2023 RESOURCE DIRECTORY

Covering:
Caddo County
Comanche County
Cotton County
Grady County
Jefferson County
McClain County
Stephens County
Tillman County

Association of South Central Oklahoma Governments
Area Aging Agency
804 W. Main Street
P.O. Box 1647
Duncan, Oklahoma 73534
(800) 658-1466
Senior Information Hotline: (800) 211-2116
www.ascog.org
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**FOREWORD**

This resource directory has been compiled and published by the Association of South Central Oklahoma Governments (ASCOG) Area Agency on Aging (AAA) for older people, their families and caregivers who live in the ASCOG eight county region:

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<th>Caddo</th>
<th>Jefferson</th>
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<td>Stephens</td>
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<td>Grady</td>
<td>Tillman</td>
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The publication of this directory is authorized by the Older Americas Act of 1965 and funded by the Special Unit on Aging (SUOA).

**ACKNOWLEDGEMENTS**

The compiling of this resource directory has been a collaborative effort. The ASCOG Area Agency on Aging would like to thank all businesses, social organizations, senior citizen organizations and anyone who has been gracious enough to return a call, suggest an association or participate in any way with the completion of this project.

Thank you for your dedication to our senior citizens. The goal of this project is to make sure that our senior citizens are aware of the resources available to them.

**WHAT IS ASCOG?**

The Association of South Central Oklahoma Governments was incorporated on July 24, 1969. The purpose of ASCOG is to assist local governments in serving the needs of their citizens. ASCOG is one of eleven regional council of local governments in Oklahoma and funding is provided by local dues, state appropriated funds and state, federal and private grants. ASCOG serves an eight-county area: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman.

ASCOG became a Trust Authority on December 31, 1991. Board meetings are held quarterly with the Executive Committee meeting in the off months. ASCOG operates under a Board of Trustees that consists of a county commissioner, a mayoral representative, a conservation district director, a citizen-at-large representative from each of the eight counties, four minority representatives, two Native American tribal representatives and the Mayor of Lawton.

The Trustees oversee the programs administered by ASCOG, and they work together to address governmental issues that go beyond their political boundaries.
ASCOG AREA AGENCY ON AGING STAFF

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802 W. Main Street, P.O. Box 1647, Duncan, Oklahoma 73534
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Brenda Jenkins, Outreach Specialist  
**Ext:** 223 (580) 736-7029  jenk_br@ascog.org
ASCOG SUPPORTIVE SERVICES

ASCOG Supportive Services Division consists of two divisions: ASCOG Area Agency on Aging (AAA) and ASCOG Managed Care Services.

ASCOG Area Agency on Aging serves the eight counties in the ASCOG region by funding more than 35 senior nutrition centers, which provide meals and activities for area senior citizens.

ASCOG AAA also provides regional planning, information and assistance to senior citizens, referrals to services, the Ombudsman program and access to the legislative process (i.e., the Silver Haired Legislature).

ASCOG AAA is governed by the ASCOG board of trustees and is represented by the AAA Advisory Council, which is made up of members from each of the eight counties and minority representation.

ASCOG Managed Care Services assesses the needs, builds an individual care plan, and provides advocacy, monitoring and evaluations to make sure senior citizens can live independently in their homes.

For more information on ASCOG AAA or Managed Care Services please call (800) 658-1466 or (580) 736-7984.
ASCOG MANAGED CARE SERVICES

The purpose of ASCOG Managed Care Services is to help elderly, frail and disabled individuals maintain their independence and remain in their homes.

Case management services are available to individuals approved for the Advantage Program. Case managers are responsible for assessing the needs of individuals approved for the program. They also develop a comprehensive plan, arrange for services, monitor all services that are going into the home, advocate on behalf of clients, make monthly contacts by telephone and conduct home visits every three months or as needed depending on the case.

Case managers provide a wealth of knowledge about available services in the community and how individuals can access those services.

The goal of the Advantage Program is to provide individuals with services they can receive at home as opposed to going to a nursing home.

To be eligible for the Advantage Program, individuals must meet the following requirements:

- Must be 65 years of age or older and frail.
- Must be 21 years of age or older with a physical disability.
- Must meet financial guidelines.
- Must require the level of services provided in a nursing home.
- Must require services that are below the cost of nursing home care.

ASCOG case managed services also provides free assistance with completing an “advance directive” to physicians.

For information on Managed Care Services please contact:

Peggy Rush, Managed Care Services Program Coordinator
(800) 658-1466 x254 or (580) 736-7984
802 W. Main Street; P.O. Box 1647, Duncan, Oklahoma 73534
rush_pe@ascog.org or cart_le@ascog.org
ASCOG LONG-TERM CARE OMBUDSMAN PROGRAM

The purpose of the ASCOG Ombudsman program is to advocate for the rights of residents in nursing homes, assisted living and residential care facilities.

The ASCOG Ombudsman program trains and supervises volunteers who visit facilities weekly. The program offers two-day training for anyone interested in becoming a volunteer. Upon completion of the training course, the volunteer may select a long-term care facility to begin their ombudsman duties.

Volunteers are only required to give two to four hours a week of their time to the program. They improve and enrich the lives of residents by being available to listen and act on their concerns. Ombudsmen work can also improve the care and quality of life for residents who live there.

Ombudsman supervisors train volunteers, facility staff and family council. They give presentations and provide information to those seeking nursing home placement.

Contact:

David Sexton, Ombudsman Supervisor
(580) 736-7974 sext_da@ascog.org


Anadarko Nursing & Rehab, Ashbrook Village (Sterling House of Duncan), Binger Nursing & Rehab, Brookdale in Chickasha, Carnegie Nursing Home, Inc., Chickasha Nursing Center, Inc., Chisholm Trail Assisted Living, Duncan Assisted Living (Canoe Brook), Glenhaven Retirement Village, Grace Living Center, Gregston Nursing Home, Inc., Marlow Nursing & Rehab, Montevista Rehab & Skilled Care, Purcell Care Center, Senior Village Healthcare, Shannon Springs Residence, Inc., Sunset Estates of Purcell, Tuttle Care Center, West Wind Assisted Living, Westbrook Gardens Senior Living Community, Wilkins Health & Rehab Community.
ASCOG AREA AGENCY ON AGING ADVISORY COUNCIL

Caddo County:
Marlene Walker: Commissioner Appointee

Charity Helms: Mayoral Appointee

*John Kusel: OSHL Representative

Comanche County:
Thelmer Hutcheson: Commissioner Appointee

Charlie Maguire: Mayoral Appointee

Karolyn Anders: Lawton Mayor Appointee; OSHL Representative

Cotton County:
Lauren Ellis: Commissioner Appointee

Louise Hamilton*: Mayoral Appointee

*Jalmer “Bo” Fallon: OSHL Representative

Grady County:
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Loretta Jackson: Mayoral Appointee

*Merlene Rust: OSHL Representative

Jefferson County:
Dorothy Moore: Commissioner Appointee

*Rubye Benson: Mayoral Appointee

McClain County:
Lewie Jeffries: Commissioner Appointee

*Rowena Scott-Johnson: Mayoral Appointee

Ray Merchant: OSHL Representative

Stephens County:
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Sandy Stewart: Mayoral Appointee
*Tillman County:
*Watha Shanks: Commissioner Appointee

J.M. Cope: Mayoral Appointee

Aging Services Network Provider
Katie Ebner: Gentiva

*Denotes Executive Committee Member

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rojohn2@gmail.com

**ABOUT THE SILVER HAIRLED LEGISLATURE**

The Silver Haired Legislature has been involved in the passing of many laws that benefit senior citizens and the entire state such as:

- Living wills (advance directives)
- Public Transportation Revolving Fund
- Omnibus Reconciliation Bill
- Long-Term Care Omnibus Bill
- Required Training for Nursing Home Aides
- Spousal Impoverishment Act
- Funding Legal Aid for Persons over 60 Years of Age
- Homestead Exemption Increase
- Adult Day Care Amendment

The Silver Haired Legislature is a body of elected officials whose primary focus is to speak on behalf of the elderly. Legislators take the concerns of elderly people and work to make those concerns known to our elected officials at the State Capital.

The Oklahoma Silver Haired Legislature is supported by the Oklahoma Silver Haired Legislature Alumni Association, the Oklahoma Area Agencies on Aging and the OKDHS Aging Services Division

If you would like additional information about the program, please call (405) 522-6239 or fax (405) 522-6739.
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Rep. Cole’s Field Representative
OKLAHOMA AGING SERVICES

Department of Human Services Aging Services
Aging Services Division: (405) 521-2281  Special Unit on Aging: (405) 521-2281
P.O. Box 25352, 50 NE 23rd Street, Oklahoma City, Oklahoma 73105

Long-Term Care Ombudsman Program/ASCOG
David Sexton, Ombudsman Supervisor
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804 Main Street/P.O. Box 1647, Duncan, Oklahoma 73534
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Long-Term Care Ombudsman Program/ASCOG
Mic Hutchinson, Ombudsman Supervisor
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hutc_ma@ascog.org
Area Agencies on Aging (AAA)

Oklahoma has 11 Area Agencies on Aging. They provide information and referrals to senior citizens along with newsletters, brochures and resource directories. AAA also provides area planning and funds for the senior nutrition sites. It is the goal of the AAA to make sure every Oklahoma senior is well informed, well taken care of and not merely surviving but thriving in their later years.

Area 1
Grand Gateway Economic Development Associate
Staci Pierce, Director
(800) 482-4594 x212 or (918) 244-0602  Fax: (918) 783-5786
333 South Oak/P.O. Drawer B, Big Cabin, Oklahoma 74332
Counties: Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington
spierce@grandgateway.org
ggeda.com

Area 2
EODD AAA
Stacy Turner, Director
(918) 682-7891
1012 N. 38th Street/P.O. Box 1367, Muskogee, Oklahoma 74402
Counties: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, Wagoner
sturner@eoddOklahoma.org
eoddOklahoma.org

Area 3
KEDDO AAA
Kim Rose, Director
(800) 722-8180 or (918) 465-2367
1002 Hwy 2 North, Wilburton, Oklahoma 74578
Counties: Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha
krose@keddo.org
keddo.org

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SODA AAA
Amie Judd, Director
(580) 920-1388 x112 or (580) 916-1684
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amiejudd@soda-Oklahoma.org
soda-Oklahoma.org
Area 5
COEDD AAA
John Shea, Director
(800) 375-8255 x131 or (405) 273-6410
400 N. Bell/P.O. Box 3398, Shawnee, Oklahoma 74802
Counties: Hughes, Lincoln, Okfuskee, Pawnee, Payne, Seminole, Pottawatomie
aadirector@coedd.net
coedd.net

Area 6
INCOG AAA
Clark Miller, Director
(918) 578-9473
William Tower II, 2 W. 2nd Street, Suite 800, Tulsa, Oklahoma 74103
Counties: Creek, Osage, Tulsa
cmillr@incog.org
incog.org

Area 7
Long-Term Care Authority of Enid
Valerie Snethen, Director
(580) 234-7475 or (580) 237-2236
202 W. Broadway, Suite A, Enid, Oklahoma 73701
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vsnethen@ltcaenid.org

Area 8
Areawide Aging Agency, Inc.
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ASCOG AAA
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804 W. Main Street/P.O. Box 1647, Duncan, Oklahoma 73534
Counties: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, Tillman
manr_kr@ascog.org
ascog.org
Area 10
SWODA AAA
Anita Martinez, Director
(800) 627-4882 or (580) 562-4882
420 Sooner Drive/P.O. Box 569, Burns Flat, Oklahoma 73624
Counties: Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills, Washita
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333 S. Oak/P.O. Drawer B, Big Cabin, Oklahoma 74332
Counties: Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington
ggeda.com

Area 2
EODD AAA
(918) 682-7891 or (918) 682-5444
1012 N. 38th Street/P.O. Box 1367, Muskogee, Oklahoma 74402
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(800) 722-8180 or (918) 465-2367
1002 Hwy 2 North/P.O. Box 638, Wilburton, Oklahoma 74578
Counties: Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha

Area 4
SODA AAA
(580) 920-1388
2704 N. 1st Street, Durant, Oklahoma 74701
Counties: Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc
soda-Oklahoma.org

Area 5
COEDD AAA
(800) 375-8255 or (405) 273-6410 x128
400 N. Bell/P.O. Box 3398, Shawnee, Oklahoma 74801
Counties: Hughes, Lincoln, Okfuskee, Pawnee, Payne, Seminole, Pottawatomie
aginginfo@coedd.net
Area 6
INCOG AAA
(918) 579-9477
2 W. 2nd Street, Suite 800, Tulsa, Oklahoma 74103
Counties: Creek, Osage, Tulsa

Area 7
Long-Term Care Authority of Enid
(580) 234-7475 or (580) 237-2236
202 W. Broadway, Suite A, Enid, Oklahoma 73703
Counties: Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, Noble

Area 8
Areawide Aging Agency, Inc.
(405) 942-8500
4101 N. Perimeter Center Dr., Suite 310, Oklahoma City, Oklahoma 73112
Counties: Canadian, Cleveland, Logan, Oklahoma

Area 9
ASCOG AAA
(800) 658-1466 or (580) 736-7036
804 W. Main Street/P.O. Box 1647, Duncan, Oklahoma 73534
Counties: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, Tillman
ascog.org

Area 10
SWODA AAA
(800) 627-4882 or (580) 562-4882
420 Sooner Drive/P.O. Box 569, Burns Flat, Oklahoma 73624
Counties: Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills, Washita
COUNTY COMMISSIONERS

Caddo County
Caddo County Courthouse
(405) 247-3105  Fax: (405) 247-3611
P.O. Box 1427, Anadarko, Oklahoma 73005
caddo.county@yahoo.com

District 1 - Benny Bowling
(405) 656-2822 or (405) 247-3105  Fax: (405) 247-3611
201 Oklahoma Ave, Anadarko, Oklahoma 73005
RR 1 Box 195A, Binger, Oklahoma 73009
caddod1@gmail.com

District 2 - Randy McLemore *
(405) 966-2685 or (405) 247-3105  Fax: (405) 247-3611
201 Oklahoma Ave, Anadarko, Oklahoma 73005
PO Box 832, Anadarko, Oklahoma 73005
caddod2@sbcglobal.net

District 3 - Brent Kinder
(580) 654-1761 or (405) 247-3105  Fax: (405) 247-3611
201 Oklahoma Ave, Anadarko, Oklahoma 73005
523 Ruth Drive, Carnegie, Oklahoma 73015
caddodistrict3@carnegienet.net

Comanche County
Comanche County Courthouse
(580) 353-3717  Fax: (580) 585-5242
315 SW 5th Street, Room #303, Lawton, Oklahoma 73501
teresa.wilson@comanchecounty.us

District 1 - Gail Turner
(580) 591-2660 or (580) 353-3717  Fax: (580) 357-9478
315 SW 5th Street # 303, Lawton, Oklahoma 73501
gail.turner@comanchecounty.us

District 2 - Johnny Owens
(580) 353-3717  Fax: (580) 357-9478
315 SW 5th Street # 303, Lawton, Oklahoma 73501
johnny.owens@comanchecounty.us

District 3 - Alvin Cargill
(580) 429-4457 or (580) 353-3717  Fax: (580) 357-9478
315 SW 5th Street # 303, Lawton, Oklahoma 73501
alvin.cargill@comanchecounty.us
Town of Chattanooga
Jaime Fisher (contact), Office Manager  
(580) 597-3390  Fax: (580) 597-2598
302 3rd Street, Chattanooga, Oklahoma 73528
Rob Stallcup, Chief  
(580) 512-9122
townofchatty@pldi.net
chattanoogaOklahoma.myruralwater.com

Cotton County
Cotton County Courthouse  
(580) 875-3026  Fax: (580) 875-3756
301 N. Broadway Street, Walters, Oklahoma 73572
cottonco@sbcglobal.net

District 1 - Mike Woods  
(580) 512-7688 or (580) 875-3026  Fax: (580) 875-3756
301 N Broadway Street, Walters, Oklahoma 73572
cottonco@sbcglobal.net

District 2 - Ricky Vardell  
(580) 857-6636 or (580) 875-3026  Fax: (580) 875-3756
301 N Broadway Street, Walters, Oklahoma 73572
cottonco@sbcglobal.net

District 3 - Greg Powell*  
(580) 299-3339 or (580) 875-3026  Fax: (580) 875-3756
301 N Broadway Street, Walters, Oklahoma 73572
RR 1, Box 10K, Devol, Oklahoma 73531
cottonco@sbcglobal.net

Grady County
Grady County Courthouse  
(405) 224-5211
326 W. Choctaw Avenue, Chickasha, Oklahoma 73018
kthomas@gradycountyOklahoma.com

District 1 - Mike Walker  
(405) 392-3171 or (405) 224-5211  Fax: (405) 222-1053
326 W Choctaw Ave, Chickasha, Oklahoma 73018
720 S Sarah Rd, Tuttle, Oklahoma 73089
grady1@sbcglobal.net
District 2 - Kirk Painter
(405) 224-2504 or (405) 224-5211  Fax: (405) 222-1053
326 W. Choctaw Ave, Chickasha, Oklahoma 73018
1328 County Road 1350, Chickasha, Oklahoma 73018
gradydist2@yahoo.com

District 3 - Ralph Beard*
(580) 476-3865 or (405) 224-5211  Fax: (405) 222-1053
326 W. Choctaw Ave, Chickasha, Oklahoma 73018
RR 1, Box 141, Rush Springs, Oklahoma 73082
rbeard@gradycountyOklahoma.com

Jefferson County
Jefferson County Courthouse
(580) 228-2241  Fax: (580) 228-3418
220 N. Main, Room #101, Waurika, Oklahoma 73573
jefferson@sbcglobal.net

District 1 - Brice Bohot
(580) 439-5933 or (580) 228-2241  Fax: (580) 228-3418
220 N. Main, Room 101, Waurika, Oklahoma 73573
RR 1, Box 39B, Waurika. Oklahoma 73573
jeffcodist1@hotmail.com

District 2 - Ty Phillips
(580) 662-2479 or (580) 228-2241  Fax: (580) 228-3418
220 N. Main, Room 101, Waurika, Oklahoma 73573
P.O. Box 134, Ringling, Oklahoma 73456
district-jefferson@att.net

District 3 - Ricky Martin*
(580) 662-2479 or (580) 228-2241  Fax: (580) 228-3418
220 N. Main, Room 101, Waurika, Oklahoma 73573
Rt. 1, Box 53A, Ryan, Oklahoma 73565

McClain County
McClain County Courthouse
(405) 527-3117
P.O. Box 629, Purcell, Oklahoma 73080

