

(580) 351-2273 207 SW C Avenue, Lawton, Oklahoma 73501

Angels Care Home Health

(580) 248-0186 4645 W. Gore Blvd., Suite C, Lawton, Oklahoma 73505

angelscarehealth.com

Aspire Home Care

(580) 510-8006 7205 W. Gore Blvd., Lawton, Oklahoma 73505

aspirehomecare.com

Comanche County Memorial Home Health

(580) 585-5575 3126 NW Arlington Avenue, Lawton, Oklahoma 73505

ccmhonline.com/home-health

Entrusted Hearts

(580) 355-2440 60 NW Sheridan Road, #8, Lawton, Oklahoma 73505

Faith Hospice

(580) 353-2711 1836 NW 52<sup>nd</sup> Street, Lawton, Oklahoma 73501

faithhospice.com

Gentiva Health Services

(580) 248-9998 2210 Gore Blvd., Suite 3, Lawton, Oklahoma 73501

HealthBack Home Health of Lawton

(580) 353-3332 1220 NW 31<sup>st</sup>, Suite 101, Lawton, Oklahoma 73505

healthback.com

Quantum Health Care

(580) 248-8481 6302 SW Lee Blvd., Lawton, Oklahoma 73505

quantumhomehealthcare.com

Ross Healthcare

(580) 353-1206 1919 W. Gore Blvd., Lawton, Oklahoma 73501

rosshc.com

Southwestern Home Health

(580) 248-7060 1908 E. Gore Blvd., Suite A, Lawton, Oklahoma 73501

swhomehealth.com

**Cotton County**

Aspire Home Care

(855) 527-7473 120 S. Broadway, Walters, Oklahoma 73572

aspirehomecare.com

Personal Touch Home Health

(580) 875-3702 230 E. Missouri Street, Walters, Oklahoma 73572

Therapy Link

(580) 591-6288 P.O. Box 614, Walters, Oklahoma 73572

**Grady County**

Faith Hospice

(405) 224-1763 420 S. 22nd Street, Suite B, Chickasha, Oklahoma 73018

faithhospice.com

HealthBack Home Health

(405) 224-3366 420 S. 22<sup>nd</sup> Street, Chickasha, Oklahoma 73018

healthback.com

Lifeline Home Health Care

(405) 224-4891 1701 W. Iowa, Chickasha, Oklahoma 73018

lifelinehomehealthhospice.com

Lifeline Hospice

(405) 224-4891 1701 W. Iowa, Chickasha, Oklahoma 73018

lifelinehomehealthhospice.com

Ross Health Care

(405) 224-0012 328 S. 28<sup>th</sup> Street, Chickasha, Oklahoma 73018

rosshc.com

**Jefferson County**

Angels Care Home Health  
(580) 228-3545      210 S. Main Street, Waurika, Oklahoma 73573  
angelscarehealth.com

Good Health Care Professionals, Inc  
(580) 757-2282      1006 6<sup>th</sup> Street, Ryan, Oklahoma 73565

**McClain County**

Florence Night and Day  
(800) 684-3570 or (405) 213-0247  
2830 NW 32<sup>nd</sup> Street, Suite 302, Newcastle, Oklahoma 73065  
flo247.com

HealthBack Home Health  
(405) 527-0027      519 W. Delaware Street, Purcell, Oklahoma 73080  
healthback.com

**Stephens County**

A Premier Home Health Company  
(580) 366-4237      1408 W. Elder, Duncan, Oklahoma 73533  
apremierhealth.com

ASCOG Managed Care  
(580) 252-0595      802 Main Street, P.O. Box 1647, Duncan, Oklahoma 73534  
ascog.org

Aspire Home Care  
(855) 527-7473      121 S. Broadway, Marlow, Oklahoma 73055  
aspirehc.com

Chisholm Trail Hospice  
(580) 251-8764      2000 W. Elk Avenue, Duncan, Oklahoma 73533  
duncanregional.com/hospice

Choice Home Health  
(580) 252-9909      1501 Brookwood, Duncan, Oklahoma 73533

Duncan Regional Hospital Home Health Care  
(580) 251-8752      2000 W. Elk Avenue, Duncan, Oklahoma 73533  
duncanregional.com/hospice

Faith Hospice  
(580) 251-9853      12 S. 8<sup>th</sup> Street, Duncan, Oklahoma 73533  
faithhospice.com

Health Watch  
(580) 251-9536 2124 N. Hwy. 81, Duncan, Oklahoma 73533  
healthwatchOklahoma.com

Mays Housecall Home Health, Inc.  
(580) 251-9536 2124 N. Hwy. 81, Duncan, Oklahoma 73533  
mayshomecare.com

Peters Agency  
(580) 470-8678 1935 W. Elk Avenue, Duncan, Oklahoma 73533

**Tillman County**  
Aspire Home Health  
(855) 527-7473 1315 N. 12<sup>th</sup> Street, Frederick, Oklahoma 73542  
aspirehc.com

## HOMELESS SHELTERS

**Comanche County**  
C. Carter Crane Emergency Homeless Shelter  
(580) 248-0936 1203 SW Texas Avenue, Lawton, Oklahoma 73501  
gpif-caa.org

Family Assistance Center  
P.O. Box 183, Lawton, Oklahoma 73502

Family Promise  
(580) 699-2821 or (580) 353-7522 910 SW E Avenue, Lawton, Oklahoma 73501  
familypromiseoflawton.org

Great Plains Improvement Foundation  
(580) 248-0936 2 S. Lee Blvd, Suite 200, Lawton, Oklahoma 73501  
gpif-caa.org

House of Bread Ministries Church Homeless Outreach  
(580) 248-8519 1415 SW Wisconsin Avenue, Lawton, Oklahoma 73501

New Directions Women's Shelter  
(580) 250-1123 317 SW C Avenue, Lawton, Oklahoma 73501  
mariedetty.com

Salvation Army Corps Community Center  
(580) 355-1802 1306 SW E Avenue, Lawton, Oklahoma 73501  
salvationarmyaOklahoma.org

**Grady County**

Resurrection House

(405) 224-5413

910 W. Chickasha Avenue, Chickasha, Oklahoma 73018

**Jefferson County**

Safe Center

(580) 252-4357

810 N. 5<sup>th</sup> Street, Duncan, Oklahoma 73533**Stephens County**

Safe Center

(580) 252-4357

810 N. 5<sup>th</sup> Street, Duncan, Oklahoma 73533**HOTLINES**

<b>A</b>	
A Special Wish Foundation	(800) 486-9474
American Automobile Association (AAA)	(800) 222-4357
AARP	(800) 424-2277
Abortion Alternatives/Birthright	(800) 848-5683
Abuse or Neglect of Adults (DHS)	(800) 522-3511
Association for Children for Enforcement of Support, Inc. (ACES)	(800) 738-2237
Adoptive Families of America, Inc.	(800) 372-3300
Adult Protective Services Statewide	(800) 522-3511
AIDS Hotline	(800) 342-2437
AIDS Hotline (Spanish)	(800) 344-7432
AIDS Project Info. (National Treatment)	(800) 822-7422
Air Medic	(800) 423-2667
Al-Anon/Alateen Family Group	(800) 356-9996
Alcohol and Drug Helpline	(800) 821-4357
Alcohol and Drug Hotline	(800) ALCOHOL
Alcohol Abuse Helpline and Treatment	(800) 888-9383
Alzheimer's Diagnostic Clinic	(800) 782-0895
American Association of Homes and Services for the Aging	(800) 508-9442
American Cancer Research Center	(800) 525-3777
American Cancer Society	(800) 227-2345
American Council of the Blind	(800) 424-8666
American Lung Association of Oklahoma	(800) 586-4872
American Medical Association Catalog	(800) 621-8335
American Pharmaceutical Association	(800) 237-2742
American Speech, Language and Hearing Association	(800) 638-8255
Amtrak Information	(800) 872-7245
Arthritis Foundation Information Line	(800) 283-7800
Arthritis Medical Center	(800) 327-3027
ASCOG Area Agency on Aging	(800) 658-1466

Association for Couples in Marriage Enrichment	(800) 634-8325
Asthma and Allergy Information Line	(800) 822-ASMA
Autism Society of America Foundation	(800) 3AUTISM
<b>B</b>	
Better Hearing Institute	(800) EAR-WELL
Betty Ford Center	(800) 854-9211
Birthright Hotline	(800) 848-LOVE
Blind American Foundation	(800) 232-5463
Library for the Blind	(800) 523-0288
Braille Institute of America	(800) BRAILLE
Breast Cancer Hotline	(800) 221-2141
Breast Center	(800) 427-0565
<b>C</b>	
Cancer Hotline (National)	(800) 433-0464
Cancer Hotline (Local)	(800) 422-6237
Cancer Hotline (State)	(800) 4CANCER
Cancer Response System	(800) ACS-2345
Chemical Treatment Center (Non-emergency)	(800) CMA-8200
Child Abuse National Hotline	(800) 4ACHILD
Child Find	(800) IAMLOST
Child Help USA (Child Abuse Line)	(800) 422-4453
Child or Adult Abuse Hotline, State	(800) 522-3511
Child Safety Council, National	(800) 222-1464
Christian Marriage Enrichment	(800) 875-7560
Cocaine 24 hour Crisis Center	(800) 333-2294
Cocaine Abuse Helpline	(800) 888-9383
Consumer Product Safety	(800) 638-2772
Corporation Commission	(800) 522-8154
Crippled Children's Hotline (Shriners)	(800) 237-5055
Crisis Hotline (for youth)	(800) 448-4663
<b>D</b>	
Deaf and Hearing Impaired Message Relay	(800) 522-8506
Dental Assistance	(800) 522-9510
Depression after Delivery	(800) 944-4773
Department of Tourism and Recreation	(800) 652-6552
Diabetes Association	(800) 259-6553
Domestic Violence Hotline	(800) 522-7233
Down Syndrome, National	(800) 232-6372
Drug and Alcohol Hotline	(800) ALCOHOL
Drug Abuse Information and Referral Line	(800) 662-4357
<b>E</b>	
Eating Disorder Hotline	(800) 248-3285
Eldercare Locator Services	(800) 677-1116
Epilepsy Foundation of America	(800) EFA-1000
Equal Employment Opportunity Commission (EEOC)	(800) 669-4000