District 1 - Glen Murray
(405) 459-4365 or (405) 527-3117  Fax: (405) 527-5242
P.O. Box 629 Purcell, Oklahoma 73080
12739 Indian Meridian Ave, Wayne, Oklahoma 73095
1McClaindist@gmail.com
District 2 - Wilson Lyles  
(405) 288-6006 or (405) 527-3117  **Fax:** (405) 527-5242  
P.O. Box 629, Purcell, Oklahoma 73080  
mcdist2@gmail.com

District 3 - Terry Daniel  
(405) 527-3360 or (405) 527-3117  **Fax:** (405) 527-5242  
P.O. Box 629, Purcell, Oklahoma 73080  
mcdist3@pldi.net

**Stephens County**  
Stephens County Courthouse  
(580) 255-4193  **Fax:** (580) 255-1771  
101 S. 11th Street, Duncan, Oklahoma 73533  
stcocomm@cableone.net

District 1 - Kreg Murphree  
(580) 658-2416 or (580) 255-4193  **Fax:** (580) 255-1771  
101 S 11th St., #200, Duncan, Oklahoma 73533  
RR 3, Box 351, Marlow, Oklahoma 73055  
stephens691@att.net/stcocomm@cableone.net

District 2 - Todd Churchman  
(580) 255-6636 or (580) 255-4193  **Fax:** (580) 255-1771  
101 S. 11th Street, #200, Duncan, Oklahoma 73533  
1805 W. Bois D’Arc, Duncan, Oklahoma 73533  
stcod2@yahoo.com / stcocomm@cableone.net

District 3 - Russell Morgan  
(580) 439-2206 or (580) 255-4193  **Fax:** (580) 255-1771  
101 S. 11th Street, #200, Duncan, Oklahoma 73533  
18256 N. 2810 Rd, Comanche, Oklahoma 73529  
stcocomm@cableone.net

**Tillman County**  
Tillman County Courthouse  
(580) 335-2156  **Fax:** (580) 335-3795  
P.O. Box 992, Frederick, Oklahoma 73542  
commoff@pldi.net

District 1 - Greg Petty  
(580) 667-5298 or (580) 335-2156  **Fax:** (580) 335-3795  
200 E. Frederick Street, Tipton, Oklahoma 73570  
21432 County Road EW 172, Tipton, Oklahoma 73570  
commoff@pldi.net
District 2 - Joe Don Dickey*
(580) 335-2374 or (580) 335-2156  Fax: (580) 335-3795
700 S. 8th Street, Frederick, Oklahoma 73542
1300 S. 15th, Frederick, Oklahoma 73542
commoff@pldi.net

District 3 - Kent Smith
(580) 597-2536 or (580) 335-2156  Fax: (580) 335-3795
600 N. Bell Road, Grandfield, Oklahoma 73546
23847 County Road EW 184, Loveland, Oklahoma 73553
commoff@pldi.net

* Denotes Chairman

COUNTY CLERKS

Caddo County
Patrice Dolch
(405) 247-6609  Fax: (405) 247-6510
Caddo County Courthouse, P.O. Box 68, Anadarko, Oklahoma 73005
caddopa@outloOklahoma.com

Comanche County
Carrie Tubbs
(580) 355-5214  Fax: (580) 357-9478
Comanche County Courthouse, 315 SW 5th, Room 304, Lawton, Oklahoma 73501
countyclerk@comanchecounty.us

Cotton County
Nikki Vardell
(580) 875-3026  Fax: (580) 875-3756
Cotton County Courthouse, 301 N. Broadway Street, Walters, Oklahoma 73572
countyclerk17@sbcglobal.net

Grady County
Jill Locke
(405) 224-7388  Fax: (405) 222-4506
Grady County Courthouse, P.O. Box 1009, Chickasha, Oklahoma 73023
glocke@gradycountyOklahoma.com

Jefferson County
Traci Smith
(580) 228-2029  Fax: (580) 228-3608
Jefferson County Courthouse, 220 N. Main Street, Rm 103, Waurika, Oklahoma 73573
jeffersonclerk2@yahoo.com
**McClain County**  
Pam Beller  
(405) 527-3360  
McClain County Courthouse, P.O. Box 629, Purcell, Oklahoma 73080  
McClainclerk@gmail.com

**Stephens County**  
Jenny Moore  
(580) 255-0977  
Fax: (580) 255-0991  
Stephens County Courthouse, 101 S. 11th, Rm 203, Duncan, Oklahoma 73533  
sccdunOklahoma@cableone.net

**Tillman County**  
Cacy Caldwell  
(580) 335-3421 X43  
Fax: (580) 335-3795  
Tillman County Courthouse, P.O. Box 992, Frederick, Oklahoma 73542  
coclerkoff@pldi.net

**CITIES AND TOWNS**

**Caddo County – Population: 29,600**  
City of Anadarko  
(405) 247-2481  
**Population: 6,762**  
P.O. Box 647, Anadarko, Oklahoma 73005

Town of Apache  
(580) 588-3505  
**Population: 1,444**  
P.O. Box 390, Apache, Oklahoma 73006

Town of Binger  
(405) 656-2426  
**Population: 672**  
P.O. Box 481, Binger, Oklahoma 73009

Town of Bridgeport  
(405) 542-7376  
**Population: 116**  
P.O. Box 368, Hinton, Oklahoma 73047

Town of Carnegie  
(580) 654-1004  
**Population: 1,723**  
P.O. Box 1075, Carnegie, Oklahoma 73015

Town of Cement  
(405) 489-3222  
**Population: 530**  
P.O. Box 337, Cement, Oklahoma 73017

Town of Cyril  
(580) 464-2411  
**Population: 1,059**  
P.O. Box 448, Cyril, Oklahoma 73029

Town of Eakly  
(405) 797-3252  
**Population: 338**  
P.O. Box 305, Eakly, Oklahoma 73033
<table>
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<tr>
<th>Town</th>
<th>Population</th>
<th>Phone Number</th>
<th>Address Details</th>
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<tbody>
<tr>
<td>Town of Fort Cobb</td>
<td>634</td>
<td>(405) 643-2682</td>
<td>P.O. Box 328, Fort Cobb, Oklahoma 73038</td>
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<tr>
<td>Town of Gracemont</td>
<td>318</td>
<td>(405) 966-2201</td>
<td>P.O. Box 40, Gracemont, Oklahoma 73042</td>
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<tr>
<td>Town of Hinton</td>
<td>3,196</td>
<td>(405) 542-3253</td>
<td>P.O. Box 159, Hinton, Oklahoma 73047</td>
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<tr>
<td>Town of Hydro</td>
<td>986</td>
<td>(405) 663-2531</td>
<td>P.O. Box 248, Hydro, Oklahoma 73048</td>
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<tr>
<td>Town of Lookeba</td>
<td>166</td>
<td>(405) 457-6361</td>
<td>P.O. Box 73, Lookeba, Oklahoma 73053</td>
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<td>Comanche County</td>
<td>124,098</td>
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<tr>
<td>City of Cache</td>
<td>2,796</td>
<td>(580) 429-3354</td>
<td>P.O. Box 466, Cache, Oklahoma 73527</td>
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<tr>
<td>Town of Chattanooga</td>
<td>461</td>
<td>(580) 597-3390</td>
<td>302 3rd Street, Chattanooga, Oklahoma 73528</td>
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<tr>
<td>City of Elgin</td>
<td>2,156</td>
<td>(580) 492-5777</td>
<td>P.O. Box 310, Elgin, Oklahoma 73538</td>
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<tr>
<td>Town of Faxon</td>
<td>136</td>
<td>(580) 591-2455</td>
<td>353 8th Street, Faxon, Oklahoma 73540</td>
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<tr>
<td>Town of Fletcher</td>
<td>1,177</td>
<td>(580) 549-6550</td>
<td>P.O. Box 448, Fletcher, Oklahoma 73541</td>
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<tr>
<td>City of Geronimo</td>
<td>1,268</td>
<td>(580) 353-5511</td>
<td>100 W. Main Street, Geronimo, Oklahoma 73543</td>
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<tr>
<td>Town of Indiahoma</td>
<td>344</td>
<td>(580) 246-3572</td>
<td>P.O. Box 38, Indiahoma, Oklahoma 73552</td>
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<tr>
<td>City of Lawton</td>
<td>96,867</td>
<td>(580) 581-3301</td>
<td>212 SW 9th Street, Lawton, Oklahoma 73501</td>
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<tr>
<td>Town of Medicine Park</td>
<td>382</td>
<td>(580) 529-2825</td>
<td>P.O. Box 231, Medicine Park, Oklahoma 73557</td>
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<tr>
<td>Town of Sterling</td>
<td>793</td>
<td>(580) 365-4445</td>
<td>P.O. Box 277, Sterling, Oklahoma 73567</td>
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</table>
Cotton County – Population: 6,193
Town of Devol Population: 151
(580) 299-3393 P.O. Box 36, Devol, Oklahoma 73531

Town of Randlett Population: 438
(580) 281-3370 P.O. Box 173, Randlett, Oklahoma 73562
Town of Temple Population: 1,102
(580) 342-6776 P.O. Box 40, Temple, Oklahoma 73568

City of Walters Population: 2,551
(580) 875-3337 P.O. Box 485, Walters, Oklahoma 73572

Grady County- Population: 16,036
Town of Alex Population: 550
(405) 785-2393 P.O. Box 27, Alex, Oklahoma 73002

Town of Amber Population: 419
(405) 222-2175 P.O. Box 3, Amber, Oklahoma 73004

Town of Bridge Creek Population: 340
(405) 381-9411 (Donna) 1089 Mesa Road, Tuttle, Oklahoma 73059

Town of Bradley Population: 182
(405) 462-7581 P.O. Box 146 Bradley, Oklahoma 73011

City of Chickasha Population: 16,036
(405) 222-6020 117 N. 4th Street Chickasha, Oklahoma 73018

City of Minco Population: 1,632
(405) 352-4274 P.O. Box 512, Minco, Oklahoma 73059

Town of Ninneah Population: 1,002
(405) 222-0882 P.O. Box 211, Ninneah, Oklahoma 73067

Town of Norge Population: 145
P.O. Box 2454, Chickasha, Oklahoma 73023

Town of Pocasset Population: 156
(405) 459-6737 P.O. Box 164, Pocasset, Oklahoma 73079

Town of Rush Springs Population: 1,231
(580) 476-3277 P.O. Box 708, Rush Springs, Oklahoma 73082

City of Tuttle Population: 6,019
(405) 381-2335 P.O. Box 10, Tuttle, Oklahoma 73089
Town of Verden  
**Population:** 530  
(405) 453-7235  
P.O. Box 206, Verden, Oklahoma 73092

**Jefferson County – Population: 6,472**

Town of Addington  
**Population:** 114  
P.O. Box 146, Addington, Oklahoma 73520

Town of Cornish  
**Population:** 161  
(580) 662-2428  
P.O. Box 333, Ringling, Oklahoma 73456

Town of Hastings  
**Population:** 114  
(580) 963-3221  
P.O. Box 67, Hastings, Oklahoma 73548

Town of Ringling  
**Population:** 1,037  
(580) 662-2264  
P.O. Box 565, Ringling, Oklahoma 73456

Town of Ryan  
**Population:** 816  
(580) 757-2277  
614 Washington, Ryan, Oklahoma 73565

Town of Sugden  
**Population:** 43  
(580) 313-0882  
214 McCabe Street, Waurika, Oklahoma 73573

Town of Terral  
**Population:** 382  
(580) 437-2337  
P.O. Box 399, Terral, Oklahoma 73569

City of Waurika  
**Population:** 2,064  
(580) 228-2713  
122 S. Main Street, Waurika, Oklahoma 73573

**McClain County – Population: 34,506**

City of Blanchard  
**Population:** 7,670  
(405) 485-9392  
P.O. Box 480, Blanchard, Oklahoma 73010

Town of Byars  
**Population:** 255  
(405) 255-4197 (Jamie Price)  
P.O. Box 251, Byars, Oklahoma 74831

Town of Cole  
**Population:** 555  
(405) 485-3532  
26887 Main Street, Blanchard, Oklahoma 73010

Town of Dibble  
**Population:** 878  
(405) 344-6659  
P.O. Box 57, Dibble, Oklahoma 73031

Town of Goldsby  
**Population:** 1,801  
(405) 288-6675  
100 E. Center Road, Goldsby, Oklahoma 73093

City of Newcastle  
**Population:** 7,685  
(405) 387-4427  
P.O. Box 179, Newcastle, Oklahoma 73065
<table>
<thead>
<tr>
<th>City/ Town</th>
<th>Population</th>
<th>Address</th>
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<tr>
<td>City of Purcell</td>
<td>5,884</td>
<td>230 W. Main, Purcell, Oklahoma 73080</td>
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<tr>
<td>Town of Rosedale</td>
<td>68</td>
<td>37710 Broadway Ave, Byars, Oklahoma 74831</td>
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<tr>
<td>Town of Washington</td>
<td>618</td>
<td>P.O. Box 127, Goldsby, Oklahoma 73093</td>
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<tr>
<td>Town of Wayne</td>
<td>688</td>
<td>P.O. Box 160, Wayne, Oklahoma 73095</td>
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<td>Stephens County – Population: 45,048</td>
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<tr>
<td>Town of Bray</td>
<td>1,209</td>
<td>3703 Highway 29, Marlow, Oklahoma 73055</td>
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<tr>
<td>Town of Central High</td>
<td>1,199</td>
<td>227266 Blackburn Road, Marlow, Oklahoma 73055</td>
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<tr>
<td>City of Comanche</td>
<td>1,663</td>
<td>500 N. Rodeo Drive, Comanche, Oklahoma 73529</td>
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<tr>
<td>City of Duncan</td>
<td>23,431</td>
<td>P.O. Box 969, Duncan, Oklahoma 73534</td>
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<tr>
<td>Town of Empire</td>
<td>1,029</td>
<td>Fax: (580) 439-8832</td>
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<td>P.O. Box 445, Comanche, Oklahoma 73529</td>
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<tr>
<td>Town of Loco</td>
<td>122</td>
<td>P.O. Box 27, Loco, Oklahoma 73442</td>
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<tr>
<td>City of Marlow</td>
<td>4,662</td>
<td>P.O. Box 113, Marlow, Oklahoma 73055</td>
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<tr>
<td>Town of Velma</td>
<td>620</td>
<td>P.O. Box 447, Velma, Oklahoma 73491</td>
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<td>Tillman County – Population: 7,992</td>
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<tr>
<td>Town of Davidson</td>
<td>315</td>
<td>P.O. Box 308, Davidson, Oklahoma 73530</td>
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<tr>
<td>City of Frederick</td>
<td>3,940</td>
<td>P.O. Box 399, Frederick, Oklahoma 73542</td>
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<td>City of Grandfield</td>
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</table>
(580) 479-5215  Drawer L, Grandfield, Oklahoma 73546

Town of Hollister  Population: 50
P.O. Box 222, Hollister, Oklahoma 73551

Town of Loveland  Population: 13
(580) 479-3390  838 Johnson Street, Loveland, Oklahoma 73553

Town of Manitou  Population: 161
(580) 397-2006  P.O. Box 40, Manitou, Oklahoma 73555

Town of Tipton  Population: 847
(580) 667-5211  100 W. Main, Tipton, Oklahoma 73570

**CHAMBERS OF COMMERCE**

**Caddo County**
Anadarko  
(405) 247-6651  
P.O. Box 366, Anadarko, Oklahoma 73005

Apache  
(580) 588-2093  
115 Evans Ave., Apache, Oklahoma 73006

Carnegie  
(580) 654-2121  
P.O. Box 96, Carnegie, Oklahoma 73015

**Comanche County**
Lawton/Ft. Sill  
(580) 355-3541  
302 W. Gore Blvd., Lawton, Oklahoma 73501

**Cotton County**
Temple  
(580) 342-5115  
125 N. Commercial Street, Temple, Oklahoma 73568

Walters  
(580) 875-3335  
116 N. Broadway St, Walters, Oklahoma 73572

**Grady County**
Chickasha
(405) 224-0787
221 W. Chickasha Avenue, Chickasha, Oklahoma 73018

Minco
(405) 352-4382
P.O. Box 451, Minco, Oklahoma 73059

**Jefferson County**
Waurika
(580) 228-2081
P.O. Box 366, Waurika, Oklahoma 73573

**McClain County**
Newcastle
(405) 387-3232
P.O. Box 1006, Newcastle, Oklahoma 73065

Purcell
(405) 527-3093
P.O. Box 923, Purcell, Oklahoma 72080

**Stephens County**
Duncan
(580) 255-3644
P.O. Box 699, Duncan, Oklahoma 73534

Marlow
(580) 658-2212 or (580) 641-0440
223 W. Main, Marlow, Oklahoma 73055

**Tillman County**
Frederick
(580) 335-2126
105 S. Main, Frederick, Oklahoma 73542
ABUSE

Adult Abuse Hotline
(800) 522-3511

Adult Protective Services
Website: Oklahomadhs.org/services/aps/Pages/default

County Offices:
Caddo County  (405) 247-4000
Comanche County  (580) 250-3600
Cotton County  (580) 875-4000
Grady County  (405) 574-7400
Jefferson County  (580) 228-3581
McClain County  (405) 527-6511
Stephens County  (580) 251-8300
Tillman County  (580) 335-6800

ASCOG Ombudsman
(800) 658-1466 or (580) 736-7974 or (580) 736-7975
804 W. Main Street/P.O. Box 1647 Duncan, Oklahoma 73534

Child Abuse Hotline
24 Hour Statewide Hotline (800) 522-3511

Elder Abuse Hotline
(800) 522-3511

ADULT DAYCARE SERVICES

Comanche County

Nora O'Neal Adult Day Care Center
(580) 351-0207
631 SW E Avenue, Lawton, Oklahoma 73501
noraoneal.net

Goodwill Wintergreen Adult Day Services
(580) 248-9313
923 Hilltop Drive, Lawton, Oklahoma 73505
goodwillsont.org

**ADVOCACY SERVICES**

Alcoholics Anonymous  (405) 524-1100  aaOklahoma.org

Alzheimer’s Association  
(800) 272-3900 or (580) 699-2877  
6425 NW Cache Road, Suite 102, Lawton, Oklahoma 73505  
alz.org

Alzheimer’s Foundation of America  (866) 232-8484

American Association of Retired Persons (AARP)  
(800) 424-3410  
8144 Walnut Hill Lane, Dallas, Texas 75231  
aarp.org

American Cancer Society of Comanche County  
1320 NW Homestead Drive, Suite D, Lawton, Oklahoma 73505  
cancer.org

American Council of the Blind  
(800) 424-8666 or (202) 467-5081  
1703 N. Beauregard Street, Suite 420, Arlington, Virginia 22301  
acb.org

American Diabetes Association  
3000 United Founders Blvd, Suite. 108, Oklahoma City, Oklahoma 73112  
diabetes.org

Arthritis Foundation of Oklahoma  
(800) 627-5486 or (405) 936-3366  
710 W. Wilshire Creek, Suite 101, Oklahoma City, Oklahoma 73116  
arthritis.org/Oklahoma

American Heart Association  
(800) 242-8721  
5700 N. Portland, Suite 203, Oklahoma City, Oklahoma 73112  
heart.org

American Lung Association  
800.588.4872 or (405) 748-4674  
1212 May Avenue #405, Oklahoma City, Oklahoma 73120
Centers for Disease Control and Prevention  
(800) 232-4636  
cdc.gov  
Epilepsy Association of the Sooner State  
(405) 271-3232 or (800) 503-9864  
711 Stanton L. Young Blvd., Suite 550, Oklahoma City, Oklahoma 73104

Federal Bureau of Investigation (FBI) (Oklahoma City Office)  
(405) 290-7770  
fbi.gov  
Federal Bureau of Alcohol, Tobacco and Firearms (ATF) (Oklahoma City Office)  
(800) 800-3855  
atf.gov

Foster Grandparent Program- Delta Community Action  
(580) 255-3222  
921 Maple, Duncan, Oklahoma 73533

Missing and Exploited Children National Hotline  
(800) 843-5678  
missingkids.com  
National Fraud and Information Center  
(800) 876-7060  
fraud.org  
National Parkinson Foundation  
(800) 473-4636  
200 SE 1st Street, Suite 800, Miami, Florida 33131  
1359 Brodd, Ste. 1504, New York, New York 10018  
parkinson.org

National Runaway Switchboard  
(800) 786-2929  
1800runaway.org

Oklahoma Alliance on Aging  
(405) 943-1895  
3200 NW 48th Street, Room 2222, Oklahoma City, Oklahoma 73112  
Oklahomadhsdrs.org/drupal/guide/Oklahoma-Alliance-aging

Oklahoma Bureau of Narcotics and Dangerous Drugs Control  
(800) 522-8031
Oklahoma.gov/obnnd

Oklahoma Corporation Commission
(800) 522-8154
occeweb.com
Oklahoma Dental Association
(800) 876-8890 or (405) 848-8873
317 NE 13th Street, Oklahoma City, Oklahoma 73104
Oklahomada.org

Oklahoma Environmental Quality, Spills & Complaint Hotline
(800) 522-0206
deq.state.Oklahoma.us

Oklahoma Highway Patrol (Lawton Office)
(580) 353-0783
dps.state.Oklahoma.us/ohp

Oklahoma Insurance Department
(800) 522-0071
oid.Oklahoma.gov

Oklahoma State Bureau of Investigation (OSBI – Oklahoma City Office)
(800) 522-8017
Oklahoma.gov/osbi

Oklahoma State Council on Aging
(405) 522-3069
2401 NW 23rd Street, Suite 40, Oklahoma City, Oklahoma 73107

Oklahoma Suicide Hotline
(800) 273-8255
suicide.org
Suicidepreventionlifeline.org

Poison Control Center
(800) 222-1222
Oklahomapoison.org

Senior Health Insurance Counseling
(800) 763-2828
2401 NW 23rd Street, Suite 28, Oklahoma City, Oklahoma 73107
medicareassistance.com

Teen Dating Abuse Helpline
(866) 331-9474
loveisrespect.org

Toxic Chemical & Oil Spills & Terrorists Threats
(800) 424-8802

U.S. Drug Enforcement Administration (DEA) (Oklahoma City Office)
(405) 475-7500
dea.gov

U.S. Marshal Service (Oklahoma City Office)
(405) 231-4206
usmarshals.gov

U.S. Secret Service (Oklahoma City Office)
(405) 272-0630
secretservice.gov

Women's Resource Center
(405) 364-9424 P.O. Box 5089 Norman, Oklahoma 73070
wrcnormanOklahoma.com
AMBULANCE SERVICES

If you are not sure who to call ALL EMERGENCY SERVICES MAY BE REACHED BY DIALING “911”. The operator will send the appropriate response team.

Caddo County
Anadarko Fire Department EMS
(405) 247-3871 115 W. Kentucky, Anadarko, Oklahoma 73005

Apache Ambulance Service
(580) 588-2424 204 W. Evans Street, Apache, Oklahoma 73006

Carnegie Tri-County Municipal Hospital
102 S. Broadway Avenue, Carnegie, Oklahoma 73015

Cyril Ambulance Service
(405) 464-2206 202 W. Main Street, Cyril, Oklahoma 73029

Comanche County
Comanche County Memorial Hospital Ambulance Service
(580) 585-5555 1301 SW 30th Street, Lawton, Oklahoma 73501

Geronimo Fire Department
(580) 248-8827 100 W. Main Street, Geronimo, Oklahoma 73543

Kirk’s Ambulance Service
(580) 355-6500 1616 SW F Street, Lawton, Oklahoma 73501

Survival Flight
Comanche County Memorial Hospital
3401 W. Gore Blvd., Lawton, Oklahoma 73505
1208 Maple Street, Altus, Oklahoma 73521

Grady County
Chickasha Fire Department EMS
(405) 222-6035 1700 Harly Day Dr., Chickasha, Oklahoma 73018

Rush Springs EMS
(580) 476-3438 201 W. Blakely, Rush Springs, Oklahoma 73082

Tuttle EMS
(405) 381-2335
Jefferson County  
Waurika EMS  
(580) 228-7044  
121 S. Main Street, Waurika, Oklahoma 73573  

McClain County  
Wadley’s EMS, Inc  
(405) 527-5555  
402 W. Washington Street, Purcell, Oklahoma 73080  

Stephens County  
American Medical Response  
(580) 252-4512  
616 N. Hwy 81, Unit 21175, Duncan, Oklahoma 73533  
amr.net/Locations/Operations/Oklahoma/Stephens-County  

Air Evacuation Life Team 25  
(580) 786-2549  
2702 S. 13th Street, Duncan, Oklahoma 73533  
lifeTeam.net  

Velma Community Ambulance  
(580) 444-2522  

ASSISTED LIVING\RETIREMENT HOMES\NURSING HOMES  

Caddo County  
Binger Nursing Home  
(405) 656-2302  
Highway 281 North, Binger, Oklahoma 73009  

Carnegie Nursing Home  
(580) 654-1439  
225 N. Broadway, Carnegie, Oklahoma 73015  

Anadarko Nursing and Rehabilitation  
(405) 247-3346  
300 W. Washington Avenue, Anadarko, Oklahoma 73005  

Comanche County  
Benjamin O. Davis High Rise  
(580) 353-5242  
620 S. E Avenue Lawton, Oklahoma 73501  

Brookridge Retirement Community  
(580) 536-9700  
7802 NW Quanah Parker Trailway, Lawton, Oklahoma 73505  
broOklahomaridgeliving.com  

Cedar Crest Manor  
(580) 355-1616  
1700 Ft. Sill Blvd., Lawton, Oklahoma 73507  
cedarcrestmanor.org  

Comanche County Memorial Hospital - Nursing Transition Unit
Edith Kassanavoid Gordon - Assisted Living Center  
(580) 699-3736 or (580) 699-3749  
1001 SE 36th Street, Lawton, Oklahoma 73501

Lawton/Fort Sill Veterans Center  
(580) 351-6511  
501 SE Flower Mound Road, Lawton, Oklahoma 73501

McMahon Tomlinson Nursing and Rehabilitation Center  
(580) 357-3240  
2007 NW 52nd Street, Lawton, Oklahoma 73505

Montevista Rehabilitation & Skilled Care  
(580) 536-2866  
7604 Quanah Parker Trailway, Lawton, Oklahoma 73505

Ten Oaks Place  
(580) 353-1190  
3610 SE Huntington Circle, Lawton, Oklahoma 73501

The Chateau of Lawton - Retirement Community  
(580) 536-6800  
6301 SW Lee Blvd., Lawton, Oklahoma 73505

The Brentwood Senior Living  
(580) 536-4848  
6920 W. Lee Blvd., Lawton, Oklahoma 73505

Willow Park Health Care Center  
(580) 536-1279  
7019 NW Cache Road, Lawton, Oklahoma 73505

**Cotton County**

Temple Manor Nursing Home  
(580) 342-6228  
100 W. Green Avenue Temple, Oklahoma 73568

**Grady County**

Sterling House of Chickasha  
(405) 224-8300  
801 Country Club Road, Chickasha, Oklahoma 73018

Chickasha Nursing Home  
(405) 224-3593  
2700 S. 9th Street, Chickasha, Oklahoma 73018
Grace Living Center  
(405) 224-6456  2300 W. Iowa Avenue, Chickasha, Oklahoma 73018  
gracelivingcenters.com/chickasha

Glenhaven Retirement Village  
(405) 224-1351  3003 Iowa Avenue, Chickasha, Oklahoma 73018  
glenhavencorp.com

Shannon Springs Residence  
(405) 224-1397  2500 S. 12th Street, Chickasha, Oklahoma 73018

Tuttle Care Center  
(405) 381-3363  104 SE 4th Street, Tuttle, Oklahoma 73089

Jefferson County  
Westbrook Healthcare, Inc.  
(580) 228-2363  1100 N. Ash, Waurika, Oklahoma 73573

McClain County  
Purcell Care Center  
(405) 527-7798  801 N. 6th, Purcell, Oklahoma 73080

Senior Village Nursing Home  
(405) 485-3315  1104 N. Madison, Blanchard, Oklahoma 73010

Sunset Estates of Purcell, Inc.  
(405) 527-2122  915 N. 7th Avenue, Purcell, Oklahoma 73080

Westbrook Gardens Senior Living Community  
(405) 294-2952  1215 Westbrook Blvd., Purcell, Oklahoma 73080

Stephens County  
Ashbrook Village Assisted Living  
(580) 252-8300  915 W. Plato Road, Duncan, Oklahoma 73533

Canoe Brook Assisted Living  
(580) 252-3337  415 Chisholm Trail Pkwy., Duncan, Oklahoma 73533

Chisholm Trail Assisted Living  
(580) 470-8700  625 Chisholm Trail Pkwy., Duncan, Oklahoma 73533

Country Club Care  
(580) 255-4600  1904 N. Highway 81, Duncan, Oklahoma 73533

Duncan Community Residence  
(580) 255-3926  1510 W. Main Street, Duncan, Oklahoma 73534
duncancommunityresidence.com

Gregston Nursing Home
(580) 658-2319  711 S. Broadway Street, Marlow, Oklahoma 73055
Marlow Manor
(580) 658-5468  702 S. 9th Street, Marlow, Oklahoma 73055

Meridian Nursing Home, Inc.
(580) 255-5522  RR 2, Meridian Road, Comanche, Oklahoma 73529

West Wind Assisted Living
(580) 658-1200  111 N. 9th Street, Marlow, Oklahoma 73055
westwindassistedliving.com

Wilkins Nursing Center
(580) 252-3955  1205 S. 4th, Duncan, Oklahoma 73533
wilkinsnursingcenter.com

Tillman County
Memorial Nursing Center
(580) 335-7565  319 E. Josephine Avenue, Frederick, Oklahoma 73542

CENTENARIAN CLUB OF OKLAHOMA
(918) 510-0150 - 24 hour cell phone
3119 S. Jamestown, Tulsa, Oklahoma 74135
eghelmuth@aol.com

CENTERS FOR INDEPENDENT LIVING

Progressive Independence
(405) 321-3203
121 N. Porter Avenue, Norman, Oklahoma 73071
jlhughes@progind.org
CHARITABLE ORGANIZATIONS

Comanche County
Catholic Charities – Lawton Regional Office
(580) 353-1811 106 SW A Avenue, Lawton, Oklahoma 73501

Lawton Food Bank
(580) 353-7994 1819 SW Sheridan Rd., Lawton, Oklahoma 73505

Operation C.A.R.E. Ministries
(580) 318-2490 opcares@att.net opcarehelps.com
221 W. Walnut, Altus, Oklahoma 73521
- Utility Bills
- Clothing
- Food
- Medical Prescriptions
- Emergency Travel
- Emergency Lodging
- Budget Planning

Salvation Army Corps Community Center
(580) 355-1802 1306 E Avenue, Lawton, Oklahoma 73501
salvationarmyaOklahoma.org

United Way of Southwest Oklahoma
(580) 355-0218 1116 SW A Avenue, Lawton, Oklahoma 73502
uwswOklahoma.org

Jefferson County
Department of Human Services Food Closet - Jefferson County Helping Hands
(580) 228-3581 P.O. Box 180, Waurika, Oklahoma 73573

First Baptist Church, Food Bank
1001 Taylor Street, Ryan, Oklahoma 73565

First State Bank
(580) 757-2221 Ryan, Oklahoma 73565

Stephens County
AMBUCS (Duncan Chapter)
(580) 255-5825 P.O. Box 1354, Duncan, Oklahoma 73534

Christians Concerned
(580) 252-9120  P.O. Box 811, Duncan, Oklahoma 73534

Christian Helping Hands
(580) 439-5712  608 Oak Man Avenue, Comanche, Oklahoma 73529

Duncan Chisholm Trail Kiwanis Club
P.O. Box 661, Duncan, Oklahoma 73534

Duncan Jaycees
P.O. Box 1402, Duncan, Oklahoma 73534

Marlow Samaritans
(580) 658-5771  214 W. Main, Marlow, Oklahoma 73055

Ray of Hope Church – Food Closet
(580) 252-7772  Hwy 81 & Refinery Road, Duncan, Oklahoma 73533
rohchurch.org

United Way of Stephens County
(580) 255-3648  16 S. 8th Street, Duncan, Oklahoma 73533
unitedwayofsc.org

COMMUNITY ACTION PROGRAM AGENCIES

Delta Community Action Foundation
Karen Nichols, Executive Director
(405) 756-1100  308 SW 2nd Street, Lindsay, Oklahoma 73052
(580) 255-3222  921 W. Maple Duncan, Oklahoma 73533
(405) 238-3838  225 W. McClure Avenue, Paul’s Valley, Oklahoma 73075

Great Plains Improvement Foundation, Inc.
Virginia Spencer, Executive Director
(580) 353-2364  2 SE Lee Blvd., Suite 200, Lawton, Oklahoma 73501

Rural Enterprises Community Action Program
Brent Morey, Executive Director
(580) 335-5588  105 S. Main Street/P.O. Box 989, Frederick, Oklahoma 73542

Washita Valley Community Action Program
Sharlotte Key, Executive Director
(405) 224-5831  1000 W. Minnesota Avenue, Chickasha, Oklahoma 73018
COUNSELING SERVICES

**Comanche County**
American Cancer Society  
(580) 353-8145  1320 NW Homestead Drive, Lawton, Oklahoma 73505

Cameron Psychology Clinic  
(580) 581-3153  275 SW 27th Street, Lawton, Oklahoma 73505

Compassionate Friends – Grief Support  
(580) 678-9024  211 SW A Avenue, Lawton, Oklahoma 73501  
6:30 p.m. on the 1st Thursday of the Month

David Howenstine Drug and Alcohol Counseling  
(580) 510-0069  6425 NW Cache Road, Lawton, Oklahoma 73505

Lawton 1st Assembly-DeAnn Gatlin  
(580) 678-6192  82nd and Quanah Parker Trailway, Lawton, Oklahoma

Heartbeat Grief Support Group  
(580) 536-7078  Memorial Hospital Oakwood Room 4, Lawton, Oklahoma

Marie Detty Youth and Family Services  
(580) 250-1123  317 C Avenue, Lawton, Oklahoma 73501  
mariedetty.com

NAMI – Mental Health Support Group  
(580) 583-8126  Memorial Hospital, Lawton, Oklahoma

Oklahoma Chapter of Alzheimer’s Association  
(580) 699-2877  6425 NW Cache Road, Suite 102, Lawton, Oklahoma 73505

Ostomy Support Group  
(580) 536-9950  Centenary United Methodist, Lawton, Oklahoma

Silent War Foundation  
(580) 704-9274  1315 NW Sheridan Road, Lawton, Oklahoma 73505

Taliaferro Community Mental Health Center  
(580) 248-5780  602 SW 38th Street, Lawton, Oklahoma 73505

**Stephens County**
Gillispie Counseling Services  
(580) 606-6577  23 N. 8th Street, Duncan, Oklahoma 73533
Southwest Oklahoma
Christian Family Counseling Services - Duncan Office
(580) 255-2458 101 N. 14th Street, Duncan, Oklahoma 73533

Christian Family Counseling Services - Lawton Office
(580) 531-4512 5002 SW Lee Blvd., Lawton, Oklahoma 73505
cfccOklahoma.org

Multi County Counseling
(580) 581-1818 1719 SW 11th Street, Lawton, Oklahoma 73501
In Home Counseling provided in Comanche, Stephens and Jefferson Counties

DENTAL CARE

Caddo County
Anadarko Denture Clinic
(800) 248-9848 21141 County Road 1310, Anadarko, OKLAHOMA 73005

Comanche County
Phillip L. Aday, DDS
(580) 248-2225 1116 NW Arlington Avenue, Lawton Oklahoma 73507

Aspen Dental
(580) 713-0984 1758 NW 92nd Street, Lawton, Oklahoma 73505

Bridges Dentistry
(580) 248-6700 1802 NW 52nd Street, Lawton, Oklahoma 73505

Bonnie L. Burton, DDS
(580) 536-2662 1320 NW Homestead Drive, Lawton, Oklahoma 73505

Calvary Baptist Dental Clinic
(580) 353-2008 calvarybaptistlawton.org/dental-clinic/

Wuse H. Cara, DDS
(580) 355-2345 1116 NW Arlington, Lawton, Oklahoma 73501

William Carter, Jr., DDS
(580) 357-4943 6740 NW Cache Road, Lawton, Oklahoma 73505

David J. Drummond, DDS
(580) 355-0344 4006 NW Cache Road Lawton, Oklahoma 73505
David Harrell, DDS  
(580) 248.7333  
4417 W. Gore Wolf Creek, Suite 10, Lawton, Oklahoma 73505

Michael Jackson, DDS  
(580) 357-7878  
309 NW Sheridan Road, Lawton, Oklahoma 73505

Lutz Family Dentistry  
(580) 355-2000  
60 NW Sheridan, Suite 7, Lawton, Oklahoma 73505

Jack L. McKinnis  
(580) 357-1581  
2101 NW Ferris Avenue, Lawton, Oklahoma 73501

Robert Miracle, DDS  
(580) 355-1314  
1810 NW Ferris Avenue, Lawton, Oklahoma 73507

Andrea Montgomery, DDS  
Patrick Montgomery, DDS  
(580) 536-3313  
725 NW 67th Street, Duncan, Oklahoma 73505

Robert Muller, DDS  
(580) 536-7172  
1301 NW 63rd Street, Lawton, Oklahoma 73501