Equal Rights Advocate (ERA)	(800) 834-4372
<b>F</b>	
Families Anonymous (Family support for drug, alcohol, behavior problems)	(800)736-9805
Father Flannagan's Boys Town (Crisis Hotline)	(800) 448-3000
Feed the Children	(800) 627-4556
Fellowship of Christian Athletes	(800) 289-0909
Flood Insurance Program	(800) 638-6620
Food and Drug Administration (FDA)	(800) 332-4010
Fraud Task Force	(800) 424-5454
<b>G</b>	
Gladney Center (Maternity Home and Adoption Agency)	(800) GLADNEY
Gulf War Incident Hotline	(800) 472-6719
<b>H</b>	
Habitat for Humanity International	(800) HABITAT
Handicapped Concerns of Oklahoma	(800) 522-8224
Headache National Foundation	(800) 843-2256
Health Information	(800) 336-4797
Hearing Aid Hotline	(800) 521-5247
Hepatitis and Liver Foundation	(800) 223-0179
Hill Burton Hospital Care Program (Federal program for hospital financial assistance)	(800) 638-0742
Home Health Care Complaints, State Department of Health	(800) 234-7258
Homework Hotline	(800) 278-1290
Homosexuals Anonymous	(800) 288-HAFS
<b>I</b>	
Infant Nutrition, Beechnut	(800) 523-6633
Internal Revenue Service	(800) 829-1040
<b>K</b>	
Kidney Disease	(800) 638-8229
<b>L</b>	
Library for the Blind and Handicapped, National	(800) 424-9100
Lifeline Systems	(800) 451-0525
Liver, American Foundation	(800) 223-0179
Locks of Love (American Cancer Society)	(888) 896-1588
Lung Disease, Jewish	(800) 222-LUNG
Lupus Foundation of America	(800) 558-0121
<b>M</b>	
Mothers Against Drunk Drivers (MADD)	(800) 438-6233
Make a Wish Foundation	(800) 722-9474
Medicare Hospital Complaints (report or appeal fraud/abuse)	(800) 522-3414
Medicare Part B	(800) 522-9079
Mental Health, Substance Abuse (Oklahoma)	(800) 522-9054
Mental Retardation/American Association	(800) 424-3688
Missing Children Help Center	(800) 872-5437



Multiple Sclerosis, Oklahoma Chapter	(800) 777-7814
Muscular Dystrophy Association	(800) 572-1717
<b>N</b>	
National Academy of Ophthalmology	(800) 227-3937
National Alliance for the Mentally Ill	(800) 950-NAMI
National Association of Hospital Hospitality Houses (Referral for Housing for families of hospital patients or outpatients)	(800) 542-9730
National Cancer Institute	(800) 422-6237
National Center for Missing and Exploited Children	(800) 843-5678
National Center for Victims of Crime	(800) 394-2255
National Council on Problem Gambling	(800) 522-4700
National Domestic Violence Hotline	(800) 799-7233
National Institute on Aging	(800) 222-2225
National Institute on Deafness	(800) 241-1044
National Leukemia Society	(800) 955-4572
National Marrow Donor Program	(800) MARROW2
National Mental Health Association	(800) 969-6642
National Poison Control Hotline	(800) 222-1222
National Teen HIV/AIDS Hotline	(800) 234-8336
National Runaway Switchboard (Crisis Line)	(800) 621-4000
National Runaway Switchboard (for agencies only, I & R Service)	(800) 344-2785
National Society to Prevent Blindness	(800) 331-2020
National Suicide Hotline	(800) SUICIDE
National Victims' Resource Center	(800) 627-6872
Nursing Home Complaints (Oklahoma)	(800) 747-8419
<b>O</b>	
OASIS	(800) 42OASIS
Oklahoma Bureau of Narcotics and Dangerous Drug Control	(800) 522-8031
Oklahoma Corporation Commission	(800) 522-8154
Oklahoma Department of Mental Health and Substance Abuse Teenline (Noon to Midnight)	(800) 522-TEEN
Oklahoma Department of Mental Health	(800) 522-9054
Oklahoma Medicare Hotline	(800) 522-3414
Ombudsman Supervisor (ASCOG)	(800) 658-1466
Organ Donations	(800) 528-2971
Ostomy, United Association (UOA)	(800) 826-0826
<b>P</b>	
PMS Access Line	(800) 222-4PMS
Paws with a Cause	(800) 253-7297
Peace Corps	(800) 424-8580
Pearl S. Buck Foundation	(800) 220-2825
Pesticides	(800) 858-7378
Polly Klaas Foundation	(800) 587-4357
<b>R</b>	
RAININ (Rape, Abuse and Incest National Network)	(800) 656-4673

Rare Diseases and Orphans Drugs NHI Spanish	(800) 336-4797
Reach Out Hotline (OKC)	(800) 522-9054
Response Center, National Hotline	(800) 424-8802
Reye's Syndrome National	(800) 233-7393
Runaway Hotline	(800) 231-6946
Runaway Switchboard (National)	(800) 621-4000
<b>S</b>	
Section 8, Oklahoma Housing Finance Agency	(800) 256-1489
Senior Citizens Information Line	(800) 211-2116
Senior Citizens Prescription Discounts	
Eli Lilly and Company	(877) 795-4559
Pfizer and Company Share Card	(800) 717-6005
Together RX	(800) 865-7211
GlaxoSmithKline "The Orange Card"	(800) 672-6436
US Pharmaceutical Group	(800) 810-9502
Senior Health Insurance Counseling (info on Medigap)	(800) 763-2828
Shriner's Hospital (For children under the age of 18 needing treatment for burns, spinal cord injury, cleft palate or orthopedic care)	(800) 237-5055
Small Business Administration	(800) 827-5722
Social Security Administration	(800) 772-1213
State Children's Health Insurance Program (SCHIP)	(800) KIDSNOW
Sudden Infant Death Syndrome (SIDS)	(800) 221-SIDS
TDD Message Relay Service	(800) 522-8506
Suicide Hotline (National Hopeline Network)	(800) 784-8433
<b>T</b>	
Teen Hotline	(800) 522-TEEN
Toughlove International	(800) 333-1069
Trevor Helpline (Teens in crisis/sexual issues)	(800) 850-8078
<b>U</b>	
UNICEF	(800) FOR-KIDS
US Administration on Aging	(800) 677-1116
US Department of Health and Human Services	(800) 336-4797
<b>V</b>	
Valley Hope Drug and Alcohol Treatment Center	(800) 722-5940
Veterans Affairs Department	(800) 827-1000
Volunteers of America	(800) 899-0089
<b>Y</b>	
Youth Crisis Line	(800) 999-9999

## HOUSING

### **Caddo County**

Anadarko Housing Authority

(405) 247-3110      615 E. Texas Drive, Anadarko, Oklahoma 73005

Apache Housing Authority

(580) 588-3664      103 Coblake Street, Apache, Oklahoma 73006

Cement Housing Authority

(405) 489-3674      122 S. 1<sup>st</sup> Street, Cement, Oklahoma 73017

Cedar Ridge Apartments

(580) 252-5038      403 W. Locust, Binger, Oklahoma 73009

Cyril Housing Authority

(580) 464-2439      101 Chandler Drive, Cyril, Oklahoma 73029

Caddo Indian Housing Authority

(405) 966-2203      21 Halfmoon Circle, Gracemont, Oklahoma 73042

Elms

(405) 247-1020      319 W. Oklahoma Avenue, Anadarko, Oklahoma 73005

Fort Cobb Housing Authority

(405) 643-2111      10 Thames Circle, Fort Cobb, Oklahoma 73038

Housing Authority of Apache Tribe

(405) 247-7305      211 N. Country Club Road, Anadarko, Oklahoma 73005

Hydro Housing Authority

(405) 663-2326      501 W. 4<sup>th</sup> Street, Hydro, Oklahoma 73048

Knox House and Texas House

(405) 247-6727, (405) 247-7377 or (866) 933-2293 ext.64478

211 W. Texas and 406 W. Knox, Anadarko, Oklahoma 73005

Westside Village Apartments

(855) 201-5502      526 W. Main, Hinton, Oklahoma 73047

### **Comanche County**

Benjamin O. Davis High Rise for Senior Citizens  
(580) 581-3400 620 SW E Avenue, Lawton, Oklahoma 73501

C. Carter Crane Shelter for the Homeless  
(580) 248-0936 1203 Texas, Lawton, Oklahoma 73501  
Cache Housing Authority  
(580) 429-3405 111 S. 7<sup>th</sup>, P.O. Box 582, Cache, Oklahoma 73527

Comanche Nation Housing Authority  
(580) 357-4956 1918 E. Gore Blvd., Lawton, Oklahoma 73501

Goodwill Village Apartments  
(580) 353-0912 1505 SW 11<sup>th</sup> Street, Lawton, Oklahoma 73501

Home at Last Lawton  
Housing for Homeless Veterans by Veterans  
(580) 215-9160 705 SW McKinley Avenue, Lawton, Oklahoma 73501

Indiahoma Housing Authority  
(580) 429-3405 308 Big Bow, Indiahoma, Oklahoma 73552

Lawton Housing Authority  
(580) 353-7392 609 SW F Avenue, Lawton, Oklahoma 73501

Mountain Park Housing Authority  
(580) 569-2868 103 N. Komalty, Mountain Park, Oklahoma 73559

Snyder Housing Authority  
(580) 569-2827 300 E Street, Snyder, Oklahoma 73566

Sterling Housing Authority  
(580) 365-4862 #3 E. Hancock Street, Sterling, Oklahoma 73567

Villanova Apartments  
(580) 248-2550 305 NW 4<sup>th</sup>, Lawton, Oklahoma 73507

### **Cotton County**

Temple Housing Authority  
(580) 342-5013 100 N. McClain Dr., Temple, Oklahoma 73568

Walters Housing Authority  
(580) 875-2310 500 E. California, Walters, Oklahoma 73572

### **Grady County**

Country Park Apartments  
(405) 222-0909 1601 S. Henderson, Chickasha, Oklahoma 73018

Minco Housing Authority  
(405) 352-4996 400 SW 6<sup>th</sup> Street, Minco, Oklahoma 73059

Nowata Gardens  
(405) 224-9222 2501 S. 9<sup>th</sup> Street, Chickasha, Oklahoma 73018

Somerset Apartments  
(580) 476-3850 400 W. Blakely Street, Rush Springs, Oklahoma 73082

**Jefferson County**

Ryan Housing Authority  
(580) 757-2390 1401 Grant Street, Ryan, Oklahoma 73565

Ringling Housing Authority  
(580) 662-2227 200 W. D Street, Ringling, Oklahoma 73456

Terral Housing Authority  
(580) 437-2433 106 S. 6<sup>th</sup> St., P.O. Box 70, Terral, Oklahoma 73569

Waurika Housing Authority  
(580) 228-2976 811 Phillips Avenue, Waurika, Oklahoma 73573

**McClain County**

Tuttle Housing Authority  
(405) 381-2721 412 E. Bond Street, Tuttle, Oklahoma 73089

**Stephens County**

Chickasaw Housing Authority  
(580) 252-5669 2414 Harris Drive, Duncan, Oklahoma 73533

Comanche Housing Authority  
(580) 439-5333 9<sup>th</sup> & Wilson, Comanche, Oklahoma 73529

Duncan Community Residence  
(580) 255-3926 1510 W. Main Street, Duncan, Oklahoma 73533

Duncan Plaza  
(580) 252-4511 2021 N. Hwy. 81, Duncan, Oklahoma 73533

Indian Trails Apartments  
(580) 439-6140 100 Seminole Drive, Comanche, Oklahoma 73529

**Tillman County**

Frederick Housing Authority

(580) 335-7551      200 W. Grand Avenue, Frederick, Oklahoma 73542

Community Action Development Corp.