My Dentist  
(580) 699-8802  
2111 NW Cache Road, Lawton, Oklahoma 73505

Ocean Dental  
(580) 595-9492  
5314 NW Cache Road, Lawton, Oklahoma 73505

Sheppard Family Dental Care  
(580) 355-3065  
4206 SW Lee Blvd., Lawton, Oklahoma 73505

Brett R. Warn, DDS  
(580) 248.4224  
5103 NW Cache Road, Lawton, Oklahoma 73505

**Grady County**

29th Street Dental Care  
(405) 222-0222  
2900 W. Grand Avenue, Chickasha, Oklahoma 73018

Richard L. Johnson  
(405) 222-0900  
621 W. Grand Avenue, Chickasha, Oklahoma 73018

**Stephens County**

William Beeson, DDS  
(580) 252-7502  
2815B W. Elk Avenue, Duncan, Oklahoma 73533

Gerald D. Davis, DDS  
(580) 255-3570  
1309 Jackie Road, Duncan, Oklahoma 73533
My Dentist  
(580) 252-2056  1408 N. Highway 81, Duncan, Oklahoma 73533

Steven W. Gregg, DDS  
(580) 252-5480  1022 W. Main Street, Duncan, Oklahoma 73533

Michael E. Nelson, DDS  
(580) 252-4293  2025 W. Elk Avenue, Duncan, Oklahoma 73533

Matthew Bridges, DDS  
(580) 255-4880  2035 W. Elk, Duncan, Oklahoma 73533

Rob Schick, DDS  
(580) 255-6621  1007 W. Oak Avenue, Duncan, OKLAHOMA 73533

Scott Family Dentistry  
(580) 658-5464  1919 S. Broadway, Marlow, Oklahoma 73055

Jay Lynn White, DDS  
(580) 252-9422  1502 W. Main Street, Duncan, Oklahoma 73533
DEVELOPMENTAL DISABILITY SERVICE PROVIDERS

Apex  
(405) 247-7377  
P.O. Box 804, Anadarko, Oklahoma 73005  
office@apexOklahoma.com

Goodwill Industries of Southwest Oklahoma  
(580) 355.2163  
1210 SW Summit, Lawton, Oklahoma 73501  
jcrews@goodwillsont.org

Ability First  
(580) 252-8000  
1301 W. Main Street, Duncan, Oklahoma 73533  
dgh73533@sbcglobal.net

DISABILITY SERVICES

Central Oklahoma Association for the Deaf  
(405) 241-5882  
4501 Classen Blvd., #109, Oklahoma City, OKLAHOMA 73118  
occf.org

Disabled American Veterans  
(405) 521-0758  
2311 N. Central Avenue, Suite 1000B, Oklahoma City, OKLAHOMA 73105  
Oklomadav.org

Duncan Group Homes/Think Ability First  
(580) 252-8000  
1301 W. Main Street, Duncan, Oklahoma 73533

Oklahoma Department of Rehabilitation  
(800) 845-8476  
(405) 951-3400  
3535 NW 58th Street, Suite 500, Oklahoma City, Oklahoma 73112  
Oklomadav.org

Office of Disability Concerns  
(800) 522-8224  
(405) 521-3756  
1111 N. Lee Avenue, Suite 500, Oklahoma City, Oklahoma 73103  
Oklahoma.gov/odc

Oklahoma Library for the Blind and Physically Handicapped  
(800) 523-0288  
(405) 521-3514  
300 NE 18th Street, Oklahoma City, Oklahoma 73105  
library.state.oklahoma.us
Services to the Deaf and Hearing Impaired
(800) 833-8973 (405) 522-7930
2401 NW 23rd, Suite 51, Oklahoma City, Oklahoma 73107
SDHH@Oklahomadrs.gov

Visual Services Department of Rehabilitation
(800) 845-8476 (405) 951-3400
3535 NW 58th Street, Suite 500, Oklahoma City, Oklahoma 73112
klohr@Oklahomadrs.gov

**DISASTER PREPAREDNESS**

AARP Foundation Disaster Preparedness Tips for Seniors - Disaster Plan Video
www.aarp.org/aarp-foundation/

Emergency Preparedness
ready.gov/

Oklahoma Emergency Management (OEM)
Provides tips on Creating an Emergency Plan; Winter Weather Safety; Wildfire Safety; Tornado Safety; Flood Safety; Lightning Safety; Earthquake Safety
(405) 521-2481
P.O. Box 53365, Oklahoma City, Oklahoma 73152
Oklahoma.gov/oem/

OKLAHOMA-WARN for Hearing Impaired/Deaf
OKLAHOMA-WARN is a new way for deaf and hard-of-hearing people to receive timely notification of weather hazards in the state of Oklahoma. The program was created to help ease the fears of deaf and hard-of-hearing individuals who may have difficulty receiving lifesaving warnings.

OKLAHOMA-WARN is a customized database program that sends out critical weather information to alphanumeric pagers and e-mail addresses. For more information go to: Oklahoma.gov/OEM/Programs_&_Services/OKLAHOMA-WARN/

**DOMESTIC VIOLENCE/SEXUAL ABUSE/SEXUAL ASSAULT**

ACMI House, Inc.
(580) 482-3800 P.O. Box 1088, Altus, Oklahoma 73522

Domestic Violence Hotline
(800) 799-8233
thehotline.org
Domestic Violence & Rape Hotline - Jefferson & Stephens Counties
(580) 252-4357

Marie Detty New Directions Women’s Shelter
(580) 357-6141 317 C Avenue, Lawton, Oklahoma 73501
mariedetty.com

Safe Center
(580) 252-5324 P.O. Box 555, Duncan, Oklahoma 73534

Women’s Resource Center, Inc.
(405) 364-9424 P.O. Box 5089, Norman, Oklahoma 73070
wrcnormanOklahoma.com

EDUCATION

ASCOG Area Universities
Cameron University
Dr. John McArthur, President
(580) 581-2230
2800 W. Gore Blvd., Lawton, Oklahoma 73505
cameron.edu

University of Science & Arts of Oklahoma
Dr. John Feaver, President
(405) 224-3140
1727 W. Alabama, Chickasha, Oklahoma 73018
usao.edu/

Cameron University – Duncan
Susan Camp, Administrator
(580) 255-7566
3100 W. Bois D’Arc Avenue, Duncan, Oklahoma 73533
cameron.edu/duncan/services

Ft. Sill Army Continuing Education System (ACES)
(580) 442-3201
Harry S. Truman Education Center, Building 3281 Sheridan Road, Ft. Sill, Oklahoma 73503

ASCOG Area Technology Centers
Caddo Kiowa
Tony Handcock, Superintendent
(405) 643-5511 P.O. Box 190, Fort Cobb, Oklahoma 73038
caddokiowa.com
Canadian Valley - Chickasha Campus  
Ronnie Bogle, Campus Director  
(405) 224-7220  
1401 Michigan Avenue, Chickasha, Oklahoma 73018  
cvtech.edu/

Great Plains  
Dr. Tom Thomas, Superintendent  
(580) 355-6371  
4500 SW Lee, Lawton, Oklahoma 73505  
greatplains.edu

Great Plains Tillman/Kiowa Counties Campus  
Clarence Fortney, Director  
(580) 335-5525  
2001 E. Gladstone Avenue, Frederick, Oklahoma 73542  
greatplains.edu/tillman-kiowa-campus

Mid-America Technology Center  
Dusty Ricks, Superintendent  
(405) 449-3391  
P.O. Box H, Wayne, Oklahoma 73095  
matech.edu

Red River Technology Center  
Dennis Loafman, Superintendent  
(580) 255-2903  
P.O. Box 1807, Duncan, Oklahoma 73534  
rrtc.edu

ELDERCARE  
(800) 677-1116

EMERGENCY ASSISTANCE

State of Oklahoma  
Temporary Assistance for Needy Families (TANF)  
(866) 411-1877

Comanche County  
Chattanooga Police Chief: Rob Stallcup  
(580) 512-9122  
P.O. Box 165, 302 3rd Street, Chattanooga, Oklahoma 73528  
chattychief@pldi.net

Phone Alert League Program (PAL)  
(580) 248-0471  
3501 Dr. Elise Hamm Dr. Avenue, Lawton, Oklahoma 73505
**Stephens County**
Christian’s Concerned
(580) 252-9120  P.O. Box 811, Duncan, Oklahoma 73533

Corey’s Hands of Hope
(580) 786-0038  516 N. 7th Street, Duncan, Oklahoma 73533

Marlow Samaritans
(580) 658-5771  214 W. Main Street, Marlow, Oklahoma 73055

**EMERGENCY MANAGEMENT SERVICES**

American Red Cross – Great Plains Chapter  
6 SE Lee Blvd., Lawton, OKLAHOMA 73501  
**Counties Served:** Comanche, Cotton, Jefferson, Stephens and Tillman  
redcross.org

American Red Cross – Heart of Oklahoma Chapter  
(405) 321-0591  1205 Halley Avenue, Norman, Oklahoma 73069  
**County Served:** McClain  
redcross.org

American Red Cross – Canadian Valley Chapter  
(405) 262-5760  401 S. Grand Avenue, El Reno, Oklahoma 73036  
**County Served:** Caddo  
redcross.org

American Red Cross – Central Oklahoma Chapter  
(405) 228-9500  601 NE 6th Street, Oklahoma City, Oklahoma 73104  
**County Served:** Grady  
redcross.org

**EYE CARE**

**Comanche County**  
Advanced Eye Site  
(580) 353-2015  3414 NW Cache Road, Suite E, Lawton, Oklahoma 73505

Complete Eye Care  
(580) 355-2020  4250 NW Cache Road, Lawton, Oklahoma 73505

Complete Eye Care  
(580) 248-5280  409 SW C Avenue, Lawton, Oklahoma 73501

Eye Care on Gore
(580) 355-3036 or (580) 248-EYES  1415 W. Gore Blvd., Lawton, Oklahoma 73502

Family Vision Clinic
(580) 355-1298  1302 SW C Avenue, Lawton, Oklahoma 73501

Dean Nolan, OD
(580) 353-2015  3414 NW Cache Road, Suite E, Lawton, Oklahoma 73505

Richard S. Swales, OD
(580) 357-6911  2518 West Gore Blvd., Lawton, Oklahoma 73505

Lawton Noon Lions
President: Yasmin Malone
(580) 917-3812  920 S. Sheridan Rd., Lawton, Oklahoma 73505

Comanche Fairgrounds, Great Plains Coliseum
Brett Wagner, OD
(580) 536-0000  5606 SW Lee Blvd., Suite 301, Lawton, Oklahoma 73505

**Stephens County**

Jody W. Atchley, OD
Jeffrey W. Edwards
(580) 255-9717  2204 N. Hwy 81, Duncan, Oklahoma 73533

Brendhan Fritts, OD PC
(580) 255-1346  14 S. 8th Street, Duncan, Oklahoma 73533

Ronny M. LaQuey, OD FAAO
(580) 255-0249  2120 W. Elk Avenue, Suite 1, Duncan, Oklahoma 73533

Miller Eye Care
(580) 255-2501  1311 Jackie Road, Duncan, Oklahoma 73533

Donald C. Rice, OD
(580) 255-0988  1320 W. Main, Duncan, Oklahoma 73533

Timothy P. Walker OD
(580) 255-7399  1601 Jones, Duncan, Oklahoma 73533

Wesley J. Walker, OD
(580) 658-6664  405 S. Broadway, Marlow, Oklahoma 73055
FOOD PANTRIES

Caddo County
Apache Ministerial Alliance
(580) 588-2426 First United Methodist, Apache, Oklahoma 73006
Christian Center of Anadarko, Anadarko, Oklahoma 73005

Comanche County
Armed Services YMCA, Lawton, Oklahoma 73501
(580) 355-5520

Bethlehem Bread of Life Food/Clothing Ministry, Lawton, Oklahoma 73501
(580) 354-9266

Centenary United Methodist Church
(580) 355-5660
4th Saturday of the month

House of Bread Ministries Church Food Pantry, Lawton, Oklahoma 73507
(580) 248-8519

Lawton 1st Assembly
Fill in the online form, you will be contacted to make an appointment at lawtonfirst.org/food.

Lawton Food Bank, Lawton, Oklahoma 73505
(580) 353-7994

Lunch House of Bread Ministries
(580) 248-8519 or (580) 514-5102 1415 SW Wisconsin, Lawton, Oklahoma 73501
4th Saturday of the month 1:30 – 3:30

Salvation Army Corps Community Center
(580) 355-0399 1306 E Avenue, Lawton, Oklahoma 73501

St. John’s Baptist – Food Ministry
(580) 357-3742 504 SW N H Jones Avenue, Lawton, Oklahoma 73501
6 days a week 11:30 – 12:30

Cotton County
Cotton County Community Action Development Corporation, Temple, Oklahoma 73568
(580) 342-6967

First Baptist Church, Walters, Oklahoma 73572
Grady County
First Baptist Church, Chickasha, Oklahoma 73018
(405) 224-5196

Salvation Army Chickasha, Oklahoma 73018
(405) 224-5647

Southern Oaks Church of Christ Chickasha, Oklahoma 73018
(405) 224-1821

Jefferson County
Community Action Development Corp, Ryan, Oklahoma 73565
(580) 757-2235

Oklahoma Department of Human Services, Waurika, Oklahoma 73573
(580) 228-3581

McClain County
Community Center, Dibble, Oklahoma 73031
(405) 344-6789

Fervent Fire Ministries, Blanchard, Oklahoma 73010
(405) 485-3777

Goldsby Baptist Church, Goldsby, Oklahoma 73093
(405) 288-2514

McClain County Salvation Army, Purcell, Oklahoma 73080
(405) 573-5081

Memorial Assembly of God Purcell, Oklahoma 73080
(405) 527-2769

Stephens County
Assumption Catholic Church, Duncan, Oklahoma 73533
(580) 255-0590

Chisholm Trail, Duncan, Oklahoma 73533
(580) 255-7038

Christian Helping Hands,
608 Oak Main, Comanche, Oklahoma 73529
(580) 439-5712
Compassion Care Center,
802 N. 10th, Duncan, Oklahoma 73533
(580) 255-2650

Immanuel Baptist Church, Duncan, Oklahoma 73533
(580) 255-0467

Oklahoma Department of Human Service, Duncan, Oklahoma 73533
(580) 251-8300

Ray of Hope Ministries, Comanche, Oklahoma 73529
(580) 252-7772

Rescue Mission, Duncan, Oklahoma 73533
(580) 255-4679

**Tillman County**
First Baptist Church, Frederick, Oklahoma 73542
(580) 335-2166

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**FUNERAL SERVICES**

**Caddo County**
Crews Funeral Home
(580) 588-3366 122 E. Floyd Street, Apache, Oklahoma 73006
crewsfh.com

Cyril Funeral Home
(405) 464-2222 5th & Nebraska, Cyril, Oklahoma 73029
crewsfh.com

Fort Cobb Funeral Home
(405) 643-2622 306 N. 3rd Street, Fort Cobb, Oklahoma 73038

Hinton-Turner Funeral Home
(405) 542-3222 123 W. Park Street, Hinton, Oklahoma 73047
turnerfh.net

Ray & Martha’s Funeral Home
(580) 726-5800 20 W. Main Street, Carnegie, Oklahoma 73015
rayandmarthas.com

Smith Funeral Chapel
(405) 247-3701 301 W. Oklahoma, Anadarko, Oklahoma 73005
Comanche County
Becker-Rabon Funeral Home
(580) 353-3030 1502 Ft. Sill Blvd., Lawton, Oklahoma 73507
beckerfuneral.com

Cache Funeral Home
(580) 429-0211 407 W. D Avenue, Cache, Oklahoma 73527

Comanche Nation Funeral Home
(580) 351-0045 2701 SW J Street, Lawton, Oklahoma 73505

Lawton Ritter Gray Funeral Home
(580) 353-2940 632 SW C Avenue, Lawton, Oklahoma 73501
grayfuneral.com

Miller’s Mortuary
(580) 353-9945 15 NW Dearborn Avenue, Lawton, Oklahoma 73507

Sunset Memorial Gardens
(580) 536-1065 8900 NW Cache Road, Lawton, Oklahoma 73505

Whinery Huddleston Funeral Service
(580) 536-0211 6210 NW Cache Road, Lawton, Oklahoma 73505
whineryhuddleston.com

Grady County
Callaway-Smith-Cobb Chapel
(580) 476-3403 326 W. Blakely, Rush Springs, Oklahoma 73082
callawaysmithcobb.com

Brown Thomas Funeral Home
(405) 224-7258 401 S. 1st Street, Chickasha, Oklahoma 73018

Ferguson Funeral Home
(405) 224-1344 804 Utah, Chickasha, Oklahoma 73018
ferguson-funeralhome.com
Huber Benson Funeral Home  
(405) 352-4355  301 N. 3rd Street, Minco, Oklahoma 73059

McRay Funeral Home  
(405) 224-4141  110 S. 8th Street, Chickasha, Oklahoma 73018  
mcrayfuneralhome.com

Sevier Funeral Home, Inc.  
(405) 224-4266  702 W. Chickasha Avenue, Chickasha, Oklahoma 73018

**Jefferson County**

Alexander Funeral Home  
(580) 662-2476  214 E Main Street, Ringling, Oklahoma 73456  
alexanderfuneralhome.org

Dudley Funeral Home  
(580) 757-2401  525 Washington Street, Ryan, Oklahoma 73563  
dudleyfuneralhomes.com

Dudley Funeral Home  
(580) 228-3535  414 W. Elm, Waurika, Oklahoma 73573  
dudleyfuneralhomes.com

Spivey-Reser Funeral Home  
(580) 662-2255  108 E. Main Street, Ringling, Oklahoma 73456

**McClain County**

Eisenhour Funeral Home  
(405) 485-3311  2500 N. Council Avenue, Blanchard, Oklahoma 73010  
eisenhourfh.com

Wadley’s Funeral Service, Inc.  
(405) 527-6687  303 W. Washington Street, Purcell, Oklahoma 73080  
wadleysfuneralservice.com

Wilson-Little Funeral Home  
(405) 527-6543  127 S. Canadian Street, Purcell, Oklahoma 73080  
wilsonlittle.com

**Stephens County**

Bailes-Polk-Brooks Funeral Home  
(580) 255-5252  910 W. Oak Avenue, Duncan, Oklahoma 73533  
baillesPolkfuneralhome.com

Callaway-Smith-Cobb Funeral Home  
(580) 658-5455  415 W. Main Street, Marlow, Oklahoma 73055
callawaysmithcobb.com

Carter-Smart Funeral Home
(580) 255-2766  1316 W. Oak Avenue, Duncan, Oklahoma 73533
cartersmartfuneralhome.com

Don Grantham Funeral Home
(580) 255-6666  1502 N. Hwy 81, Duncan, Oklahoma 73533
granthamfuneralhomes.com

Dudley Funeral Home
(580) 439-8822  203 Church Avenue, Comanche, Oklahoma 73529
dudleyfuneralhomes.com

Whitt Funeral Services
(580) 252-2244  3720 N. Hwy 81, Duncan, Oklahoma 73533
whittfh.com

**Tillman County**

Gray Funeral Home
(580) 479-5258  202 SW 2nd Street, Grandfield, Oklahoma 73546
grayfuneral.com

Gray Gish Funeral Home
(580) 335-2112  111 N. 11th Street, Frederick, Oklahoma 73542
tiptonfuneralhome.com

Jackson Funeral Home
(580) 335-7447  First & Gladstone, Frederick, Oklahoma 73542
jacksonfuneral.net

Tipton Funeral Home
(580) 667-5241  220 E. Main, Tipton, Oklahoma 73570
tiptonfuneralhome.com

**GRANDPARENTS RAISING GRANDCHILDREN**

Millions of grandparents have taken on the responsibility of raising their grandchildren. There are many resources available to aid grandparents in this task as Temporary Assistance for Needy Families (TANF), food stamps, Supplemental Security Income (SSI) and support groups. Contact your local Department of Human Services for a list of available services.

**Support Groups:**

**Center for Creative Living**
Caregivers Support Group
When: Thursday
Time: 9:00 – 11:00 a.m.
Where: Center for Creative Living
(580) 248-0471
3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

Heartland Healthcare
Caregivers Support Program
(800) 353-2905 (580) 353-9800
1608 NE Euclid, Lawton, Oklahoma 73507

MaddieLuke
(855) 9MADDIE (855) 962-3343
1313 Ash, Suite 102, Duncan, Oklahoma 73533
pete.goldring@maddieluke.com

Websites:
www.aarp.org
www.brookdalefoundation.org
www.gu.org
www.raisingyourgrandchildren.com

RESOURCES FOR GRANDPARENTS RAISING GRANDCHILDREN:

County Health Departments
Your county health department provides a variety of services to single parent families, two parent families, adults, grandparents, teenagers and children. Your county health department may be able to help in areas of nutrition and dental education, outreach services and HIV/STD screenings. Other services provided include:

- Car seats
- Children First program
- Family planning
- Guidance
- Immunizations

HEALTHCARE PROVIDERS

Caddo County
Caddo County Health Department
(405) 247-2507 216 W. Broadway, Anadarko, Oklahoma 73005
Carnegie Tri-County Municipal Hospital  
(580) 654-1050  
102 N. Broadway, Carnegie, Oklahoma 73015  
carnegiehospital.org

Comanche County  
Cancer Centers of Southwest Oklahoma  
(580) 536-2121  
104 NW 31st Street, Lawton, Oklahoma 73505

Comanche County Health Department  
(580) 248-5890  
1010 SW Sheridan Road, P.O. Box 87, Lawton, Oklahoma 73502

Comanche County Memorial Hospital  
(580) 355-8620  
3401 W. Gore Blvd., Lawton, Oklahoma 73502  
ccmhhealth.com

Ambulance Service  (580) 585-5555 or 911  
Cancer Services  (580) 355-8699 x4200  
Cardiovascular Services  (580) 357-4339  
Diabetes Center  (580) 585-5554  
Rehabilitation Services  (580) 355-8699 x4257  
Center for Industrial Rehabilitation  (580) 355-8699 x5577  
Home Health Services  (580) 585-5575  
Lifeline  (580) 585-5575  
Medication Fund  (580) 355-8699 x3506  
Neurological Services  (580) 250-6400  
Nutritional Services  (580) 355-8699 x3121  
Poison Prevention Center  (580) 355-8699 x4444  
Women’s and Children Services  (580) 250-5800  
Volunteer Program  (580) 585-5590

Reynolds Army Hospital  
(580) 558-2800  
4301 Wilson Street, Ft. Sill, Oklahoma 73503  
rach.sill.amedd.army.mil

Southwest Medical Center  
(580) 531-4700  
5602 SW Lee Blvd., Lawton, Oklahoma 73505  
swmconline.com

USPHS Lawton Indian Hospital  
(580) 353-0350  
1515 NE Lawrie Tatum Road, Lawton, Oklahoma 73507  
swmconline.com

Veterans Affairs Outpatient Clinic  
(580) 585-5600  
1310 NW 47th Street, Suite B, Lawton, Oklahoma 73505
Cotton County
Cotton County Health Department
(580) 875-6121 or (580) 875-6122  1501-A South 7th Street, Walters, Oklahoma 73572

Grady County
Grady County Health Department
(405) 224-2022  2116 W. Iowa Avenue, Chickasha, Oklahoma 73018

Grady Memorial Hospital
(405) 224-2300  2220 W. Iowa Avenue, Chickasha, Oklahoma 73018
gradymem.org

Harmon County
Shortgrass Community Health Center, Inc.
(580) 688-3314 or (580) 688-2193  400 E. Sycamore, P.O. Box 311, Hollis, Oklahoma 73550

Jefferson County
Jefferson County Health Department
(580) 228-2313  107 E. Anderson, Waurika, Oklahoma 73573

Jefferson County Hospital
(580) 228-2334  Hwy. 70 81, P.O. Box 90, Waurika, Oklahoma 73573
jeffersoncountyhospital.net

McClain County
McClain County Health Department
(405) 527-6541  919 N. 9th Avenue, Suite 3, Purcell, Oklahoma 73080

McClain County Health Department
(405) 485-3319  107 S. Main, Blanchard, Oklahoma 73010

Purcell Municipal Hospital
(405) 527-6524  1500 N. Green Avenue, Purcell, Oklahoma 73080
purcellhospital.com

Stephens County
Cancer Centers of Southwest Oklahoma
(580) 251-6600  2110 Duncan Regional Loop Road, Duncan, Oklahoma 73533

Compassion Care Center
(580) 255-2650  802 N. 10th Street, Duncan, Oklahoma 73533

Duncan Regional Hospital
(580) 252-5300  1407 Whisenant Drive, Duncan, Oklahoma 73534
duncanregional.com
Sanford Children’s Clinic  
(580) 252-9600  2502 W. Elk Avenue, Duncan, Oklahoma 73533

Stephens County Health Department  
(580) 252-0270  1401 W. Bois D’Arc, Duncan, Oklahoma 73533

Solutions Practice Management  
(580) 251-8281  2210 Duncan Regional Loop Road, Duncan, Oklahoma 73533

Solutions Practice Management  
(580) 444-2630  Velma, Oklahoma 73533

Urgent Med  
(580) 252-1911  2004 N. Hwy 81, Duncan, Oklahoma 73533  
urgent-med.com

**Tillman County**  
Memorial Hospital & Physicians Group  
(580) 335-7565  319 E. Josephine Avenue, Frederick, Oklahoma 73542  
frederichospital.org

Tillman County Health Department  
(580) 335-2163  1500 N. Main Street, Frederick, Oklahoma 73542

**HEARING AID ASSISTANCE PROGRAMS**

Reynolds Army Community Hospital (RACH) Audiology  
(580) 558-2235  Military Retirees can buy their hearing aids at a significant savings.

Audient National Program  (866) 956-5400 ext. 2

Lions Club  
Check your local listing for telephone number in your area

Vocational Rehabilitation  (800) 487-4042

Starkey Hearing Foundation  
(800) 328-8602  (866) 354-3254  Fax: (952) 947-4997  
6700 Washington Avenue South, Eden Prairie, Minnesota 55344  
starkeyhearingfoundation.org
HOME HEALTH/DAILY LIFE ASSISTANCE PROVIDERS

Caddo County
Advanced Home Care Services
(580) 772-1000 or (580) 772-1003
1104 N. Washington Avenue, Weatherford, Oklahoma 73096

Family Faith Hospice, Inc.
(405) 247-9526 804 Wyman Court, Anadarko, Oklahoma 73005

HealthBack Home Health
(405) 247-6864 420 S. 22nd Street, Chickasha, Oklahoma 73018
healthback.com

Comanche County
AGAPE Home Health Agency
(580) 351-2273 207 SW C Avenue, Lawton, Oklahoma 73501

Angels Care Home Health
(580) 248-0186 4645 W. Gore Blvd., Suite C, Lawton, Oklahoma 73505
angelscarehealth.com

Aspire Home Care
(580) 510-8006 7205 W. Gore Blvd., Lawton, Oklahoma 73505
aspirehomecare.com

Comanche County Memorial Home Health
(580) 585-5575 3126 NW Arlington Avenue, Lawton, Oklahoma 73505
ccmhonline.com/home-health

Entrusted Hearts
(580) 355-2440 60 NW Sheridan Road, #8, Lawton, Oklahoma 73505

Faith Hospice
(580) 353-2711 1836 NW 52nd Street, Lawton, Oklahoma 73501
faithhospice.com

Gentiva Health Services
(580) 248-9998 2210 Gore Blvd., Suite 3, Lawton, Oklahoma 73501

HealthBack Home Health of Lawton
(580) 353-3332 1220 NW 31st, Suite 101, Lawton, Oklahoma 73505
Cotton County
Aspire Home Care
(855) 527-7473 120 S. Broadway, Walters, Oklahoma 73572
aspirehomecare.com

Personal Touch Home Health
(580) 875-3702 230 E. Missouri Street, Walters, Oklahoma 73572

Therapy Link
(580) 591-6288 P.O. Box 614, Walters, Oklahoma 73572

Grady County
Faith Hospice
(405) 224-1763 420 S. 22nd Street, Suite B, Chickasha, Oklahoma 73018
faithhospice.com

HealthBack Home Health
(405) 224-3366 420 S. 22nd Street, Chickasha, Oklahoma 73018
healthback.com

Lifeline Home Health Care
(405) 224-4891 1701 W. Iowa, Chickasha, Oklahoma 73018
lifelinehomehealthhospice.com

Lifeline Hospice
(405) 224-4891 1701 W. Iowa, Chickasha, Oklahoma 73018
lifelinehomehealthhospice.com

Ross Health Care
(405) 224-0012 328 S. 28th Street, Chickasha, Oklahoma 73018
rosshc.com

Jefferson County
Angels Care Home Health  
(580) 228-3545  
210 S. Main Street, Waurika, Oklahoma 73573  
angelscarehealth.com

Good Health Care Professionals, Inc  
(580) 757-2282  
1006 6th Street, Ryan, Oklahoma 73565

**McClain County**  
Florence Night and Day  
(800) 684-3570 or (405) 213-0247  
2830 NW 32nd Street, Suite 302, Newcastle, Oklahoma 73065  
flo247.com

HealthBack Home Health  
(405) 527-0027  
519 W. Delaware Street, Purcell, Oklahoma 73080  
healthback.com

**Stephens County**  
A Premier Home Health Company  
(580) 366-4237  
1408 W. Elder, Duncan, Oklahoma 73533  
apremierhealth.com

ASCOG Managed Care  
(580) 252-0595  
802 Main Street, P.O. Box 1647, Duncan, Oklahoma 73534  
ascog.org

Aspire Home Care  
(855) 527-7473  
121 S. Broadway, Marlow, Oklahoma 73055  
aspirehc.com

Chisholm Trail Hospice  
(580) 251-8764  
2000 W. Elk Avenue, Duncan, Oklahoma 73533  
duncanregional.com/hospice

Choice Home Health  
(580) 252-9909  
1501 Brookwood, Duncan, Oklahoma 73533

Duncan Regional Hospital Home Health Care  
(580) 251-8752  
2000 W. Elk Avenue, Duncan, Oklahoma 73533  
duncanregional.com/hospice

Faith Hospice  
(580) 251-9853  
12 S. 8th Street, Duncan, Oklahoma 73533  
faithhospice.com
Health Watch
(580) 251-9536 2124 N. Hwy. 81, Duncan, Oklahoma 73533
healthwatchOklahoma.com

Mays Housecall Home Health, Inc.
(580) 251-9536 2124 N. Hwy. 81, Duncan, Oklahoma 73533
mayshomecare.com

Peters Agency
(580) 470-8678 1935 W. Elk Avenue, Duncan, Oklahoma 73533

**Tillman County**
Aspire Home Health
(855) 527-7473 1315 N. 12th Street, Frederick, Oklahoma 73542
aspirehc.com

**HOMELESS SHELTERS**

**Comanche County**
C. Carter Crane Emergency Homeless Shelter
(580) 248-0936 1203 SW Texas Avenue, Lawton, Oklahoma 73501
gpif-caa.org

Family Assistance Center
P.O. Box 183, Lawton, Oklahoma 73502

Family Promise
(580) 699-2821 or (580) 353-7522 910 SW E Avenue, Lawton, Oklahoma 73501
familypromiseoflawton.org

Great Plains Improvement Foundation
(580) 248-0936 2 S. Lee Blvd, Suite 200, Lawton, Oklahoma 73501
gpif-caa.org

House of Bread Ministries Church Homeless Outreach
(580) 248-8519 1415 SW Wisconsin Avenue, Lawton, Oklahoma 73501

New Directions Women’s Shelter
(580) 250-1123 317 SW C Avenue, Lawton, Oklahoma 73501
mariedetty.com

Salvation Army Corps Community Center
(580) 355-1802 1306 SW E Avenue, Lawton, Oklahoma 73501
salvationarmyaOklahoma.org
Grady County
Resurrection House
(405) 224-5413
910 W. Chickasha Avenue, Chickasha, Oklahoma 73018

Jefferson County
Safe Center
(580) 252-4357 810 N. 5th Street, Duncan, Oklahoma 73533

Stephens County
Safe Center
(580) 252-4357 810 N. 5th Street, Duncan, Oklahoma 73533