(580) 335-5588      105 S. Main, P.O. Box 989, Frederick, Oklahoma 73542

Grandfield Housing Authority

(580) 479-5256      130 E. 1<sup>st</sup> Street, Grandfield, Oklahoma 73546

Tipton Housing Authority

(580) 667-5358      224 NW 5<sup>th</sup> Street, Tipton, Oklahoma 73570

## **LEGAL SERVICES**

Legal Aid of Western Oklahoma, Inc.

(800) 850-5950 or (580) 248-4675      323 SW C Avenue, Lawton, Oklahoma 73501  
[legalaidOklahoma.org](http://legalaidOklahoma.org)

Center for Creative Living

(580) 248-0471      3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

Oklahoma SeniorPlus Legal Aid Services Helpline

(855) 488-6814

## **LIBRARIES**

### **Caddo County**

Carnegie Public Library

(405) 654-1980      22 S. Broadway, Carnegie, Oklahoma 73015  
[carnegieOklahoma.org/library](http://carnegieOklahoma.org/library)

### **Comanche County**

Lawton Public Library

(580) 581-3450      110 SW 4<sup>th</sup> Street, Lawton, Oklahoma 73501  
[cityof.lawton.Oklahoma.us/library/](http://cityof.lawton.Oklahoma.us/library/)

### **Cotton County**

Walters City Library

(580) 875-2006      202 N. Broadway, Walters, Oklahoma 73572

### **Grady County**

Chickasha Public Library

(405) 222-6075      527 W. Iowa Avenue, Chickasha, Oklahoma 73018  
[chickashapl.Oklahomaps.org](http://chickashapl.Oklahomaps.org)

Glover Spencer Memorial Library  
(580) 476-2108      100 S. 6<sup>th</sup> Street, Rush Springs, Oklahoma 73082  
glover.lib.Oklahoma.us

**Jefferson County**

Gleason Memorial Library  
(580) 662-2925      101 E. Main, Ringling, Oklahoma 73456  
ringling.Oklahomaps.org

Waurika Public Library  
(580) 228-3274      203 S. Meridian, Waurika, Oklahoma 73573  
waurika.Oklahomaps.org

**McClain County**

Blanchard Public Library  
(405) 485-2275      205 NE 10<sup>th</sup> Street, Blanchard, Oklahoma 73010  
pioneerlibrarysystem.org

Purcell Public Library  
(405) 527-5546      919 N. 9<sup>th</sup> Street, Purcell, Oklahoma 73080  
pioneerlibrarysystem.org

**Stephens County**

Duncan Public Library  
(580) 255-0636      2211 N. Hwy 81, Duncan, Oklahoma 73533  
youseemore.com/duncan/

Garland Smith Public Library  
(580) 658-5354      702 W. Main, Marlow, Oklahoma 73055  
garlandsmithpubliclibrary.Oklahomaps.org

## MEALS ON WHEELS

### **Comanche County**

Meals on Wheels is a nonprofit community service agency providing a hot, nutritious meal once each day, Monday through Friday to the elderly and disabled citizens of Lawton.

To receive services, individuals must be homebound, unable to prepare meals, have no one else in the home during the day who can prepare meals and be willing to donate to the program. For information or to apply for services, please call Lawton Mobile Meals at (580) 357-5396.

### **Caddo County**

Delta Nutrition Project

(580) 255-3967      7074 S. King Place, Duncan, Oklahoma 73533

Sites:

Anadarko      415 W. Main, Anadarko, Oklahoma 73005  
(405) 247-4857

Carnegie      3 E. 3<sup>rd</sup> Street, Carnegie, Oklahoma 73015  
(580) 654-1507

Cement      Cement Senior Center, 323 N. Main, Cement, Oklahoma 73017  
(405) 489-3803

Cyril Nutrition Project

(580) 464-2745      P.O. Box 143, Cyril, Oklahoma 73029

Cyril      2010 W. Ohio, Cyril, Oklahoma 73029  
(580) 464-2300

### **Comanche County**

Delta Nutrition Project

(580) 255-3967      707 S. King Place, Duncan, Oklahoma 73533

Sites:

Cache      302 SW 5<sup>th</sup>, Cache, Oklahoma 73527  
(580) 429-3427

Elgin      801 1<sup>st</sup> Street, Elgin, Oklahoma 73538  
(580) 492-4980

Geronimo      101 Main Street, Geronimo, Oklahoma 73543



(580) 353-3488

Lawton North 1705 NW 20<sup>th</sup>, Lawton, Oklahoma 73507  
(580) 581-3481

Lawton East Patterson Center, 4 NE Arlington, Oklahoma 73507  
(580) 581-3485

**Cotton County**

Temple Nutrition Project

(580) 342-6944 P.O. Box 652, Temple, Oklahoma 73568

Temple 201 S. Commercial, Temple, Oklahoma 73568  
(580) 342-6944

Delta Nutrition Project

(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Walters 500 E. California, Walters, Oklahoma 73572  
(580) 875-9044

**Grady County**

Delta Nutrition Project

(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Chickasha 203 N. 18<sup>th</sup>, Chickasha, Oklahoma 73018  
(405) 224-4315  
(405) 249-6608

**Jefferson County**

Delta Nutrition Project

(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:

Ringling 200 W. D St., Ringling, Oklahoma 73456  
(580) 662-2362

Ryan 400 Taylor, Ryan, Oklahoma 73565  
(580) 757-2412

**McClain County**

Delta Nutrition Project

(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:

Byars Byars Community Center, 217 E. Ripley, Byars, Oklahoma 74831

(405) 783-4468

Purcell Purcell Senior Citizens Center, 228 N. 2<sup>nd</sup>, Purcell, Oklahoma 73080  
(405) 527-9462  
Wayne Wayne Nutrition, 107 S. Shannon Street, Wayne, Oklahoma 73095  
(405) 449-3079

**Stephens County**

Delta Nutrition Project

(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:

Duncan Duncan North, 1110 N. 7<sup>th</sup>, Duncan, Oklahoma 73533  
(580) 252-1174

Duncan South, 707 S. King Pl, Duncan, Oklahoma 73533  
(580) 255-3967

Marlow Red Bud Park, 201 Elm, Marlow, Oklahoma 73005  
(580) 658-5773

**Tillman County**

Delta Nutrition Project

(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Frederick 102 E. Grand, Frederick, Oklahoma 73542  
(580) 335-7026

**MEDICARE AND MEDICAID**

Oklahoma Medicare Assistance Program  
(800) 763-2828

Medicare  
(800) 633-4227 [medicare.gov](http://medicare.gov)

Medicaid Oklahoma  
(877) 252-6002 or (800) 522-0310 or (405) 522-7171

ASCOG

Medicare Assistance Specialist  
(800) 658-1466 or (580) 736-7036  
802 W. Main Street, Duncan, Oklahoma 73533

## **MEDICAL SUPPLIES/EQUIPMENT**

### **Emergency Response**

Adex Home Security  
(888) 522-9696

Alert Response, LLC  
(800) 289-6070

CVS Pharmacy Medical Alert System  
(866) 268-1378

Freedom Med Alert  
(877) 727-4492

Life Alert  
(800) 813-6440

Life Watch USA  
(847) 720-2100

Medical Guardian  
(855) 274-9517

### **Comanche County**

Anderson Pharmacy  
(580) 595-9500      5366 NW Cache Road, Lawton, Oklahoma 73505

Carter Healthcare  
(580) 353-0377      5366 NW Cache Road, Lawton, Oklahoma 73505

Combined Home Medical Equipment  
(580) 250-1999      2504 SW Lee Blvd., Lawton, Oklahoma 73501

Elgin Discount Pharmacy  
(580) 492-5007      7523 US 277, Elgin, Oklahoma 73538

Family Home Medical  
(580) 248-5151      1202 NW 21<sup>st</sup> Street, Lawton, Oklahoma 73507

Lawton Medi-Equip  
(580) 355-7665      924 NW 38<sup>th</sup> Street or 2710 W. Gore Blvd., Lawton, Oklahoma 73505

Lincare, Inc.  
(580) 353-4181 28 SW E Street, Lawton, Oklahoma 73501

**Jefferson County**  
Med Tech Corporation  
(580) 228-2100 111 N. Main Street, Waurika, Oklahoma 73573

**Stephens County**  
Advanced Medical Supply  
(580) 252-4700 2045 W. Elk Avenue, Duncan, Oklahoma 73533

Newberry Express Pharmacy  
(580) 658-5428 801 S. Broadway, Marlow, Oklahoma 73055

## MENTAL HEALTH AGENCIES

**State of Oklahoma**  
Department of Health and Human Services  
(800) 273-8255

**Comanche County**  
Reflections Mental Health  
(580) 536-6302 1602 SW 82<sup>nd</sup> Street, Lawton, Oklahoma 73505

Silver Linings  
(580) 250-6651 3401 W. Gore Blvd., Lawton, Oklahoma 73505

Southwestern Behavior Health Center  
(580) 536-0077 1602 SW 82<sup>nd</sup> Street, Lawton, Oklahoma 73505

Taliaferro Mental Health Center  
(580) 248-5780 602 SW 38<sup>th</sup> Street, Lawton, Oklahoma 73505

**Kiowa County**  
Great Plains Youth and Family Services  
(580) 726-3383 or (888) 296-6735 901 S. Broadway, Hobart, Oklahoma 73651  
gpyfs.org

Millennium Community Services  
(580) 752-7409 or (580) 752-4356  
tonya@Oklahomamamis.com  
Oklahomamcs.com

**Stephens County**  
Deb Brantley, PhD, LPC

(580) 255-7460      1608 W. Jones Avenue, Duncan, Oklahoma 73533

Duncan Community Residence

(580) 255-3926      1510 W. Main, Duncan, Oklahoma 73533

Live Wires Behavioral Center

1509 Brookwood Avenue, Suite A, Duncan, Oklahoma 73533

Jim Taliaferro Community Mental Health Center - Duncan Satellite

(580) 475-0519 (voice mail available after 5:00 p.m.)