<p>| HOTLINES |
|------------------|------------------|
| <strong>A</strong>             |                  |
| A Special Wish Foundation | (800) 486-9474 |
| American Automobile Association (AAA) | (800) 222-4357 |
| AARP              | (800) 424-2277  |
| Abortion Alternatives/Birthright | (800) 848-5683 |
| Abuse or Neglect of Adults (DHS) | (800) 522-3511 |
| Association for Children for Enforcement of Support, Inc. (ACES) | (800) 738-2237 |
| Adoptive Families of America, Inc. | (800) 372-3300 |
| Adult Protective Services Statewide | (800) 522-3511 |
| AIDS Hotline      | (800) 342-2437  |
| AIDS Hotline (Spanish) | (800) 344-7432 |
| AIDS Project Info. (National Treatment) | (800) 822-7422 |
| Air Medic         | (800) 423-2667  |
| Al-Anon/Alateen Family Group | (800) 356-9996 |
| Alcohol and Drug Helpline | (800) 821-4357 |
| Alcohol and Drug Hotline | (800) ALCOHOL |
| Alcohol Abuse Helpline and Treatment | (800) 888-9383 |
| Alzheimer’s Diagnostic Clinic | (800) 782-0895 |
| American Association of Homes and Services for the Aging | (800) 508-9442 |
| American Cancer Research Center | (800) 525-3777 |
| American Cancer Society | (800) 227-2345 |
| American Council of the Blind | (800) 424-8666 |
| American Lung Association of Oklahoma | (800) 586-4872 |
| American Medical Association Catalog | (800) 621-8335 |
| American Pharmaceutical Association | (800) 237-2742 |
| American Speech, Language and Hearing Association | (800) 638-8255 |
| Amtrak Information | (800) 872-7245 |
| Arthritis Foundation Information Line | (800) 283-7800 |
| Arthritis Medical Center | (800) 327-3027 |
| ASCOG Area Agency on Aging | (800) 658-1466 |
| Association for Couples in Marriage Enrichment | (800) 634-8325 |
| Asthma and Allergy Information Line | (800) 822-ASMA |
| Autism Society of America Foundation | (800) 3AUTISM |
| Better Hearing Institute | (800) EAR-WELL |
| Betty Ford Center | (800) 854-9211 |
| Birthright Hotline | (800) 848-LOVE |
| Blind American Foundation | (800) 232-5463 |
| Library for the Blind | (800) 523-0288 |
| Braille Institute of America | (800) BRAILLE |
| Breast Cancer Hotline | (800) 221-2141 |
| Breast Center | (800) 427-0565 |
| Cancer Hotline (National) | (800) 433-0464 |
| Cancer Hotline (Local) | (800) 422-6237 |
| Cancer Hotline (State) | (800) 4CANCER |
| Cancer Response System | (800) ACS-2345 |
| Chemical Treatment Center (Non-emergency) | (800) CMA-8200 |
| Child Abuse National Hotline | (800) 4ACHILD |
| Child Find | (800) IAMLOST |
| Child Help USA (Child Abuse Line) | (800) 422-4453 |
| Child or Adult Abuse Hotline, State | (800) 522-3511 |
| Child Safety Council, National | (800) 222-1464 |
| Christian Marriage Enrichment | (800) 875-7560 |
| Cocaine 24 hour Crisis Center | (800) 333-2294 |
| Cocaine Abuse Helpline | (800) 888-9383 |
| Consumer Product Safety | (800) 638-2772 |
| Corporation Commission | (800) 522-8154 |
| Crippled Children’s Hotline (Shriners) | (800) 237-5055 |
| Crisis Hotline (for youth) | (800) 448-4663 |
| Deaf and Hearing Impaired Message Relay | (800) 522-8506 |
| Dental Assistance | (800) 522-9510 |
| Depression after Delivery | (800) 944-4773 |
| Department of Tourism and Recreation | (800) 652-6552 |
| Diabetes Association | (800) 259-6553 |
| Domestic Violence Hotline | (800) 522-7233 |
| Down Syndrome, National | (800) 232-6372 |
| Drug and Alcohol Hotline | (800) ALCOHOL |
| Drug Abuse Information and Referral Line | (800) 662-4357 |
| Eating Disorder Hotline | (800) 248-3285 |
| Eldercare Locator Services | (800) 677-1116 |
| Epilepsy Foundation of America | (800) EFA-1000 |
| Equal Employment Opportunity Commission (EEOC) | (800) 669-4000 |</p>
<table>
<thead>
<tr>
<th>Organization Name</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Equal Rights Advocate (ERA)</td>
<td>(800) 834-4372</td>
</tr>
<tr>
<td>Families Anonymous (Family support for drug, alcohol, behavior problems)</td>
<td>(800) 736-9805</td>
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<tr>
<td>Father Flannagan’s Boys Town (Crisis Hotline)</td>
<td>(800) 448-3000</td>
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<tr>
<td>Feed the Children</td>
<td>(800) 627-4556</td>
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<tr>
<td>Fellowship of Christian Athletes</td>
<td>(800) 289-0909</td>
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<tr>
<td>Flood Insurance Program</td>
<td>(800) 638-6620</td>
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<tr>
<td>Food and Drug Administration (FDA)</td>
<td>(800) 332-4010</td>
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<tr>
<td>Fraud Task Force</td>
<td>(800) 424-5454</td>
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<tr>
<td>Gladney Center (Maternity Home and Adoption Agency)</td>
<td>(800) GLADNEY</td>
</tr>
<tr>
<td>Gulf War Incident Hotline</td>
<td>(800) 472-6719</td>
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<tr>
<td>Habitat for Humanity International</td>
<td>(800) HABITAT</td>
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<tr>
<td>Handicapped Concerns of Oklahoma</td>
<td>(800) 522-8224</td>
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<tr>
<td>Headache National Foundation</td>
<td>(800) 843-2256</td>
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<tr>
<td>Health Information</td>
<td>(800) 336-4797</td>
</tr>
<tr>
<td>Hearing Aid Hotline</td>
<td>(800) 521-5247</td>
</tr>
<tr>
<td>Hepatitis and Liver Foundation</td>
<td>(800) 223-0179</td>
</tr>
<tr>
<td>Hill Burton Hospital Care Program (Federal program for hospital financial assistance)</td>
<td>(800) 638-0742</td>
</tr>
<tr>
<td>Home Health Care Complaints, State Department of Health</td>
<td>(800) 234-7258</td>
</tr>
<tr>
<td>Homework Hotline</td>
<td>(800) 278-1290</td>
</tr>
<tr>
<td>Homosexuals Anonymous</td>
<td>(800) 288-HAFS</td>
</tr>
<tr>
<td>Infant Nutrition, Beechnut</td>
<td>(800) 523-6633</td>
</tr>
<tr>
<td>Internal Revenue Service</td>
<td>(800) 829-1040</td>
</tr>
<tr>
<td>Kidney Disease</td>
<td>(800) 638-8229</td>
</tr>
<tr>
<td>Library for the Blind and Handicapped, National</td>
<td>(800) 424-9100</td>
</tr>
<tr>
<td>Lifeline Systems</td>
<td>(800) 451-0525</td>
</tr>
<tr>
<td>Liver, American Foundation</td>
<td>(800) 223-0179</td>
</tr>
<tr>
<td>Locks of Love (American Cancer Society)</td>
<td>(888) 896-1588</td>
</tr>
<tr>
<td>Lung Disease, Jewish</td>
<td>(800) 222-LUNG</td>
</tr>
<tr>
<td>Lupus Foundation of America</td>
<td>(800) 558-0121</td>
</tr>
<tr>
<td>Mothers Against Drunk Drivers (MADD)</td>
<td>(800) 438-6233</td>
</tr>
<tr>
<td>Make a Wish Foundation</td>
<td>(800) 722-9474</td>
</tr>
<tr>
<td>Medicare Hospital Complaints (report or appeal fraud/abuse)</td>
<td>(800) 522-3414</td>
</tr>
<tr>
<td>Medicare Part B</td>
<td>(800) 522-9079</td>
</tr>
<tr>
<td>Mental Health, Substance Abuse (Oklahoma)</td>
<td>(800) 522-9054</td>
</tr>
<tr>
<td>Mental Retardation/American Association</td>
<td>(800) 424-3688</td>
</tr>
<tr>
<td>Missing Children Help Center</td>
<td>(800) 872-5437</td>
</tr>
<tr>
<td>Organization</td>
<td>Phone Number</td>
</tr>
<tr>
<td>------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Multiple Sclerosis, Oklahoma Chapter</td>
<td>(800) 777-7814</td>
</tr>
<tr>
<td>Muscular Dystrophy Association</td>
<td>(800) 572-1717</td>
</tr>
<tr>
<td>National Academy of Ophthalmology</td>
<td>(800) 227-3937</td>
</tr>
<tr>
<td>National Alliance for the Mentally Ill</td>
<td>(800) 950-NAMI</td>
</tr>
<tr>
<td>National Association of Hospital Hospitality Houses (Referral for Housing for families of hospital patients or outpatients)</td>
<td>(800) 542-9730</td>
</tr>
<tr>
<td>National Cancer Institute</td>
<td>(800) 422-6237</td>
</tr>
<tr>
<td>National Center for Missing and Exploited Children</td>
<td>(800) 843-5678</td>
</tr>
<tr>
<td>National Center for Victims of Crime</td>
<td>(800) 394-2255</td>
</tr>
<tr>
<td>National Council on Problem Gambling</td>
<td>(800) 522-4700</td>
</tr>
<tr>
<td>National Domestic Violence Hotline</td>
<td>(800) 799-7233</td>
</tr>
<tr>
<td>National Institute on Aging</td>
<td>(800) 222-2225</td>
</tr>
<tr>
<td>National Institute on Deafness</td>
<td>(800) 241-1044</td>
</tr>
<tr>
<td>National Leukemia Society</td>
<td>(800) 955-4572</td>
</tr>
<tr>
<td>National Marrow Donor Program</td>
<td>(800) MARROW2</td>
</tr>
<tr>
<td>National Mental Health Association</td>
<td>(800) 969-6642</td>
</tr>
<tr>
<td>National Poison Control Hotline</td>
<td>(800) 222-1222</td>
</tr>
<tr>
<td>National Teen HIV/AIDS Hotline</td>
<td>(800) 234-8336</td>
</tr>
<tr>
<td>National Runaway Switchboard (Crisis Line)</td>
<td>(800) 621-4000</td>
</tr>
<tr>
<td>National Runaway Switchboard (for agencies only, I &amp; R Service)</td>
<td>(800) 344-2785</td>
</tr>
<tr>
<td>National Society to Prevent Blindness</td>
<td>(800) 331-2020</td>
</tr>
<tr>
<td>National Suicide Hotline</td>
<td>(800) SUICIDE</td>
</tr>
<tr>
<td>National Victims’ Resource Center</td>
<td>(800) 627-6872</td>
</tr>
<tr>
<td>Nursing Home Complaints (Oklahoma)</td>
<td>(800) 747-8419</td>
</tr>
<tr>
<td>OASIS</td>
<td>(800) 42OASIS</td>
</tr>
<tr>
<td>Oklahoma Bureau of Narcotics and Dangerous Drug Control</td>
<td>(800) 522-8031</td>
</tr>
<tr>
<td>Oklahoma Corporation Commission</td>
<td>(800) 522-8154</td>
</tr>
<tr>
<td>Oklahoma Department of Mental Health and Substance Abuse Teenline (Noon to Midnight)</td>
<td>(800) 522-TEEN</td>
</tr>
<tr>
<td>Oklahoma Department of Mental Health</td>
<td>(800) 522-9054</td>
</tr>
<tr>
<td>Oklahoma Medicare Hotline</td>
<td>(800) 522-3414</td>
</tr>
<tr>
<td>Ombudsman Supervisor (ASCOG)</td>
<td>(800) 658-1466</td>
</tr>
<tr>
<td>Organ Donations</td>
<td>(800) 528-2971</td>
</tr>
<tr>
<td>Ostomy, United Association (UOA)</td>
<td>(800) 826-0826</td>
</tr>
<tr>
<td>PMS Access Line</td>
<td>(800) 222-4PMS</td>
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<tr>
<td>Paws with a Cause</td>
<td>(800) 253-7297</td>
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<tr>
<td>Peace Corps</td>
<td>(800) 424-8580</td>
</tr>
<tr>
<td>Pearl S. Buck Foundation</td>
<td>(800) 220-2825</td>
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<tr>
<td>Pesticides</td>
<td>(800) 858-7378</td>
</tr>
<tr>
<td>Polly Klaas Foundation</td>
<td>(800) 587-4357</td>
</tr>
<tr>
<td>RAININ (Rape, Abuse and Incest National Network)</td>
<td>(800) 656-4673</td>
</tr>
<tr>
<td>Service/Program</td>
<td>Phone Number</td>
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<tr>
<td>Rare Diseases and Orphans Drugs NHI Spanish</td>
<td>(800) 336-4797</td>
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<tr>
<td>Reach Out Hotline (OKC)</td>
<td>(800) 522-9054</td>
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<tr>
<td>Response Center, National Hotline</td>
<td>(800) 424-8802</td>
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<tr>
<td>Reye’s Syndrome National</td>
<td>(800) 233-7393</td>
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<tr>
<td>Runaway Hotline</td>
<td>(800) 231-6946</td>
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<tr>
<td>Runaway Switchboard (National)</td>
<td>(800) 621-4000</td>
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<tr>
<td>Section 8, Oklahoma Housing Finance Agency</td>
<td>(800) 256-1489</td>
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<tr>
<td>Senior Citizens Information Line</td>
<td>(800) 211-2116</td>
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<tr>
<td>Senior Citizens Prescription Discounts</td>
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<tr>
<td>Eli Lily and Company</td>
<td>(877) 795-4559</td>
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<tr>
<td>Pfizer and Company Share Card</td>
<td>(800) 717-6005</td>
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<tr>
<td>Together RX</td>
<td>(800) 865-7211</td>
</tr>
<tr>
<td>GlaxoSmithKline “The Orange Card”</td>
<td>(800) 672-6436</td>
</tr>
<tr>
<td>US Pharmaceutical Group</td>
<td>(800) 810-9502</td>
</tr>
<tr>
<td>Senior Health Insurance Counseling (info on Medigap)</td>
<td>(800) 763-2828</td>
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<tr>
<td>Shriner’s Hospital (For children under the age of 18 needing treatment for burns, spinal cord injury, cleft palate or orthopedic care)</td>
<td>(800) 237-5055</td>
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<tr>
<td>Small Business Administration</td>
<td>(800) 827-5722</td>
</tr>
<tr>
<td>Social Security Administration</td>
<td>(800) 772-1213</td>
</tr>
<tr>
<td>State Children’s Health Insurance Program (SCHIP)</td>
<td>(800) KIDSNOW</td>
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<tr>
<td>Sudden Infant Death Syndrome (SIDS)</td>
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<tr>
<td>TDD Message Relay Service</td>
<td>(800) 221-SIDS</td>
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<tr>
<td>Suicide Hotline (National Hopeline Network)</td>
<td>(800) 784-8433</td>
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<tr>
<td>Teen Hotline</td>
<td>(800) 522-TEEN</td>
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<tr>
<td>Toughlove International</td>
<td>(800) 333-1069</td>
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<tr>
<td>Trevor Helpline (Teens in crisis/sexual issues)</td>
<td>(800) 850-8078</td>
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<tr>
<td>UNICEF</td>
<td>(800) FOR-KIDS</td>
</tr>
<tr>
<td>US Administration on Aging</td>
<td>(800) 677-1116</td>
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<tr>
<td>US Department of Health and Human Services</td>
<td>(800) 336-4797</td>
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<tr>
<td>Valley Hope Drug and Alcohol Treatment Center</td>
<td>(800) 722-5940</td>
</tr>
<tr>
<td>Veterans Affairs Department</td>
<td>(800) 827-1000</td>
</tr>
<tr>
<td>Volunteers of America</td>
<td>(800) 899-0089</td>
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<tr>
<td>Youth Crisis Line</td>
<td>(800) 999-9999</td>
</tr>
</tbody>
</table>
HOUSING

Caddo County
Anadarko Housing Authority
(405) 247-3110        615 E. Texas Drive, Anadarko, Oklahoma 73005

Apache Housing Authority
(580) 588-3664        103 Coblake Street, Apache, Oklahoma 73006

Cement Housing Authority
(405) 489-3674        122 S. 1st Street, Cement, Oklahoma 73017

Cedar Ridge Apartments
(580) 252-5038        403 W. Locust, Binger, Oklahoma 73009

Cyril Housing Authority
(580) 464-2439        101 Chandler Drive, Cyril, Oklahoma 73029

Caddo Indian Housing Authority
(405) 966-2203        21 Halfmoon Circle, Gracemont, Oklahoma 73042

Elms
(405) 247-1020        319 W. Oklahoma Avenue, Anadarko, Oklahoma 73005

Fort Cobb Housing Authority
(405) 643-2111        10 Thames Circle, Fort Cobb, Oklahoma 73038

Housing Authority of Apache Tribe
(405) 247-7305        211 N. Country Club Road, Anadarko, Oklahoma 73005

Hydro Housing Authority
(405) 663-2326        501 W. 4th Street, Hydro, Oklahoma 73048

Knox House and Texas House
(405) 247-6727, (405) 247-7377 or (866) 933-2293 ext.64478
211 W. Texas and 406 W. Knox, Anadarko, Oklahoma 73005

Westside Village Apartments
(855) 201-5502        526 W. Main, Hinton, Oklahoma 73047

Comanche County
Benjamin O. Davis High Rise for Senior Citizens
(580) 581-3400 620 SW E Avenue, Lawton, Oklahoma 73501

C. Carter Crane Shelter for the Homeless
(580) 248-0936 1203 Texas, Lawton, Oklahoma 73501

Cache Housing Authority
(580) 429-3405 111 S. 7th, P.O. Box 582, Cache, Oklahoma 73527

Comanche Nation Housing Authority
(580) 357-4956 1918 E. Gore Blvd., Lawton, Oklahoma 73501

Goodwill Village Apartments
(580) 353-0912 1505 SW 11th Street, Lawton, Oklahoma 73501

Home at Last Lawton
Housing for Homeless Veterans by Veterans
(580) 215-9160 705 SW McKinley Avenue, Lawton, Oklahoma 73501

Indiahoma Housing Authority
(580) 429-3405 308 Big Bow, Indiahoma, Oklahoma 73552

Lawton Housing Authority
(580) 353-7392 609 SW F Avenue, Lawton, Oklahoma 73501

Mountain Park Housing Authority
(580) 569-2868 103 N. Komalty, Mountain Park, Oklahoma 73559

Snyder Housing Authority
(580) 569-2827 300 E Street, Snyder, Oklahoma 73566

Sterling Housing Authority
(580) 365-4862 #3 E. Hancock Street, Sterling, Oklahoma 73567

Villanova Apartments
(580) 248-2550 305 NW 4th, Lawton, Oklahoma 73507

**Cotton County**
Temple Housing Authority
(580) 342-5013 100 N. McClain Dr., Temple, Oklahoma 73568

Walters Housing Authority
(580) 875-2310 500 E. California, Walters, Oklahoma 73572

**Grady County**
Country Park Apartments
(405) 222-0909 1601 S. Henderson, Chickasha, Oklahoma 73018
Minco Housing Authority  
(405) 352-4996  400 SW 6th Street, Minco, Oklahoma 73059

Nowata Gardens  
(405) 224-9222  2501 S. 9th Street, Chickasha, Oklahoma 73018

Somerset Apartments  
(580) 476-3850  400 W. Blakely Street, Rush Springs, Oklahoma 73082

**Jefferson County**
Ryan Housing Authority  
(580) 757-2390  1401 Grant Street, Ryan, Oklahoma 73565

Ringling Housing Authority  
(580) 662-2227  200 W. D Street, Ringling, Oklahoma 73456

Terral Housing Authority  
(580) 437-2433  106 S. 6th St., P.O. Box 70, Terral, Oklahoma 73569

Waurika Housing Authority  
(580) 228-2976  811 Phillips Avenue, Waurika, Oklahoma 73573

**McClain County**
Tuttle Housing Authority  
(405) 381-2721  412 E. Bond Street, Tuttle, Oklahoma 73089

**Stephens County**
Chickasaw Housing Authority  
(580) 252-5669  2414 Harris Drive, Duncan, Oklahoma 73533

Comanche Housing Authority  
(580) 439-5333  9th & Wilson, Comanche, Oklahoma 73529

Duncan Community Residence  
(580) 255-3926  1510 W. Main Street, Duncan, Oklahoma 73533

Duncan Plaza  
(580) 252-4511  2021 N. Hwy. 81, Duncan, Oklahoma 73533

Indian Trails Apartments  
(580) 439-6140  100 Seminole Drive, Comanche, Oklahoma 73529

**Tillman County**
Frederick Housing Authority
(580) 335-7551     200 W. Grand Avenue, Frederick, Oklahoma 73542

Community Action Development Corp.
(580) 335-5588     105 S. Main, P.O. Box 989, Frederick, Oklahoma 73542

Grandfield Housing Authority
(580) 479-5256     130 E. 1st Street, Grandfield, Oklahoma 73546

Tipton Housing Authority
(580) 667-5358     224 NW 5th Street, Tipton, Oklahoma 73570

LEGAL SERVICES

Legal Aid of Western Oklahoma, Inc.
(800) 850-5950 or (580) 248-4675     323 SW C Avenue, Lawton, Oklahoma 73501
legalaidOklahoma.org

Center for Creative Living
(580) 248-0471     3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

Oklahoma SeniorPlus Legal Aid Services Helpline
(855) 488-6814

LIBRARIES

Caddo County
Carnegie Public Library
(405) 654-1980     22 S. Broadway, Carnegie, Oklahoma 73015
carnegieOklahoma.org/library

Comanche County
Lawton Public Library
(580) 581-3450     110 SW 4th Street, Lawton, Oklahoma 73501
cityof.lawton.Oklahoma.us/library/

Cotton County
Walters City Library
(580) 875-2006     202 N. Broadway, Walters, Oklahoma 73572

Grady County
Chickasha Public Library
(405) 222-6075     527 W. Iowa Avenue, Chickasha, Oklahoma 73018
chickashaapl.Oklahomapls.org
Glover Spencer Memorial Library
(580) 476-2108 100 S. 6th Street, Rush Springs, Oklahoma 73082
glover.lib.Oklahoma.us

**Jefferson County**
Gleason Memorial Library
(580) 662-2925 101 E. Main, Ringling, Oklahoma 73456
ringling.Oklahomapls.org

Waurika Public Library
(580) 228-3274 203 S. Meridian, Waurika, Oklahoma 73573
waurika.Oklahomapls.org

**McClain County**
Blanchard Public Library
(405) 485-2275 205 NE 10th Street, Blanchard, Oklahoma 73010
pioneerlibrarysystem.org

Purcell Public Library
(405) 527-5546 919 N. 9th Street, Purcell, Oklahoma 73080
pioneerlibrarysystem.org

**Stephens County**
Duncan Public Library
(580) 255-0636 2211 N. Hwy 81, Duncan, Oklahoma 73533
youseemore.com/duncan/

Garland Smith Public Library
(580) 658-5354 702 W. Main, Marlow, Oklahoma 73055
garlandsmithpubliclibrary.Oklahomapls.org
MEALS ON WHEELS

Comanche County
Meals on Wheels is a nonprofit community service agency providing a hot, nutritious meal once each day, Monday through Friday to the elderly and disabled citizens of Lawton.

To receive services, individuals must be homebound, unable to prepare meals, have no one else in the home during the day who can prepare meals and be willing to donate to the program. For information or to apply for services, please call Lawton Mobile Meals at (580) 357-5396.