324 S. Highway 81, Duncan, Oklahoma 73533

## **NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM**

Caregivers are a growing Population in the United States. A caregiver can be defined as “an individual who has the principal responsibility for caring for a child or a dependent adult, especially in the home.”

The National Caregiver program works to ensure that caregivers are aware of resources and information that may assist them in their daily lives as they take on the enormous task of caring for a loved one.

The ASCOG Area Agency on Aging in conjunction with the Oklahoma Areawide Services Information System (OASIS) provides information, support groups and respite for those who are taking care of someone age 60 or older.

Respite vouchers are available for caregivers who live in one of the eight counties served by ASCOG: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman counties.

Caregivers may use the vouchers to have a neighbor, family member or a friend sit with their loved one while they take a break from their care giving duties. Respite vouchers can also be used at adult daycare centers.

The purpose of the vouchers is to try to prevent caregivers from suffering from burnout, physical and/or emotional illness because of the lack of time they have for themselves.

### **Respite Providers:**

**MaddieLuke**

Cindy.hale@maddieluke.com

### **Comanche Nation Native American Caregiver Program**

(580) 355-2330 x104 or (580) 351-0447

1107 SW H Avenue, Lawton, Oklahoma 73501

## NEWSPAPERS

### **Caddo County**

Anadarko Daily News

(405) 247-3331 P.O. Box 548, Anadarko, Oklahoma 73005-0548  
news@anadarko-news.com

Apache News

(580) 588-3862 120 E. Evans, Apache, Oklahoma 73006  
wrightapachenews@aol.com

Carnegie Herald

(580) 654-1443 P.O. Box 129, Carnegie, Oklahoma 73015  
news@carnegieherald.com

Country Connection

(405) 797-3648 P.O. Box 206, Eakly, Oklahoma 73033  
countryconnectionnews@yahoo.com

Cyril News

(580) 464-2410 P.O. Box 10, Cyril, Oklahoma 73029  
cyrilnews@tds.net

Hinton Record

(405) 542-6644 P.O. Box 959, Hinton, Oklahoma 73047  
news@hintonrecord.com  
hintonrecord.com

### **Comanche County**

The Chronicle

(580) 529-NEWS ((580) 529-6397) 7602 US Highway 277, Suite A, Elgin, Oklahoma 73538  
thechronicle.news.org

County Times

(580) 429-8200 P.O. Box 3, Cache, Oklahoma 73527  
TCT@countytimes.org

Lawton Constitution

(580) 353-0620 102 SW 3<sup>rd</sup> Street, Lawton, Oklahoma 73501  
swOklahomanews.com

### **Cotton County**

Walters Herald

(580) 875-3326 P.O. Box 247, Walters, Oklahoma 73572  
whereald@sbcglobal.net waltersherald.com

### **Grady County**

Express Star

(405) 224-2600 P.O. Drawer E, Chickasha, Oklahoma 73023  
james@chickasha.com

Rush Springs Gazette

(580) 476-2525 P.O. Box 597, Rush Springs, Oklahoma 73082  
rsgazette@sbcglobal.net

Tuttle Times

(405) 376-6688 P.O. Box 180, Tuttle, OKLAHOMA 73089-0180  
tuttletimes@sbcglobal.net

Washita Valley Community Magazine

(405) 224-7467 920 S. 4<sup>th</sup> Street, Chickasha, Oklahoma 73018  
wvshopper@att.net  
washitavalleyweekly.com

### **Jefferson County**

Ringling Eagle

(580) 662-2221 P.O. Box 626, Ringling, Oklahoma 73456  
ringlingeagle@sbcglobal.net

Waurika News Journal

(580) 228-2545 114 S. Main, Waurika, Oklahoma 73573  
waurikanewsjournal@gmail.com

### **McClain County**

Blanchard News

(405) 485-231 P.O. Box 60, Blanchard, Oklahoma 73010  
blanchardnews@pldi.net

Newcastle Pacer

(405) 387-5277 P.O. Box 429, Newcastle, Oklahoma 73065  
newcastlepacer.com

Purcell Register

(405) 527-2126 P.O. Box 191, Purcell, Oklahoma 73080  
purcellregister.com

### **Oklahoma County**

The Oklahoman

(405) 475-3311 100 W. Main, Oklahoma City, Oklahoma 73114

Oklahoman.com

**Stephens County**

Chisholm Trail Shopper  
(580) 255-2428 1898 US Hwy 81, Duncan, Oklahoma 73533  
email@chisholmtrailshopper.com  
chisholmtrailshopper.com

Comanche Times  
(580) 439-6500 P.O. Box 580, Comanche, Oklahoma 73529

Duncan Banner  
(580) 255-5354 1001 W. Elm Street, Duncan, Oklahoma 73534  
news@duncanbanner.com

Marlow Review  
(580) 658-6657 316 W. Main, Marlow, Oklahoma 73055  
marlowreview.com

**Tillman County**

Big Pasture News  
(580) 479-5757 922 W. 1<sup>st</sup> Street, Grandfield, Oklahoma 73546

**NUTRITION SITES**

The nutrition sites offer a variety of meals to Seniors, ages 60 and up, with or without their spouses, free of charge five days a week for those who meet the eligibility requirements. For those who do not meet the requirements may participate with a potential donation.

**Caddo County**

Anadarko Nutrition Center  
(405) 247-4857 417 W. Main Street, Anadarko, Oklahoma 73005

Apache Tribe of Oklahoma Nutrition  
(405) .247-6330 525 E. Colorado/P.O. Box 1330, Anadarko, Oklahoma 73005

Caddo Tribe of Oklahoma Nutrition  
(405) 656-9042 P.O. Box 487, Binger, Oklahoma 73009

Carnegie Nutrition Center  
(580) 654-1507 3 E. 3<sup>rd</sup> Street/P.O. Box 1126, Carnegie, Oklahoma 73015

Cement Nutrition Center  
(405) 489-3803 P.O. Box 351/323 N. Main St, Cement, Oklahoma 73017



Cyril Nutrition Center  
(580) 464-2300 P.O. Box 143/201 W. Ohio, Cyril, Oklahoma 73029  
Fort Sill Apache Tribe Nutrition Project  
(580) 588-2298 43187 US Hwy 281, Apache, Oklahoma 73006

Hinton Nutrition Center  
(405) .542-6454 P.O. Box 322/515 W. Main Street, Hinton, Oklahoma 73047

Kiowa Tribe of Oklahoma  
(580) 654-2300 P.O. Box 369, Carnegie, Oklahoma 73015-0369

Wichita and Affiliated Tribes Nutrition  
(405) 247-9677 P.O. Box 729, Anadarko, Oklahoma 73005

**Comanche County**

Cache Nutrition Center  
(580) 429-3427 or (580) 429-3428 416 W. C Avenue, Cache, Oklahoma 73527

Comanche Tribe Nutritional Center  
(580) 355-2330 1107 SW H Avenue, Lawton, Oklahoma 73501

Elgin Nutrition Center  
(580) 492-4980 801 1<sup>st</sup> Street, Elgin, Oklahoma 73538

Geronimo Nutrition Center  
(580) .353-3448 101 E. Main Street, Geronimo, Oklahoma 73543

Lawton North Nutrition Center  
(580) 581-3481 1705 NW 20<sup>th</sup> Street, Lawton, Oklahoma 73507

Lawton Eastside Nutrition Center - Patterson Community Center  
(580) 581-3485 or (580) 357-7764 4 NE Arlington, Lawton, Oklahoma 73505

**Cotton County**

Temple Nutrition Center  
(580) 342-6944 201 S. Commercial Street/P.O. Box 652, Temple, Oklahoma 73568

Walters Nutrition Center  
(580) 875-9044 500 E. California Street/P.O. Box 452, Walters, Oklahoma 73572

**Grady County**

Chickasha Nutrition Center  
(405) 224-4315 203 N. 18<sup>th</sup> Street, Chickasha, Oklahoma 73018

Rush Springs Nutrition Center

(580) 476-3168 215 Blakley/P.O. Box 432, Rush Springs, Oklahoma 73082

Verden Nutrition Center

(405) 453-7720 214 N. Main Street/P.O. Box 518, Verden, Oklahoma 73092

**Jefferson County**

Ringling Nutrition Center

(580) 662-2362 200 W. D Street/P.O. Box 1007, Ringling, Oklahoma 73456

Ryan Nutrition Center

(580) 757-2412 400 Taylor/Route 1 Box 8, Ryan, Oklahoma 73565

**McClain County**

Blanchard Nutrition Center

(405) 485-9260 101 S. Main Street/P.O. Box 1248, Blanchard, Oklahoma 73010

Byars Nutrition Center

(405) 783-4468 217 E. Ripley, Byars, Oklahoma 74831

Purcell Nutrition Center

(405) 527-9462 228 N. 2<sup>nd</sup>, Purcell, Oklahoma 73080

Washington Nutrition Center

(405) 288-6404 219 N. Turner/P.O. Box 624, Washington, Oklahoma 73093

Wayne Nutrition Center

(405) 449-3079 107 Shannon/P.O. Box 141, Wayne, Oklahoma 73095

**Stephens County**

Chickasaw Nation Nutrition Center

(580) 470-2160 1909 W. Plato Road, Duncan, Oklahoma 73533

Comanche Nutrition Center

(580) 439-5076 410 S. 2<sup>nd</sup>, Comanche, Oklahoma 73529

Delta Nutrition Program

(580) 252-1174 707 King Place, Duncan, Oklahoma 73533

Duncan Northside Nutrition Center

(580) 252-1174 1110 N. 7<sup>th</sup> Street, Duncan, Oklahoma 73533

Marlow Nutrition Center

(580) 658-5773 or (405) 255-3967 201 N. Elm Street, Marlow, Oklahoma 73055

**Tillman County**

Frederick Nutrition Center  
(580) 335-7026 102 E. Grand/Grand Hotel, Frederick, Oklahoma 73542

**OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES  
DIVISION OF VOCATIONAL SERVICES FIELD OFFICE**

**State Office**

Department of Rehabilitative Services  
(405) 951-3400 or (800) 845-8476 Fax: (405) 951-3529  
3535 NW 58<sup>th</sup> Street, Suite 500, Oklahoma City, Oklahoma 73112

**Ada**

DVR Office  
(580) 332-0178 Fax: (580) 332-4712  
1001 E 14<sup>th</sup> Street, Ada, Oklahoma 74820

**Social Services Center**

(580) 332-2785 Fax: (580) 436-3542  
1628 E. Beverly, Suite 109, Ada, Oklahoma 74820

**Altus**

DVR Office  
(580) 482-8605 Fax: (580) 477-2240  
1121 N. Spurgeon, Suite B, Altus, Oklahoma 73521

**Alva**

DVR Office  
(580) 327-1214 Fax: (580) 327-8643  
P.O. Box 578, NWOSU Shockley Hall, Alva, Oklahoma 73717

**Ardmore**

DVR Office  
(580) 226.1808 Fax: (580) 223-4265  
333 W. Main, Suite. 430, Ardmore, Oklahoma 73401

**Bartlesville**

DVR Office  
(918) 333-0760 Fax: (918) 331-9012  
4100 SE Adams Road, Suite E104, Bartlesville, Oklahoma 74006

**Chickasha**

DVR Office  
(405) 224-0709 Fax: (405) 222-5728  
1000 Choctaw, Suite 2, Plaza N. Shopping Center, Chickasha, Oklahoma 73018

**Claremore**

DVR Office  
(918) 341-8122      **Fax:** (918) 342-0355  
1701 W. Will Rogers Blvd., Rogers State University H5161, Claremore, Oklahoma 74017

**Duncan**

DVR Office  
(580) 255-1115      **Fax:** (580) 255-3740  
Chisholm Creek Mall, 1206 N. Hwy. 81, Suite. 15-A, Duncan, Oklahoma 73533

**Durant**

DVR Office  
(580) 924-2677      **Fax:** (580) 924-0208  
1007 W. Main, Durant, Oklahoma 74701

**Enid**

DVR Office  
(580) 233-0244      **Fax:** (580) 233-6535  
528 N. Van Buren, Enid, Oklahoma 73703

**Guymon**

DVR Office  
(580) 338-2043      **Fax:** (580) 338-1169  
508 N. Roosevelt, Guymon, Oklahoma 73942

**Idabel**

DVR Office  
(580) 286-3389      **Fax:** (580) 286-7466  
513 E. Washington, Idabel, Oklahoma 74745

**Lawton**

DVR Office  
(580) 585-4200      **Fax:** (580) 585-4232  
1332 NW 53<sup>rd</sup> St., Lawton, Oklahoma 73505

**Career Planning Center**

(580) 585-4200      **Fax:** (580) 585-4232  
1324 NW 53<sup>rd</sup> St., Lawton, Oklahoma 73505

**Goodwill Industries of Southwest Oklahoma Inc.**

(580) 355-2163      **Fax:** (580) 355-2166  
1210 SW Summit, Lawton, Oklahoma 73501

**McAlester**

DVR Office  
(918) 302-4200      **Fax:** (918) 302-4220  
321 S. 3<sup>rd</sup>, Suite 2, McAlester, Oklahoma 74501

**Miami**

DVR Office

(918) 542-4716

**Fax:** (918) 540-0072

Northeastern A &amp; M College, P.O. Box 3896, Miami, Oklahoma 74355

**Midwest City**

DVR Office

(405) 737-4897

**Fax:** (405) 737-6907

1104-10 S. Air Depot, Midwest City, Oklahoma 73110

(405) 732-7693

**Fax:** (405) 732-8167

607 W. Rickenbacker, Midwest City, Oklahoma 73110

**Muskogee**

DVR Office

(918) 781-4150

**Fax:** (918) 447-5909733 S. 32<sup>nd</sup>, Muskogee, Oklahoma 74401**Norman**

DVR Office

(405) 329-6096

**Fax:** (405) 447-5909

2227 W. Lindsey, Suite 1201, Norman, Oklahoma 73069

(405) 329-6160

**Fax:** (405) 447-5909

227 W. Lindsey, Suite 1400, Norman, Oklahoma 73069

(405) 447-0295

**Fax:** (405) 447-5326

2227 W. Lindsey, Suite 1200, Norman, Oklahoma 73069

**Oklahoma City**

DVR Office

Career Planning Center

(405) 635-2750

**Fax:** (405) 631-8115

5813 S. Robinson, Oklahoma City, Oklahoma 73109

(405) 522-6525

**Fax:** (405) 522-65452401 NW 23<sup>rd</sup>, Ste. 59 (Shepherd Mall), Oklahoma City, Oklahoma 73107**Services to the Deaf and Hard of Hearing**

Oklahoma School for the Deaf

(580) 622-5900 (V/TTY)

(888) 685-3323 (V/TTY)

1100 E. Oklahoma Street, Sulphur, Oklahoma 73086

**Okmulgee**

DVR Office

(918) 756-6435      **Fax:** (918) 756-7532  
P.O. Box 2547, OSU-Oklahoma, Okmulgee, Oklahoma 74447

**Poteau**

DVR Office  
(918) 647-8121      **Fax:** (918) 647-8929  
1507 S. McKenna, Carl Albert State College, Hemphill Hall, Room 106, Poteau, Oklahoma  
74953

**Shawnee**

DVR Office  
(405) 273-9922      **Fax:** (405) 273-5658  
1135 N. Kickapoo, Shawnee, Oklahoma 74801

**Stillwater**

DVR Office  
(405) 372-1995      **Fax:** (405) 377-2036  
217 W. 5<sup>th</sup>, Suite 2A, Stillwater, Oklahoma 74074

**Tahlequah**

DVR Office  
(918) 456-6193      **Fax:** (918) 456-8396  
214 S. Muskogee, Tahlequah, Oklahoma 74464

**Tulsa**

DVR Office  
(918) 836-5556 or (918) 836-7105 (TDD)      **Fax:** (918) 835-2358  
8740 E. 11<sup>th</sup> Street, Suite F, Tulsa, Oklahoma 74112

**Career Planning**

(918) 581-2366 (Voice/TDD)      **Fax:** (918) 581-2270  
(918) 581-2301 (Voice/TDD)      (918) 583-9210  
444 S. Houston, Suite 200, Tulsa, Oklahoma 74127

(918) 382-7700      **Fax:** (918) 583-5414  
125 N. Greenwood, Suite 300, Tulsa, Oklahoma 74120

**Vinita**

DVR Office  
(918) 256-5509      **Fax:** (918) 256-5846  
441 N. Wilson, Vinita, Oklahoma 74301

**Weatherford**

DVR Office  
(580) 772-5805      **Fax:** (580) 772-7905

1401 Lera Drive, Suite 5, Weatherford, Oklahoma 73096

(580) 772-2808      **Fax:** (580) 772-5471  
219 W. College, SWOSU, Basement of Neff Hall, Weatherford, Oklahoma 73096

**Wilburton**

DVR Office  
(918) 465-2119      **Fax:** (918) 465-0192  
Eastern Oklahoma State College, P.O. Box 1050, Wilburton, Oklahoma 74578

**Woodward**

DVR Office  
(580) 256-6738      **Fax:** (580) 256-2285  
1611 Main, Suite 204, Woodward, Oklahoma 73801

**OSU-OKLAHOMA COOPERATIVE EXTENSION SERVICES**

**Community Nutrition Education Program**

Fresh Start Nutrition and You  
(405) 744-6283      **Fax:** (405) 744-1461  
301 Human Sciences Building 007, Stillwater, Oklahoma 74078

Caddo County Office  
(405) 247-3376      **Fax:** (405) 247-7638  
1202 E. Central Blvd., Anadarko, Oklahoma 73005

Comanche County Office  
(580) 355-1045      611 SW C Avenue, Lawton, Oklahoma 73501

Stephens County Office  
(580) 255-0510      2002 S. 13<sup>th</sup> Street, Duncan, Oklahoma 73533

The Fresh Start Nutrition and You program is a free service where nutrition education assistants will come to your home for an hour a week to teach you how to prepare healthier meals for you and your family. Tips offered by the Fresh Start Program include:

- Great ways to budget meals and stretch your food dollars.
- Feeding infants and children.
- Basic health and nutrition information.
- Meal planning tips to meet nutrition requirements.
- New ideas for making healthy and delicious low-cost meals.
- Information on food safety, storage and sanitation.

## RADIO STATIONS

### **Caddo County**

KACO - 98.5 FM

(405) 247-6682 115 W. Broadway Street, Anadarko, Oklahoma 73005

### **Comanche County**

KBZQ - 99.5 FM

(580) 357-9950 2331 SW Lee Blvd., Lawton, Oklahoma 73501

KCCU - 89.3 FM

(888) 454-7800 2800 W. Gore Blvd., Lawton, Oklahoma 73505

KKRX - 1050 AM / KJMZ - 98.1 FM

(580) 355-1050 1525 SE Flower Mound Road, Lawton, Oklahoma 73501

KJRF - 91.1 FM

(580) 357-4498 2405 SW Lee Blvd., Lawton, Oklahoma 73505

KLAW - 101.3 FM

(580) 581-3600 626 SW D Avenue, Lawton, Oklahoma 73501

KMGZ - 95.3 FM

(580) 536-9530 1421 NW Great Plains Blvd., Suite C, Lawton, Oklahoma 73505

KVRW - 107.3 FM

(580) 581-3600 626 SW D Avenue, Lawton, Oklahoma 73501

KZCD - 94.1 FM

(580) 581-3600 626 SW D Avenue, Lawton, Oklahoma 73501

### **Grady County**

KWCO - 105.5 FM and 106.1 FM

(405) 224-1560 627 Chickasha Avenue, Chickasha, Oklahoma 73018

### **Stephens County**

KFXI - 92.1 FM

(580) 658-9292 1101 N. Broadway Marlow, Oklahoma 73055

KKEN 97.1 FM/KPNS 1350 AM/KDDQ-105.3 FM

(580) 255-1350 1701 W. Pine Avenue, Duncan, Oklahoma 73533



## RECREATION

### **State of Oklahoma**

Oklahoma Tourism and Recreation Information  
(800) 652-6552  
Lodge & Cabin Reservations: (800) 654-8240  
travelOklahoma.com