Caddo County
Delta Nutrition Project
(580) 255-3967 7074 S. King Place, Duncan, Oklahoma 73533

Sites:
  Anadarko  415 W. Main, Anadarko, Oklahoma 73005
            (405) 247-4857
  Carnegie  3 E. 3rd Street, Carnegie, Oklahoma 73015
            (580) 654-1507
  Cement    Cement Senior Center, 323 N. Main, Cement, Oklahoma 73017
            (405) 489-3803

Cyril Nutrition Project
(580) 464-2745 P.O. Box 143, Cyril, Oklahoma 73029

  Cyril  2010 W. Ohio, Cyril, Oklahoma 73029
          (580) 464-2300

Comanche County
Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:
  Cache    302 SW 5th, Cache, Oklahoma 73527
            (580) 429-3427
  Elgin    801 1st Street, Elgin, Oklahoma 73538
            (580) 492-4980
  Geronimo 101 Main Street, Geronimo, Oklahoma 73543
(580) 353-3488

Lawton North 1705 NW 20th, Lawton, Oklahoma 73507
(580) 581-3481
Lawton East Patterson Center, 4 NE Arlington, Oklahoma 73507
(580) 581-3485

**Cotton County**

Temple Nutrition Project
(580) 342-6944 P.O. Box 652, Temple, Oklahoma 73568

Temple 201 S. Commercial, Temple, Oklahoma 73568
(580) 342-6944

Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Walters 500 E. California, Walters, Oklahoma 73572
(580) 875-9044

**Grady County**

Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Chickasha 203 N. 18th, Chickasha, Oklahoma 73018
(405) 224-4315
(405) 249-6608

**Jefferson County**

Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:
Ringling 200 W. D St., Ringling, Oklahoma 73456
(580) 662-2362

Ryan 400 Taylor, Ryan, Oklahoma 73565
(580) 757-2412

**McClain County**

Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:
Byars Byars Community Center, 217 E. Ripley, Byars, Oklahoma 74831
Purcell
Purcell Senior Citizens Center, 228 N. 2nd, Purcell, Oklahoma 73080
(405) 527-9462

Wayne
Wayne Nutrition, 107 S. Shannon Street, Wayne, Oklahoma 73095
(405) 449-3079

**Stephens County**
Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Sites:
Duncan
Duncan North, 1110 N. 7th, Duncan, Oklahoma 73533
(580) 252-1174
Duncan South, 707 S. King Pl, Duncan, Oklahoma 73533
(580) 255-3967

Marlow
Red Bud Park, 201 Elm, Marlow, Oklahoma 73005
(580) 658-5773

**Tillman County**
Delta Nutrition Project
(580) 255-3967 707 S. King Place, Duncan, Oklahoma 73533

Frederick
102 E. Grand, Frederick, Oklahoma 73542
(580) 335-7026

**MEDICARE AND MEDICAID**

Oklahoma Medicare Assistance Program
(800) 763-2828

Medicare
(800) 633-4227 medicare.gov

Medicaid Oklahoma
(877) 252-6002 or (800) 522-0310 or (405) 522-7171

ASCOG
Medicare Assistance Specialist
(800) 658-1466 or (580) 736-7036
802 W. Main Street, Duncan, Oklahoma 73533
MEDICAL SUPPLIES/EQUIPMENT

**Emergency Response**
Adex Home Security
(888) 522-9696

Alert Response, LLC
(800) 289-6070

CVS Pharmacy Medical Alert System
(866) 268-1378

Freedom Med Alert
(877) 727-4492

Life Alert
(800) 813-6440

Life Watch USA
(847) 720-2100

Medical Guardian
(855) 274-9517

**Comanche County**
Anderson Pharmacy
(580) 595-9500 5366 NW Cache Road, Lawton, Oklahoma 73505

Carter Healthcare
(580) 353-0377 5366 NW Cache Road, Lawton, Oklahoma 73505

Combined Home Medical Equipment
(580) 250-1999 2504 SW Lee Blvd., Lawton, Oklahoma 73501

Elgin Discount Pharmacy
(580) 492-5007 7523 US 277, Elgin, Oklahoma 73538

Family Home Medical
(580) 248-5151 1202 NW 21st Street, Lawton, Oklahoma 73507

Lawton Medi-Equip
(580) 355-7665 924 NW 38th Street or 2710 W. Gore Blvd., Lawton, Oklahoma 73505
Lincare, Inc.
(580) 353-4181  28 SW E Street, Lawton, Oklahoma 73501

Jefferson County
Med Tech Corporation
(580) 228-2100  111 N. Main Street, Waurika, Oklahoma 73573

Stephens County
Advanced Medical Supply
(580) 252-4700  2045 W. Elk Avenue, Duncan, Oklahoma 73533

Newberry Express Pharmacy
(580) 658-5428  801 S. Broadway, Marlow, Oklahoma 73055

MENTAL HEALTH AGENCIES

State of Oklahoma
Department of Health and Human Services
(800) 273-8255

Comanche County
Reflections Mental Health
(580) 536-6302  1602 SW 82nd Street, Lawton, Oklahoma 73505

Silver Linings
(580) 250-6651  3401 W. Gore Blvd., Lawton, Oklahoma 73505

Southwestern Behavior Health Center
(580) 536-0077  1602 SW 82nd Street, Lawton, Oklahoma 73505

Taliaferro Mental Health Center
(580) 248-5780  602 SW 38th Street, Lawton, Oklahoma 73505

Kiowa County
Great Plains Youth and Family Services
(580) 726-3383 or (888) 296-6735  901 S. Broadway, Hobart, Oklahoma 73651
gpyfs.org

Millennium Community Services
(580) 752-7409 or (580) 752-4356
tonya@Oklahomamcs.com
Oklahomamcs.com

Stephens County
Deb Brantley, PhD, LPC
NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

Caregivers are a growing Population in the United States. A caregiver can be defined as “an individual who has the principal responsibility for caring for a child or a dependent adult, especially in the home.”

The National Caregiver program works to ensure that caregivers are aware of resources and information that may assist them in their daily lives as they take on the enormous task of caring for a loved one.

The ASCOG Area Agency on Aging in conjunction with the Oklahoma Areawide Services Information System (OASIS) provides information, support groups and respite for those who are taking care of someone age 60 or older.

Respite vouchers are available for caregivers who live in one of the eight counties served by ASCOG: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman counties.

Caregivers may use the vouchers to have a neighbor, family member or a friend sit with their loved one while they take a break from their care giving duties. Respite vouchers can also be used at adult daycare centers.

The purpose of the vouchers is to try to prevent caregivers from suffering from burnout, physical and/or emotional illness because of the lack of time they have for themselves.

Respite Providers:
MaddieLuke
Cindy.hale@maddieluke.com

Comanche Nation Native American Caregiver Program
(580) 355-2330 x104 or (580) 351-0447
1107 SW H Avenue, Lawton, Oklahoma 73501
NEWSPAPERS

Caddo County
Anadarko Daily News
(405) 247-3331 P.O. Box 548, Anadarko, Oklahoma 73005-0548
news@anadarko-news.com

Apache News
(580) 588-3862 120 E. Evans, Apache, Oklahoma 73006
wrightapacheneews@aol.com

Carnegie Herald
(580) 654-1443 P.O. Box 129, Carnegie, Oklahoma 73015
news@carnegieherald.com

Country Connection
(405) 797-3648 P.O. Box 206, Eakly, Oklahoma 73033
countryconnectionnews@yahoo.com

Cyril News
(580) 464-2410 P.O. Box 10, Cyril, Oklahoma 73029
cyrilnews@tds.net

Hinton Record
(405) 542-6644 P.O. Box 959, Hinton, Oklahoma 73047
news@hintonrecord.com
hintonrecord.com

Comanche County
The Chronicle
(580) 529-NEWS ((580) 529-6397) 7602 US Highway 277, Suite A, Elgin, Oklahoma 73538
thechronicle.news.org

County Times
(580) 429-8200 P.O. Box 3, Cache, Oklahoma 73527
TCT@countytimes.org

Lawton Constitution
(580) 353-0620 102 SW 3rd Street, Lawton, Oklahoma 73501
swOklahomanews.com

Cotton County
Walters Herald
(580) 875-3326 P.O. Box 247, Walters, Oklahoma 73572
whereald@sbcglobal.net waltersherald.com

**Grady County**

Express Star
(405) 224-2600 P.O. Drawer E, Chickasha, Oklahoma 73023
james@chickasha.com

Rush Springs Gazette
(580) 476-2525 P.O. Box 597, Rush Springs, Oklahoma 73082
rsgazette@sbcglobal.net

Tuttle Times
(405) 376-6688 P.O. Box 180, Tuttle, OKLAHOMA 73089-0180
tuttletimes@sbcglobal.net

Washita Valley Community Magazine
(405) 224-7467 920 S. 4th Street, Chickasha, Oklahoma 73018
wvshopper@att.net
washitavalleyweekly.com

**Jefferson County**

Ringling Eagle
(580) 662-2221 P.O. Box 626, Ringling, Oklahoma 73456
ringlingeagle@sbcglobal.net

Waurika News Journal
(580) .228-2545 114 S. Main, Waurika, Oklahoma 73573
waurikanewsjournal@gmail.com

**McClain County**

Blanchard News
(405) 485-231 P.O. Box 60, Blanchard, Oklahoma 73010
blanchardnews@pldi.net

Newcastle Pacer
(405) 387-5277 P.O. Box 429, Newcastle, Oklahoma 73065
newcastlepacer.com

Purcell Register
(405) 527-2126 P.O. Box 191, Purcell, Oklahoma 73080
purcellregister.com

**Oklahoma County**

The Oklahoman
(405) 475-3311 100 W. Main, Oklahoma City, Oklahoma 73114
NUTRITION SITES

The nutrition sites offer a variety of meals to Seniors, ages 60 and up, with or without their spouses, free of charge five days a week for those who meet the eligibility requirements. For those who do not meet the requirements may participate with a potential donation.

**Caddo County**
Anadarko Nutrition Center
(405) 247-4857  417 W. Main Street, Anadarko, Oklahoma 73005

Apache Tribe of Oklahoma Nutrition
(405) 247-6330  525 E. Colorado/P.O. Box 1330, Anadarko, Oklahoma 73005

Caddo Tribe of Oklahoma Nutrition
(405) 656-9042  P.O. Box 487, Binger, Oklahoma 73009

Carnegie Nutrition Center
(580) 654-1507  3 E. 3rd Street/P.O. Box 1126, Carnegie, Oklahoma 73015

Cement Nutrition Center
(405) 489-3803  P.O. Box 351/323 N. Main St, Cement, Oklahoma 73017
Cyril Nutrition Center
(580) 464-2300    P.O. Box 143/201 W. Ohio, Cyril, Oklahoma 73029
Fort Sill Apache Tribe Nutrition Project
(580) 588-2298    43187 US Hwy 281, Apache, Oklahoma 73006

Hinton Nutrition Center
(405) .542-6454    P.O. Box 322/515 W. Main Street, Hinton, Oklahoma 73047

Kiowa Tribe of Oklahoma
(580) 654-2300    P.O. Box 369, Carnegie, Oklahoma 73015-0369

Wichita and Affiliated Tribes Nutrition
(405) 247-9677    P.O. Box 729, Anadarko, Oklahoma 73005

**Comanche County**
Cache Nutrition Center
(580) 429-3427 or (580) 429-3428    416 W. C Avenue, Cache, Oklahoma 73527

Comanche Tribe Nutritional Center
(580) 355-2330    1107 SW H Avenue, Lawton, Oklahoma 73501

Elgin Nutrition Center
(580) 492-4980    801 1st Street, Elgin, Oklahoma 73538

Geronimo Nutrition Center
(580) .353-3448    101 E. Main Street, Geronimo, Oklahoma 73543

Lawton North Nutrition Center
(580) 581-3481    1705 NW 20th Street, Lawton, Oklahoma 73507

Lawton Eastside Nutrition Center - Patterson Community Center
(580) 581-3485 or (580) 357-7764    4 NE Arlington, Lawton, Oklahoma 73505

**Cotton County**
Temple Nutrition Center
(580) 342-6944    201 S. Commercial Street/P.O. Box 652, Temple, Oklahoma 73568

Walters Nutrition Center
(580) 875-9044    500 E. California Street/P.O. Box 452, Walters, Oklahoma 73572

**Grady County**
Chickasha Nutrition Center
(405) 224-4315    203 N. 18th Street, Chickasha, Oklahoma 73018

Rush Springs Nutrition Center
Verden Nutrition Center
(405) 453-7720 214 N. Main Street/P.O. Box 518, Verden, Oklahoma 73092

Jefferson County
Ringling Nutrition Center
(580) 662-2362 200 W. D Street/P.O. Box 1007, Ringling, Oklahoma 73456

Ryan Nutrition Center
(580) 757-2412 400 Taylor/Route 1 Box 8, Ryan, Oklahoma 73565

McClain County
Blanchard Nutrition Center
(405) 485-9260 101 S. Main Street/P.O. Box 1248, Blanchard, Oklahoma 73010

Byars Nutrition Center
(405) 783-4468 217 E. Ripley, Byars, Oklahoma 74831

Purcell Nutrition Center
(405) 527.9462 228 N. 2nd, Purcell, Oklahoma 73080

Washington Nutrition Center
(405) 288-6404 219 N. Turner/P.O. Box 624, Washington, Oklahoma 73093

Wayne Nutrition Center
(405) 449-3079 107 Shannon/P.O. Box 141, Wayne, Oklahoma 73095

Stephens County
Chickasaw Nation Nutrition Center
(580) 470-2160 1909 W. Plato Road, Duncan, Oklahoma 73533

Comanche Nutrition Center
(580) 439-5076 410 S. 2nd, Comanche, Oklahoma 73529

Delta Nutrition Program
(580) 252-1174 707 King Place, Duncan, Oklahoma 73533

Duncan Northside Nutrition Center
(580) 252-1174 1110 N. 7th Street, Duncan, Oklahoma 73533

Marlow Nutrition Center
(580) 658-5773 or (405) 255-3967 201 N. Elm Street. Marlow, Oklahoma 73055

Tillman County
Frederick Nutrition Center  
(580) 335-7026  102 E. Grand/Grand Hotel, Frederick, Oklahoma 73542

OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES  
DIVISION OF VOCATIONAL SERVICES FIELD OFFICE

State Office  
Department of Rehabilitative Services  
(405) 951-3400 or (800) 845-8476  Fax: (405) 951-3529  
3535 NW 58th Street, Suite 500, Oklahoma City, Oklahoma 73112

Ada  
DVR Office  
(580) 332-0178  Fax: (580) 332-4712  
1001 E 14th Street, Ada, Oklahoma 74820

Social Services Center  
(580) 332-2785  Fax: (580) 436-3542  
1628 E. Beverly, Suite 109, Ada, Oklahoma 74820

Altus  
DVR Office  
(580) 482-8605  Fax: (580) 477-2240  
1121 N. Spurgeon, Suite B, Altus, Oklahoma 73521

Alva  
DVR Office  
(580) 327-1214  Fax: (580) 327-8643  
P.O. Box 578, NWOSU Shockley Hall, Alva, Oklahoma 73717

Ardmore  
DVR Office  
(580) 226.1808  Fax: (580) 223-4265  
333 W. Main, Suite 430, Ardmore, Oklahoma 73401

Bartlesville  
DVR Office  
(918) 333-0760  Fax: (918) 331-9012  
4100 SE Adams Road, Suite E104, Bartlesville, Oklahoma 74006

Chickasha  
DVR Office  
(405) 224-0709  Fax: (405) 222-5728  
1000 Choctaw, Suite 2, Plaza N. Shopping Center, Chickasha, Oklahoma 73018

Claremore
DVR Office
(918) 341-8122 Fax: (918) 342-0355
1701 W. Will Rogers Blvd., Rogers State University H5161, Claremore, Oklahoma 74017

**Duncan**
DVR Office
(580) 255-1115 Fax: (580) 255-3740
Chisholm Creek Mall, 1206 N. Hwy. 81, Suite. 15-A, Duncan, Oklahoma 73533

**Durant**
DVR Office
(580) 924-2677 Fax: (580) 924-0208
1007 W. Main, Durant, Oklahoma 74701

**Enid**
DVR Office
(580) 233-0244 Fax: (580) 233-6535
528 N. Van Buren, Enid, Oklahoma 73703

**Guymon**
DVR Office
(580) 338-2043 Fax: (580) 338-1169
508 N. Roosevelt, Guymon, Oklahoma 73942

**Idabel**
DVR Office
(580) 286-3389 Fax: (580) 286-7466
513 E. Washington, Idabel, Oklahoma 74745

**Lawton**
DVR Office
(580) 585-4200 Fax: (580) 585-4232
1332 NW 53rd St., Lawton, Oklahoma 73505

Career Planning Center
(580) 585-4200 Fax: (580) 585-4232
1324 NW 53rd St., Lawton, Oklahoma 73505

Goodwill Industries of Southwest Oklahoma Inc.
(580) 355-2163 Fax: (580) 355-2166
1210 SW Summit, Lawton, Oklahoma 73501

**McAlester**
DVR Office
(918) 302-4200 Fax: (918) 302-4220
321 S. 3rd, Suite 2, McAlester, Oklahoma 74501

Page 92 of 115
Miami
DVR Office
(918) 542-4716  Fax: (918) 540-0072
Northeastern A & M College, P.O. Box 3896, Miami, Oklahoma 74355

Midwest City
DVR Office
(405) 737-4897  Fax: (405) 737-6907
1104-10 S. Air Depot, Midwest City, Oklahoma 73110
(405) 732-7693  Fax: (405) 732-8167
607 W. Rickenbacker, Midwest City, Oklahoma 73110

Muskogee
DVR Office
(918) 781-4150  Fax: (918) 447-5909
733 S. 32\textsuperscript{nd}, Muskogee, Oklahoma 74401

Norman
DVR Office
(405) 329-6096  Fax: (405) 447-5909
2227 W. Lindsey, Suite 1201, Norman, Oklahoma 73069
(405) 329-6160  Fax: (405) 447-5909
227 W. Lindsey, Suite 1400, Norman, Oklahoma 73069
(405) 447-0295  Fax: (405) 447-5326
2227 W. Lindsey, Suite 1200, Norman, Oklahoma 73069

Oklahoma City
DVR Office
Career Planning Center
(405) 635-2750  Fax: (405) 631-8115
5813 S. Robinson, Oklahoma City, Oklahoma 73109
(405) 522-6525  Fax: (405) 522-6545
2401 NW 23\textsuperscript{rd}, Ste. 59 (Shepherd Mall), Oklahoma City, Oklahoma 73107

Services to the Deaf and Hard of Hearing

Oklahoma School for the Deaf
(580) 622-5900 (V/TTY)
(888) 685-3323 (V/TTY)
1100 E. Oklahoma Street, Sulphur, Oklahoma 73086