U.S. Fish and Wildlife Service - Southwest Region  
fws.gov/southwest

For information on the National Wildlife Refuge System  
(800) 344-WILD

### **Caddo County**

Anadarko Heritage Museum  
(405) 247-3240      301 E. Main Street, Anadarko, Oklahoma 73005

Anadarko Philomathic Museum  
311 E. Main (inside the Rock Island Railroad Depot), Anadarko, Oklahoma 73005  
museum@cityofanadarko.org

Apache Historical Museum  
(580) 588-3392      101 W. Evans, Apache, Oklahoma 73006

Caddo Tribal Heritage Museum  
(405) 656-2344      117 Memorial Lane, Binger, Oklahoma 73009

Delaware Tribal Museum  
(405) 247-2448      31064 Hwy 281, Anadarko, Oklahoma 73005

Hinton Historical Museum & Parker House  
(405) 542-3181      801 S. Broadway Street, Hinton, Oklahoma 73047

Kiowa Tribal Museum  
(580) 654-2300      Highway 9, Carnegie, Oklahoma 73015

Southern Plains Indian Museum  
(405) 247-6221      715 E. Central Boulevard, Anadarko, Oklahoma 73005

### **Comanche County**

Center for Creative Living  
(580) 248-0471      3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

Comanche Nation Museum & Cultural Center  
(580) 353-0404 701 NW Ferris Lawton, Oklahoma 73507  
Ft. Sill National Historic Landmark & Museum  
(580) 442-5123 435 Quanah Road, Ft. Sill, Oklahoma 73503

Mattie Beal Home/Lawton Heritage Association  
(580) 678-3156 1008 SW 5<sup>th</sup> Street, Lawton, Oklahoma 73501

Museum of the Great Plains  
(580) 581-3460 601 NW Ferris, Lawton, Oklahoma 73501

Wichita Mountains Wildlife Refuge  
(580) 429-3222 32 Refuge Headquarters, Indianola, Oklahoma 73552  
[fws.gov/refuge/Wichita\\_Mountains/](http://fws.gov/refuge/Wichita_Mountains/)

### **Cotton County**

Cotton County Museum  
(580) 875-3335 116 N. Broadway, Walters, Oklahoma 73572

### **Grady County**

Grady County Historical Society Museum  
(405) 224-6480 400 Block of Chickasha Ave. (Dixie Bldg), Chickasha, Oklahoma 73018

Loretta Y. Jackson African American Historical Society Museum  
(405) 224-5297 315 E. Ada Sipuel Avenue, Chickasha, Oklahoma 73018

Minco Historical Society Museum  
(405) 352-4480 304 NW Main Street, Minco, Oklahoma 73059

Muscle Car Ranch  
(405) 222-4910 3609 S. 16<sup>th</sup> Street, Chickasha, Oklahoma 73018

### **Jefferson County**

Chisholm Trail Historical Museum  
East of intersection of Hwy 81 and Hwy 70, Waurika, Oklahoma 73573

### **McClain County**

McClain County Museum  
(405) 527-5894 203 W. Washington, Purcell, Oklahoma 73080

### **Stephens County**

Chisholm Trail Heritage Center  
(580) 252-6692 1000 Chisholm Trail Parkway, Duncan, Oklahoma 73533  
[onthechisholmtrail.com](http://onthechisholmtrail.com)

Duncan Convention and Visitors Bureau

(800) 782-7167 P.O. Box 981, Duncan, Oklahoma 73533  
duncanOklahoma.org  
Calendar of Upcoming Events: duncancalendar.com  
Duncan Little Theatre  
(580) 252-8331 P.O. Box 531, Duncan, Oklahoma 73534  
duncanlittletheatre.com

Marlow Area Museum  
(580) 658.2212 127 W. Main, Marlow, Oklahoma 73055

Rock Island 905 Historical Society  
(580) 252-2182  
Fuqua Park, Intersection of Hwy 81 and Beech Avenue, Duncan, Oklahoma 73533

The Simmons Center  
(580) 252-2900 800 Chisholm Trail Parkway, Duncan, Oklahoma 73533  
tourism@simmonscenter.com

Stephens County Historical Museum  
(580) 252-0717  
Fuqua Park, Intersection of Hwy 81 and Beech Avenue, Duncan, Oklahoma 73533

W.T. Foreman Prairie House  
(580) 251-0027 814 W. Oak, Duncan, Oklahoma 73533

**Tillman County**  
Pioneer Townsite Museum  
(580) 335-5844 201 N. 9<sup>th</sup> Street, Frederick, Oklahoma 73542

## **RESPITE**

Respite care is a temporary break from caregiving duties. Respite vouchers assist caregivers in allowing them to pay someone to temporarily aid as a care provider in their absence.

The Contracts and Coalition Unit of Aging Services provides vouchers to caregivers who are not eligible for other respite programs. Funds are made available through the Lifespan Respite grant.

Contact Information:  
(405) 521-4358  
2401 NW 23<sup>rd</sup> Street, Suite. 40, Oklahoma City, Oklahoma 73107

## SENIOR CITIZEN CENTERS

### **Caddo County**

Alfalfa Community Center

(580) 637-2276 P.O. Box 148, Carnegie, Oklahoma 73015

Anadarko Nutrition Center

(405) 247-4857 417 W. Main Street, Anadarko, Oklahoma 73005

Apache Senior Center

(580) 588-2200 301 E. Evans, Apache, Oklahoma 73006

Binger Senior Citizens Center (8-1)

208 W. Main Street, Binger, Oklahoma 73009

Carnegie Nutrition Center

(580) 654-1507 3 E. 3<sup>rd</sup> Street, Carnegie, Oklahoma 73015

Cement Nutrition Center

(405) 489-3803 323 N. Main, Cement, Oklahoma 73017

Cyril Senior Nutrition Center

(580) 464-2300 P.O. Box 143, Cyril, Oklahoma 73029

Ft. Cobb Nutrition Senior Center

(405) 668-2220 312 Main Street, Fort Cobb, Oklahoma 73038

Hinton Senior Citizens

(405) 542-6454 515 W. Main Street, Hinton, Oklahoma 73047

### **Comanche County**

Benjamin O. Davis Senior Center

(580) 353-5242 620 S. E Avenue, Lawton, Oklahoma 73501

Cache Senior Citizen and Delta Nutrition

(580) 429-3427 302 SW 5<sup>th</sup> Street, Cache, Oklahoma 73527

Center for Creative Living

(580) 248-0471 3501 SW Dr. Elsie Hamm Dr., Lawton, Oklahoma 73505

Chattanooga Community Center/Great Plains

(580) 597-3339 303 4<sup>th</sup> Street, Chattanooga, Oklahoma 73528

Elgin Nutrition Center

(580) 492-4980 801 1<sup>st</sup> Street, Elgin, Oklahoma 73538

Geronimo Senior Citizens Center

(580) 353-3448 101 W. Main Street, Geronimo, Oklahoma 73543

Indiahoma Senior Center

(580) 246-3572 900 Indiahoma Road, Indiahoma, Oklahoma 73552

Lawton Housing Authority

(580) 353-7392 609 SW F Avenue, Lawton, Oklahoma 73501

Meers Community Center

(580) 492-5128 12033 NW Rhodes Road, Lawton, Oklahoma 73507

Patterson Community Center

(580) 581-3485 4 NE Arlington, Lawton, Oklahoma 73502

Wichita Mountains Area Senior Citizens

(580) 529-3585 First Baptist Church, Medicine Park, Oklahoma 73557 (Temporary)

**Cotton County**

Temple Senior Citizens Center

(580) 342-5017 201 E. Minnesota, Temple, Oklahoma 73568

Walters Senior Citizens Center

(580) 591-3009 111 E. Colorado, Walters, Oklahoma 73572

**Grady County**

Alex Community/Senior Center

(405) 785-9103 P.O. Box 243, Alex, Oklahoma 73002

Amber Community/Senior Center/Amber Nutrition

(405) 224-4315 P.O. Box 3/404 Holly, Amber, Oklahoma 73004

Borden Park Community Center/Chickasha

(405) 222-9281 P.O. Box 2101/200 N. 18<sup>th</sup> Street, Chickasha, Oklahoma 73018

Bradley Community Center

(405) 462-7595 322 McKee Street, Bradley, Oklahoma 73011

Chickasha Senior Citizens Center

(405) 224-4315 P.O. Box 2101/201 N. 18<sup>th</sup>, Chickasha, Oklahoma 73018

Minco Senior Citizens Center

(405) 352-5018 P.O. Box 357/221 NW Main Street, Minco, Oklahoma 73059

Ninnekah Senior Citizen Center  
(405) 224-7434 512 Elm Street/P.O. Box 16, Ninnekah, Oklahoma 73067  
Pocasset Senior Citizen Center  
(405) 459-8862 530 S. Main Street, Pocasset, Oklahoma 73079

Rush Springs Senior Citizens Center  
(580) 476-3168 215 W. Blakely, Rush Springs, Oklahoma 73082

Tuttle Senior Citizens Center  
(405) 381-2606 P.O. Box 134/5 JD Ryan Road, Tuttle, Oklahoma 73089

Cottonwood Center  
(405) 453-7720 119 N. Main Street, Verden, Oklahoma 73092

**Jefferson County**

Hastings Senior Citizens Center  
(580) 963-2531 P.O. Box 3, Hastings, Oklahoma 73548

Ringling Nutrition Center  
(580) 662-2362 P.O. Box 1007/200 W. D Street, Ringling, Oklahoma 73456

Ryan Senior Center\Community Center  
(580) 757-2615 701 Washington, Ryan, Oklahoma 73565

Waurika Senior Citizens Center  
(580) 228-2087 108 S. Main, Waurika, Oklahoma 73573

**McClain County**

Blanchard Senior Citizens  
(405) 485-9260 P.O. Box 626/101 S. Main Street, Blanchard, Oklahoma 73010

Byars Nutrition Center  
(405) 783-4468 217 E. Ripley, Byars, Oklahoma 74831

Dibble Senior Citizens Center  
(405) 344-6789 or (405) 222-4546  
c/o Ed Cantrell, Ctr. Pres. 2210 CR 1400, Alex, Oklahoma 73002

Newcastle Senior Citizens Center  
(405) 387-2100 P.O. Box 86/504 W. Hwy. 130, Newcastle, Oklahoma 73065

Purcell Senior Citizens Center  
(405) 527-5070 228 N. 2<sup>nd</sup> Street, Purcell, Oklahoma 73080

Washington Senior Citizen Center  
(405) 288-6404 219 N. Turner, Washington, Oklahoma 73093

Wayne Senior Citizens Center  
(405) 449.3079 107 Shannon Street, Wayne, Oklahoma 73095

**Stephens County**

Bray Senior Citizens  
(580) 658-2709 1014 S. Brooks, Marlow, Oklahoma 73055

Central High Senior Citizens Center  
Rt. 1, Box 151, Marlow, Oklahoma 73055

Chickasaw Nation Senior Center  
(580) 470-2160 1909 W. Plato Road, Duncan, Oklahoma 73533

Douglass Community Senior Center  
(580) 255-9579 707 S. King Place, Duncan, Oklahoma 73533

Duncan Senior Citizens Center  
(580) 255-6902 1110 N. 7<sup>th</sup> Street, Duncan, Oklahoma 73533

Marlow Senior Citizens Center  
(580) 658-5628 325 W. Main Street, Marlow, Oklahoma 73055

Velma Senior Citizens Center  
(580) 444-3772 ½ mile East on Old Hwy. 7/P.O. Box 584, Velma, Oklahoma 73491

**Tillman County**

Frederick Senior Citizens Center  
(580) 335-7026 102 E. Grand, Frederick, Oklahoma 73542

Grandfield Multipurpose Senior Center  
(580) 479-3320 123 W. 1<sup>st</sup>, Grandfield, Oklahoma 73546

Tipton Area Senior Center  
(580) 667-4158 100 E. Main, Tipton, Oklahoma 73570

**SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS**

AARP Foundation  
(660) 619-5957

Experience Works  
(866) 397-9757 700½ N. Commerce St., Ardmore, Oklahoma 73401

National Indian Council on Aging (NICOA)  
(405) 951-9240 909 Meridian, Suite 540, Oklahoma City, Oklahoma 73108

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)  
Food Distribution Program**

Comanche County  
(580) 255-3600      1610 SW Lee Blvd, Lawton, Oklahoma 73501

Grady County      1707 W. Frisco Avenue, Chickasha, Oklahoma 73018

Oklahoma Department of Human Services - Stephens County  
(800) 734-7506 or (580) 251-8300      P.O. Box 1367, Duncan, Oklahoma 73533

Oklahoma Department of Human Services - Office for Civil Rights  
(800) 214-3529 **or** (405) 521-3529      P.O. Box 25352, Oklahoma City, Oklahoma 73125

USDA, Director - Office of Civil Rights  
Room 1341, Whitten Building 1400 Independence Ave., SW Washington, DC 20250

**SOONERSTART SERVICES**

**Website:** [Oklahoma.gov/sde/soonerstart](http://Oklahoma.gov/sde/soonerstart)  
**Address:** Your County Health Department

The SoonerStart program is a free service where professionals can evaluate children from newborns through three years of age and provide care if needed. Services may include:

- Medical services
- Psychological services
- Occupational, physical and speech language therapy

**SMOKE ALARMS & ALERT EQUIPMENT FOR  
OKLAHOMANS WITH A DISABILITY**

Oklahoma ABLE Tech  
(800) 257-1705 (V/TTY)      **Fax:** (405) 744-2487  
1514 W. Hall of Fame, Stillwater, Oklahoma 74078  
[abletech@Oklahomastate.edu](mailto:abletech@Oklahomastate.edu)

Oklahomans of all ages with a documented disability of:

- Deaf
- Hard of hearing
- Blind



- Low vision
- Use of a mobility device

## TAX INFORMATION

Internal Revenue Services  
irs.gov

AARP Free Tax Preparation  
aarp.org

Center for Creative Living  
(580) 248-0471      3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

Great Plains Improvement Foundation  
(580) 353-2364      2 S. Lee Blvd, Suite 200, Lawton, Oklahoma 73501  
gpif-caa.org

## FREE TAX ASSISTANCE

### **Ada**

The Chickasaw Nation – VITA	501 S. Mississippi	(580) 272-5798
AARP Tax Aide	730 Crestview St.	(580) 447-4869

### **Altus**

Southwest Community Action	221 N Park Lane	
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### **Antlers**

Pushmataha Co.	603 SW B Street	(580) 298-2921
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### **Atoka**

INCA	301 W. 10 <sup>th</sup> Street	(580) 889-5193
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### **Bartlesville**

CARD	3618 E. Tuxedo Blvd.	(918) 333-8115
Bartlesville Public Library	600 S. Johnstone Ave.	

### **Broken Arrow**

Broken Arrow Central Park Community Center	1500 S. Main St.	
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### **Catoosa**

CN Catoosa	310 Chief Stand Watie	(918) 342-6814
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### **Chandler**

Chandler Public Library	1021 Manvel Ave.	
<b>Chickasha</b>		
Goodwill	818 W. Grand Ave.	
<b>Claremore</b>		
CARD	707 W. Lowry Road	(918) 341-5000
CN Claremore	23205 S. Hwy 66	(918) 342-6807
<b>Cleveland</b>		
Jay C. Byers Memorial Library	215 E. Wichita	(918) 762-3041
<b>Clinton</b>		
Opportunities CAA	2250 Modelle	
<b>Duncan</b>		
Duncan Tax Aide Site	3300 W. Bois D'Arc	
<b>Durant</b>		
DWR Community Center	1515 W. Main Street	
<b>Edmond</b>		
Edmond Community Center	28 E. Main Street	
University of Central Oklahoma	100 N. University Dr.	
<b>El Reno</b>		
Community Action El Reno	203 N. Bickford	
<b>Enid</b>		
Enid Oakwood Mall	4125 W. Garriott Road	
<b>Eufaula</b>		
Caf, Inc.	1500 Lakehurst Drive	(918) 759-1898
<b>Fredrick</b>		
CADC Tillman	100 S. Main	
<b>Grove</b>		
NEOCAA	1005 Leisure Road	(918) 253-4683
<b>Guymon</b>		
Opportunities	306 NE 4 <sup>th</sup> Street	
<b>Henryetta</b>		
First Family Credit Union	313 W. Main Street	

<b>Hobart</b> CADC Kiowa	400 N. Randlett	(580) 726-3343
<b>Holdenville</b> Holdenville Housing Authority	301 Crestview Drive	(918) 759-1898
<b>Hugo</b> Choctaw County	500 E. Rosewood	(580) 326-5165
<b>Idabel</b> McCurtain County	312 NW Texas	(580) 286-9348
<b>Jay</b> CN Jay NEOCAA	1300 W. Cherokee #111 856 E. Melton Suite C	(918) 253-4078 (918) 253-4683
<b>Lawton</b> Great Plains Improvement Foundation, Inc. Lawton Public Library Center for Creative Living Goodwill II Goodwill I	#2 Lee Blvd., Suite 200  110 SW 4 <sup>th</sup> Street 3501 SW Dr. Elsie Hamm Dr. 1838 NW 52 <sup>nd</sup> Street 1210 Summit Avenue	(580) 353-2364
<b>McAlester</b> Pittsburg County McAlester Public Library	609 E. Peoria 401 N. 2 <sup>nd</sup> Street	
<b>Miami</b> NEOCAA	2114 Denver Harner Dr.	(918) 253-4683
<b>Midwest City</b> Senior Citizens Center Neighborhoods in Action	8251 E. Reno Ave 200 N. Midwest Blvd.	
<b>Moore</b> Moore Public Library	225 S. Howard	
<b>Muskogee</b> CN Muskogee Muskogee Public Library	1001 S. 41 <sup>st</sup> Street 801 W. Okmulgee Street	(918) 453-5536
<b>Norman</b> United Way Norman Public Library Central Senior Citizens Center	1155 E. Main 103 W. Acres Street 329 S. Peters Avenue	(405) 329-4200

<b>Nowata</b>		
CARD	317 E. Delaware	(918) 273-2868
CN Nowata	1020 Lenape Dr.	(918) 342-6807
<b>Oakland</b>		
INCA	18649 8 <sup>th</sup> Street	(580) 795-2372
<b>Ochelata</b>		
CN Ochelata	39500 W. 2900 Road	(918) 342-6807
<b>Okemah</b>		
Reach Corp	320 S. 1 <sup>st</sup>	(918) 759-1898
<b>Oklahoma City</b>		
John Marshal HS Academy of Finance	12201 N. Portland Ave.	
Baptist Retirement Center	9700 Mashburn Blvd.	(405) 721-2466
Mt. Olive AARP	1020 NE 42 <sup>nd</sup> Street	
Lindsay Baptist Church	3300 S. Lindsay Avenue	
CAAOKC Central	319 SW 25 <sup>th</sup> Street	
First Baptist Church	1201 N. Robinson Avenue	
<b>Okmulgee</b>		
CAF CAA	223 W. 6 <sup>th</sup> Street	(918) 796-2826
Commerce VITA	1002 Bear Lane	(918) 549-2603
Mvskoke Loan Fund TCE	1002 Bear Lane	(918) 752-9579
<b>Owasso</b>		
Owasso Community Center	301 S. Cedar Street	
<b>Pawnee</b>		
UCAP	501 6 <sup>th</sup> Street	(918) 762-3041
<b>Perry</b>		
UCAP	803 Market Street	(580) 363-3313
<b>Ponca City</b>		
United Way	205 N. 2 <sup>nd</sup> Street	(580) 765-2476
Ponca City Public Library	515 E. Grand Avenue	
<b>Poteau</b>		
Choctaw Nation Envision Center	511 Nanih Waiya Road	(580) 380-9370
Kibois Leflore County	204 Wall Street	

<b>Pryor</b> CARD CN Pryor	708 SE First 2945 Hwy 69A	(918) 825-3423 (918) 453-5536
<b>Salina</b> CN Salina	901 Owen Walters Blvd.	(918) 207-2939
<b>Sallisaw</b> CN Sallisaw First Christian Church	2260 W. Cherokee 706 N. Wheeler Avenue	(918) 774-0770
<b>Sapulpa</b> Sapulpa Public Library	27 W. Dewey Avenue	
<b>Sayre</b> CADC Washita	304 W. Main	(580) 928-2114
<b>Stigler</b> KIBOIS Haskell County	200 SE A Street	
<b>Stillwater</b> Stillwater Public Library	1107 S. Duck Street	
<b>Stilwell</b> CN Stilwell	219 W. Oak Street	(918) 453-5536
<b>Sulphur</b> INCA Murray	112 N. 9 <sup>th</sup> Street	(580) 622-5700
<b>Tahlequah</b> CN Tahlequah CN Tahlequah	17695 S. Muskogee 110 McSpadden Court	(918) 453-5536
<b>Temple</b> CADC Cotton	202 S. Commercial	
<b>Tishomingo</b> INCA Johnson	207 S. Capitol Street	(580) 371-2352
<b>Tonkawa</b> Northern Oklahoma College	1220 E. Grand Avenue	(580) 761-0281
<b>Tulsa</b> LIFE Senior Services, Inc. Goodwill Dream Center Goodwill Job Connection	5950 E. 31 <sup>st</sup> Street 200 W. 46 <sup>th</sup> Street N. 1665 S. Yale Avenue	(918) 664-9000

Asbury United Methodist Church 6767 S. Mingo Road  
Goodwill 2800 Southwest Blvd.  
Goodwill 815 S. Utica Avenue  
Goodwill YWCA 8145 E. 17<sup>th</sup> Street  
Hardesty South Regional Library 8316 E. 93<sup>rd</sup> Street  
Centennial Park Center 1028 E. 6<sup>th</sup> Street

**Vinita**

CN Vinita 27371 S. 4410 Road (918) 342-6807

**Watonga**

Opportunities CAA 117 W. Russworm

**Westville**

CN Westville 116 N. Williams

**Wilburton**

Latimer County 309 W. Main

**Woodward**

Opportunities 1007 Main Street

**Yukon**

Yukon Senior Center 1200 Lakeshore Drive

**TELEVISION STATIONS**

**Comanche County**

KSWO-TV - Channel 7

(580) 355-7000 1401 SE 60<sup>th</sup> Street, Lawton, Oklahoma 73501

kswo.com

## TRANSPORTATION SERVICES

### **For Oklahoma Road Conditions During Inclement Weather:**

(844) 465-4997      [dps.state.Oklahoma.us/cgi-bin/weathermap.cgi](https://dps.state.Oklahoma.us/cgi-bin/weathermap.cgi)

### **Caddo County**

Apex Inc.

(405) 247-7377      117 S. 1<sup>st</sup> St., Anadarko, Oklahoma 73005

[office@apexOklahoma.com](mailto:office@apexOklahoma.com)

Kiowa Nation Public Transportation

(580) 654-2300      P.O. Box 369, Carnegie, Oklahoma 73015

Maple Lawn Manor Inc.

(405) 663-2455      800 Arapaho Avenue, Hydro, Oklahoma 73048

[rstringer@farmcorpadmin.com](mailto:rstringer@farmcorpadmin.com)

### **Comanche County**

AAA Auto Insurance

(580) 536-9100      1924 NW Cache Road, Lawton, Oklahoma 73505

Enterprise Rent-A-Car

(580) 355-0330      6103 NW Cache Road, Lawton, Oklahoma 73507

Goodwill Industries of Southwest Oklahoma Inc.

(580) 248-9313      923 Hilltop Drive, Lawton, Oklahoma 73505

[eskulski@goodwillsont.org](mailto:eskulski@goodwillsont.org)

Hertz Rental Car

(580) 355-6789      3401 SW 11<sup>th</sup> Street, Lawton, Oklahoma 73501

Jim Norton Toyota of Lawton

(580) 355-7223      7110 NW Quanah Parker Trail, Lawton, Oklahoma 73505

LATS - Lawton Bus System

(580) 248-5252      611 SW Bishop Road, Lawton, Oklahoma 73501

Lawton Fort Sill Regional Airport

(580) 353-4869      3401 S. 11<sup>th</sup> Street, Lawton, Oklahoma 73501

Peoples Cab

(580) 357-9999      112 SW Lee Boulevard, Lawton, Oklahoma 73501

Roadside Automobile Rentals  
(580) 351-1111 3604 SW Tennessee Avenue, Lawton, Oklahoma 73507

Searchlight Center Inc.  
(580) 248-0645 1301 W. Gore Blvd., Lawton, Oklahoma 73501

Yellow Cab  
(580) 355-1440 101 SW 1<sup>st</sup> Street, Lawton, Oklahoma 73501

**Grady County**

Enterprise Rent-A-Car  
(405) 222-4400 2900 S. Hwy 81, Chickasha, Oklahoma 73533

Special Young Adults  
(405) 222-1023 826 Oregon Avenue, Chickasha, Oklahoma 73018

Washita Valley Transit  
(405) 222-3438 205 W. Chickasha Avenue, Chickasha, Oklahoma 73018

Washita Valley Community Action Council  
(405) 224-5831 205 W. Chickasha Avenue, Chickasha, Oklahoma 73023

**Jefferson County**

Red River Transportation  
(580) 255-7883 400 Taylor, #22, Ryan, Oklahoma 73565

Red River Transportation  
(580) 228-3202 160 Circle Drive, Waurika, Oklahoma 73573

**McClain County**

Delta Public Transit  
(405) 527-6537 223 W. Washington Street, Purcell, Oklahoma 73080

**Stephens County**

City Taxi  
(580) 252-8294 101 N. 11<sup>th</sup> Street, Duncan, Oklahoma 73533

Delta Nutrition Program/Delta Community Action Foundation Inc.  
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Stephens County Charity Van  
David Ussery  
Courthouse/Appointments: (580) 255-4193 Cell Phone: (580) 251-0999  
Monday & Wednesday – Lawton  
Tuesday & Thursday – Oklahoma City



Duncan Tax & Cab Service  
(580) 470-8615      311 S. 1<sup>st</sup> Street, Duncan, Oklahoma 73533

Enterprise Rent-A-Car  
(580) 255-9777      510 S. Hwy 81, Duncan, Oklahoma 73533

City of Marlow  
(580) 658-5401      119 2<sup>nd</sup> Street, Marlow, Oklahoma 73055

Think Ability First  
(580) 252-4516      2103 W. Beech Avenue, Duncan, Oklahoma 73533

Red River Transportation  
(580) 255-7883      8100 N. Hwy 81, Duncan, Oklahoma 73533

Duncan Senior Citizens Center Van  
(580) 252-6902      1110 N. 7<sup>th</sup> Street, Duncan, Oklahoma 73533

**Tillman County**

Red River Transportation  
(580) 335-5588      105 S. Main Street/P.O. Box 989, Frederick, Oklahoma 73542

**VETERAN'S SERVICES**

Veterans Affairs – Department of Benefits Information and Assistance  
(800) 827-1000      TDD: (800) 829-4833  
benefits.va.gov

Veterans Affairs Insurance Center  
(800) 669-8477  
va.gov

Veterans Benefits – Fort Sill Intake Site  
VA BDD Office Building 4700, Suite 317, Mow-Way Road, Ft. Sill, Oklahoma 73503

Veterans Community Based Outpatient Clinic Lawton/Ft. Sill  
(580) 585-5600      4303 Pittman and Thomas Bldg 4303, Ft. Sill, Oklahoma 73503

Veterans Crisis Hotline  
(800) 273-8255 (Press 1)

Veteran Services Center - Lawton  
(877) 927-8387 or (580) 585-5880      1016 SW C Avenue, Suite B, Lawton, Oklahoma 73501

Armed Services YMCA Military Welcome Center

(580) 357-1111      3401 SE 11<sup>th</sup> Street, Lawton, Oklahoma 73501

American Legion P.O.st 55

(580) 470-8488      321 Hwy 81 South, Duncan, Oklahoma 73533

Disabled American Veterans

(580) 248-8387      4704 NW Motif Manor Blvd., Suite 5, Lawton, Oklahoma 73505

Silent War Foundation

(580) 704-9274      1315 NW Sheridan Road, Lawton, Oklahoma 73505

VFW Post 1192

(580) 255-9935      2012 Hwy 81 North, Duncan, Oklahoma 73533

Veterans Convalescent Center

(580) 351-6511      501 SE Flower Mound Road, Lawton, Oklahoma 73501

Fort Sill National Cemetery

(580) 492-3200      2648 NE Jake Dunn Road, Elgin, Oklahoma 73538

Home at Last Lawton - Housing for Homeless Veterans by Veterans

(580) 647-5077      815 SW E Avenue, Lawton, Oklahoma 73501

## **VOTER REGISTRATION**

### **Caddo County**

Caddo County Election Board - Caddo County Court House

(405) 247-5001      201 W. Oklahoma, Anadarko, Oklahoma 73005

### **Comanche County**

Comanche County Election Board - Comanche County Court House

(580) 353-1880      315 SW 5<sup>th</sup> Street, Room 206, Lawton, Oklahoma 73501

### **Cotton County**

Cotton County Election Board - Cotton County Court House

(580) 875-3403      301 N. Broadway Street, Room 3, Walters, Oklahoma 73572

### **Grady County**

Grady County Election Board

(405) 224-1430      307 W. Pennsylvania, Chickasha, Oklahoma 73018

### **Jefferson County**

Jefferson County Election Board - Jefferson County Court House

(580) 228-3150      220 N. Main, Room 203, Waurika, Oklahoma 73573

**McClain County**

McClain County Election Board - McClain County Court House  
(405) 527-3121      121 N. 2<sup>nd</sup> Avenue, Suite 101, Purcell, Oklahoma 73080

**Stephens County**

Stephens County Election Board - Stephens County Court House  
(580) 255-8782      101 S. 11<sup>th</sup> Street, Duncan, Oklahoma 73533

Registration forms are also available at the Tag Offices, Public Library, Post Office and Department of Human Services

**Tillman County**

Tillman County Election Board - Tillman County Court House  
(580) 335-2287      201 N. Main Street, Room 5, Frederick, Oklahoma 73542

**WOMEN, INFANTS AND CHILDREN (WIC)**

(888) OKLA-WIC ((888) 655-2942)  
[fns.usda.gov/wic/women-infants-and-children-wic](https://fns.usda.gov/wic/women-infants-and-children-wic)  
Your County Health Department

The WIC program is for any child, from birth to five years of age, women who are pregnant, breastfeeding or have recently given birth. Parent(s) as caretaker, guardian or proxy may apply for WIC services for a child. Two-parent families, single-parent families, grandparents and foster parents may also apply for WIC assistance. The WIC program provides:

- Free information on nutrition, healthy eating and breastfeeding.
- Nutritious foods to add to your diet.