Okmulgee
DVR Office
(918) 756-6435    Fax: (918) 756-7532
P.O. Box 2547, OSU-Oklahoma, Okmulgee, Oklahoma 74447

Poteau
DVR Office
(918) 647-8121    Fax: (918) 647-8929
1507 S. McKenna, Carl Albert State College, Hemphill Hall, Room 106, Poteau, Oklahoma 74953

Shawnee
DVR Office
(405) 273-9922    Fax: (405) 273-5658
1135 N. Kickapoo, Shawnee, Oklahoma 74801

Stillwater
DVR Office
(405) 372-1995    Fax: (405) 377-2036
217 W. 5th, Suite 2A, Stillwater, Oklahoma 74074

Tahlequah
DVR Office
(918) 456-6193    Fax: (918) 456-8396
214 S. Muskogee, Tahlequah, Oklahoma 74464

Tulsa
DVR Office
(918) 836-5556 or (918) 836-7105 (TDD)    Fax: (918) 835-2358
8740 E. 11th Street, Suite F, Tulsa, Oklahoma 74112

Career Planning
(918) 581-2366 (Voice/TDD)    Fax: (918) 581-2270
(918) 581-2301 (Voice/TDD)    (918) 583-9210
444 S. Houston, Suite 200, Tulsa, Oklahoma 74127

(918) 382-7700    Fax: (918) 583-5414
125 N. Greenwood, Suite 300, Tulsa, Oklahoma 74120

Vinita
DVR Office
(918) 256-5509    Fax: (918) 256-5846
441 N. Wilson, Vinita, Oklahoma 74301

Weatherford
DVR Office
(580) 772-5805    Fax: (580) 772-7905
OSU-OKLAHOMA COOPERATIVE EXTENSION SERVICES

Community Nutrition Education Program

Fresh Start Nutrition and You
(405) 744-6283  Fax: (405) 744-1461
301 Human Sciences Building 007, Stillwater, Oklahoma 74078

Caddo County Office
(405) 247-3376  Fax: (405) 247-7638
1202 E. Central Blvd., Anadarko, Oklahoma 73005

Comanche County Office
(580) 355-1045  611 SW C Avenue, Lawton, Oklahoma 73501

Stephens County Office
(580) 255-0510  2002 S. 13th Street, Duncan, Oklahoma 73533

The Fresh Start Nutrition and You program is a free service where nutrition education assistants will come to your home for an hour a week to teach you how to prepare healthier meals for you and your family. Tips offered by the Fresh Start Program include:

- Great ways to budget meals and stretch your food dollars.
- Feeding infants and children.
- Basic health and nutrition information.
- Meal planning tips to meet nutrition requirements.
- New ideas for making healthy and delicious low-cost meals.
- Information on food safety, storage and sanitation.
RADIO STATIONS

Caddo County
KACO - 98.5 FM
(405) 247-6682  115 W. Broadway Street, Anadarko, Oklahoma 73005

Comanche County
KBZQ - 99.5 FM
(580) 357-9950  2331 SW Lee Blvd., Lawton, Oklahoma 73501
KCCU - 89.3 FM
(888) 454-7800  2800 W. Gore Blvd., Lawton, Oklahoma 73505
KKRX - 1050 AM / KJMZ - 98.1 FM
(580) 355-1050  1525 SE Flower Mound Road, Lawton, Oklahoma 73501
KJRF - 91.1 FM
(580) 357-4498  2405 SW Lee Blvd., Lawton, Oklahoma 73505
Klaw - 101.3 FM
(580) 581-3600  626 SW D Avenue, Lawton, Oklahoma 73501
KMGZ - 95.3 FM
(580) 536-9530  1421 NW Great Plains Blvd., Suite C, Lawton, Oklahoma 73505
KVRW - 107.3 FM
(580) 581-3600  626 SW D Avenue, Lawton, Oklahoma 73501
KZCD - 94.1 FM
(580) 581-3600  626 SW D Avenue, Lawton, Oklahoma 73501

Grady County
KWCO - 105.5 FM and 106.1 FM
(405) 224-1560  627 Chickasha Avenue, Chickasha, Oklahoma 73018

Stephens County
KFXI - 92.1 FM
(580) 658-9292  1101 N. Broadway Marlow, Oklahoma 73055
KKEN 97.1 FM/ KPNS 1350 AM/ KDDQ-105.3 FM
(580) 255-1350  1701 W. Pine Avenue, Duncan, Oklahoma 73533
RECREATION

State of Oklahoma
Oklahoma Tourism and Recreation Information
(800) 652-6552
Lodge & Cabin Reservations: (800) 654-8240
travelOklahoma.com

U.S. Fish and Wildlife Service - Southwest Region
fws.gov/southwest

For information on the National Wildlife Refuge System
(800) 344-WILD

Caddo County
Anadarko Heritage Museum
(405) 247-3240 301 E. Main Street, Anadarko, Oklahoma 73005

Anadarko Philomathic Museum
311 E. Main (inside the Rock Island Railroad Depot), Anadarko, Oklahoma 73005
museum@cityofanadarko.org

Apache Historical Museum
(580) 588-3392 101 W. Evans, Apache, Oklahoma 73006

Caddo Tribal Heritage Museum
(405) 656-2344 117 Memorial Lane, Binger, Oklahoma 73009

Delaware Tribal Museum
(405) 247-2448 31064 Hwy 281, Anadarko, Oklahoma 73005

Hinton Historical Museum & Parker House
(405) 542-3181 801 S. Broadway Street, Hinton, Oklahoma 73047

Kiowa Tribal Museum
(580) 654-2300 Highway 9, Carnegie, Oklahoma 73015

Southern Plains Indian Museum
(405) 247-6221 715 E. Central Boulevard, Anadarko, Oklahoma 73005

Comanche County
Center for Creative Living
(580) 248-0471 3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505
Comanche Nation Museum & Cultural Center
(580) 353-0404 701 NW Ferris Lawton, Oklahoma 73507
Ft. Sill National Historic Landmark & Museum
(580) 442-5123 435 Quanah Road, Ft. Sill, Oklahoma 73503
Mattie Beal Home/Lawton Heritage Association
(580) 678-3156 1008 SW 5th Street, Lawton, Oklahoma 73501
Museum of the Great Plains
(580) 581-3460 601 NW Ferris, Lawton, Oklahoma 73501
Wichita Mountains Wildlife Refuge
(580) 429-3222 32 Refuge Headquarters, Indiahoma, Oklahoma 73552
fws.gov/refuge/Wichita_Mountains/

**Cotton County**
Cotton County Museum
(580) 875-3335 116 N. Broadway, Walters, Oklahoma 73572

**Grady County**
Grady County Historical Society Museum
(405) 224-6480 400 Block of Chickasha Ave. (Dixie Bldg), Chickasha, Oklahoma 73018
Loretta Y. Jackson African American Historical Society Museum
(405) 224-5297 315 E. Ada Sipuel Avenue, Chickasha, Oklahoma 73018
Minco Historical Society Museum
(405) 352-4480 304 NW Main Street, Minco, Oklahoma 73059
Muscle Car Ranch
(405) 222-4910 3609 S. 16th Street, Chickasha, Oklahoma 73018

**Jefferson County**
Chisholm Trail Historical Museum
East of intersection of Hwy 81 and Hwy 70, Waurika, Oklahoma 73573

**McClain County**
McClain County Museum
(405) 527-5894 203 W. Washington, Purcell, Oklahoma 73080

**Stephens County**
Chisholm Trail Heritage Center
(580) 252-6692 1000 Chisholm Trail Parkway, Duncan, Oklahoma 73533
onthechisholmtrail.com

Duncan Convention and Visitors Bureau
Respite care is a temporary break from caregiving duties. Respite vouchers assist caregivers in allowing them to pay someone to temporarily aid as a care provider in their absence.

The Contracts and Coalition Unit of Aging Services provides vouchers to caregivers who are not eligible for other respite programs. Funds are made available through the Lifespan Respite grant.

Contact Information:
(405) 521-4358
2401 NW 23rd Street, Suite. 40, Oklahoma City, Oklahoma 73107
SENIOR CITIZEN CENTERS

Caddo County
Alfalfa Community Center
(580) 637-2276  P.O. Box 148, Carnegie, Oklahoma 73015

Anadarko Nutrition Center
(405) 247-4857  417 W. Main Street, Anadarko, Oklahoma 73005

Apache Senior Center
(580) 588-2200  301 E. Evans, Apache, Oklahoma 73006

Binger Senior Citizens Center (8-1)
208 W. Main Street, Binger, Oklahoma 73009

Carnegie Nutrition Center
(580) 654-1507  3 E. 3rd Street, Carnegie, Oklahoma 73015

Cement Nutrition Center
(405) 489-3803  323 N. Main, Cement, Oklahoma 73017

Cyril Senior Nutrition Center
(580) 464-2300  P.O. Box 143, Cyril, Oklahoma 73029

Ft. Cobb Nutrition Senior Center
(405) 668-2220  312 Main Street, Fort Cobb, Oklahoma 73038

Hinton Senior Citizens
(405) 542-6454  515 W. Main Street, Hinton, Oklahoma 73047

Comanche County
Benjamin O. Davis Senior Center
(580) 353-5242  620 S. E Avenue, Lawton, Oklahoma 73501

Cache Senior Citizen and Delta Nutrition
(580) 429-3427  302 SW 5th Street, Cache, Oklahoma 73527

Center for Creative Living
(580) 248-0471  3501 SW Dr. Elsie Hamm Dr., Lawton, Oklahoma 73505

Chattanooga Community Center/Great Plains
(580) 597-3339  303 4th Street, Chattanooga, Oklahoma 73528

Elgin Nutrition Center
(580) 492-4980 801 1st Street, Elgin, Oklahoma 73538

Geronimo Senior Citizens Center
(580) 353-3448 101 W. Main Street, Geronimo, Oklahoma 73543

Indiahoma Senior Center
(580) 246-3572 900 Indiahoma Road, Indiahoma, Oklahoma 73552

Lawton Housing Authority
(580) 353-7392 609 SW F Avenue, Lawton, Oklahoma 73501

Meers Community Center
(580) 492-5128 12033 NW Rhodes Road, Lawton, Oklahoma 73507

Patterson Community Center
(580) 581-3485 4 NE Arlington, Lawton, Oklahoma 73502

Wichita Mountains Area Senior Citizens
(580) 529-3585 First Baptist Church, Medicine Park, Oklahoma 73557 (Temporary)

**Cotton County**

Temple Senior Citizens Center
(580) 342-5017 201 E. Minnesota, Temple, Oklahoma 73568

Walters Senior Citizens Center
(580) 591-3009 111 E. Colorado, Walters, Oklahoma 73572

**Grady County**

Alex Community/Senior Center
(405) 785-9103 P.O. Box 243, Alex, Oklahoma 73002

Amber Community/Senior Center/Amber Nutrition
(405) 224-4315 P.O. Box 3/404 Holly, Amber, Oklahoma 73004

Borden Park Community Center/Chickasha
(405) 222-9281 P.O. Box 2101/200 N. 18th Street, Chickasha, Oklahoma 73018

Bradley Community Center
(405) 462-7595 322 McKee Street, Bradley, Oklahoma 73011

Chickasha Senior Citizens Center
(405) 224-4315 P.O. Box 2101/201 N. 18th, Chickasha, Oklahoma 73018

Minco Senior Citizens Center
(405) 352-5018 P.O. Box 357/221 NW Main Street, Minco, Oklahoma 73059
Ninnekah Senior Citizen Center  
(405) 224-7434  512 Elm Street/P.O. Box 16, Ninnekah, Oklahoma 73067

Pocasset Senior Citizen Center 
(405) 459-8862  530 S. Main Street, Pocasset, Oklahoma 73079

Rush Springs Senior Citizens Center 
(580) 476-3168  215 W. Blakely, Rush Springs, Oklahoma 73082

Tuttle Senior Citizens Center 
(405) 381-2606  P.O. Box 134/5 JD Ryan Road, Tuttle, Oklahoma 73089

Cottonwood Center 
(405) 453-7720  119 N. Main Street, Verden, Oklahoma 73092

**Jefferson County**

Hastings Senior Citizens Center 
(580) 963-2531  P.O. Box 3, Hastings, Oklahoma 73548

Ringling Nutrition Center 
(580) 662-2362  P.O. Box 1007/200 W. D Street, Ringling, Oklahoma 73456

Ryan Senior Center/Community Center 
(580) 757-2615  701 Washington, Ryan, Oklahoma 73565

Waurika Senior Citizens Center 
(580) 228-2087  108 S. Main, Waurika, Oklahoma 73573

**McClain County**

Blanchard Senior Citizens 
(405) 485-9260  P.O. Box 626/101 S. Main Street, Blanchard, Oklahoma 73010

Byars Nutrition Center 
(405) 783-4468  217 E. Ripley, Byars, Oklahoma 74831

Dibble Senior Citizens Center 
(405) 344-6789 or (405) 222-4546  
c/o Ed Cantrell, Ctr. Pres. 2210 CR 1400, Alex, Oklahoma 73002

Newcastle Senior Citizens Center 
(405) 387-2100  P.O. Box 86/504 W. Hwy. 130, Newcastle, Oklahoma 73065

Purcell Senior Citizens Center 
(405) 527-5070  228 N. 2nd Street, Purcell, Oklahoma 73080

Washington Senior Citizen Center 
(405) 288-6404  219 N. Turner, Washington, Oklahoma 73093
Wayne Senior Citizens Center  
(405) 449-3079  
107 Shannon Street, Wayne, Oklahoma 73095  

**Stephens County**  
Bray Senior Citizens  
(580) 658-2709  
1014 S. Brooks, Marlow, Oklahoma 73055  

Central High Senior Citizens Center  
Rt. 1, Box 151, Marlow, Oklahoma 73055  

Chickasaw Nation Senior Center  
(580) 470-2160  
1909 W. Plato Road, Duncan, Oklahoma 73533  

Douglass Community Senior Center  
(580) 255-9579  
707 S. King Place, Duncan, Oklahoma 73533  

Duncan Senior Citizens Center  
(580) 255-6902  
1110 N. 7th Street, Duncan, Oklahoma 73533  

Marlow Senior Citizens Center  
(580) 658-5628  
325 W. Main Street, Marlow, Oklahoma 73055  

Velma Senior Citizens Center  
(580) 444-3772  
½ mile East on Old Hwy. 7/P.O. Box 584, Velma, Oklahoma 73491  

**Tillman County**  
Frederick Senior Citizens Center  
(580) 335-7026  
102 E. Grand, Frederick, Oklahoma 73542  

Grandfield Multipurpose Senior Center  
(580) 479-3320  
123 W. 1st, Grandfield, Oklahoma 73546  

Tipton Area Senior Center  
(580) 667-4158  
100 E. Main, Tipton, Oklahoma 73570  

**SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS**  

AARP Foundation  
(660) 619-5957  

Experience Works  
(866) 397-9757  
700½ N. Commerce St., Ardmore, Oklahoma 73401  

National Indian Council on Aging (NICOA)  
(405) 951-9240  
909 Meridian, Suite 540, Oklahoma City, Oklahoma 73108
SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)
Food Distribution Program

Comanche County
(580) 255-3600 1610 SW Lee Blvd, Lawton, Oklahoma 73501

Grady County 1707 W. Frisco Avenue, Chickasha, Oklahoma 73018

Oklahoma Department of Human Services - Stephens County
(800) 734-7506 or (580) 251-8300 P.O. Box 1367, Duncan, Oklahoma 73533

Oklahoma Department of Human Services - Office for Civil Rights
(800) 214-3529 or (405) 521-3529 P.O. Box 25352, Oklahoma City, Oklahoma 73125

USDA, Director - Office of Civil Rights
Room 1341, Whitten Building 1400 Independence Ave., SW Washington, DC 20250

SOONERSTART SERVICES

Website: Oklahoma.gov/sde/soonerstart
Address: Your County Health Department

The SoonerStart program is a free service where professionals can evaluate children from newborns through three years of age and provide care if needed. Services may include:

- Medical services
- Psychological services
- Occupational, physical and speech language therapy

SMOKE ALARMS & ALERT EQUIPMENT FOR OKLAHOMANS WITH A DISABILITY

Oklahoma ABLE Tech
(800) 257-1705 (V/TTY) Fax: (405) 744-2487
1514 W. Hall of Fame, Stillwater, Oklahoma 74078
abletech@Oklahomastate.edu

Oklahomans of all ages with a documented disability of:
- Deaf
- Hard of hearing
- Blind
• Low vision
• Use of a mobility device

TAX INFORMATION

Internal Revenue Services
irs.gov

AARP Free Tax Preparation
aarp.org

Center for Creative Living
(580) 248-0471 3501 Dr. Elsie Hamm Drive, Lawton, Oklahoma 73505

Great Plains Improvement Foundation
(580) 353-2364 2 S. Lee Blvd, Suite 200, Lawton, Oklahoma 73501
gpif-CAA.org

FREE TAX ASSISTANCE

Ada
The Chickasaw Nation – VITA 501 S. Mississippi (580) 272-5798
AARP Tax Aide 730 Crestview St. (580) 447-4869

Altus
Southwest Community Action 221 N Park Lane

Antlers
Pushmataha Co. 603 SW B Street (580) 298-2921

Atoka
INCA 301 W. 10th Street (580) 889-5193

Bartlesville
CARD 3618 E. Tuxedo Blvd. (918) 333-8115
Bartlesville Public Library 600 S. Johnstone Ave.

Broken Arrow
Broken Arrow Central Park Community Center 1500 S. Main St.

Catoosa
CN Catoosa 310 Chief Stand Watie (918) 342-6814

Chandler
Chandler Public Library 1021 Manvel Ave.

Chickasha
Goodwill 818 W. Grand Ave.

Claremore
CARD 707 W. Lowry Road (918) 341-5000
CN Claremore 23205 S. Hwy 66 (918) 342-6807

Cleveland
Jay C. Byers Memorial Library 215 E. Wichita (918) 762-3041

Clinton
Opportunities CAA 2250 Modelle

Duncan
Duncan Tax Aide Site 3300 W. Bois D’Arc

Durant
DWR Community Center 1515 W. Main Street

Edmond
Edmond Community Center 28 E. Main Street
University of Central Oklahoma 100 N. University Dr.

El Reno
Community Action El Reno 203 N. Bickford

Enid
Enid Oakwood Mall 4125 W. Garriott Road

Eufaula
Caf, Inc. 1500 Lakehurst Drive (918) 759-1898

Fredrick
CADC Tillman 100 S. Main

Grove
NEOCAA 1005 Leisure Road (918) 253-4683

Guymon
Opportunities 306 NE 4th Street

Henryetta
First Family Credit Union 313 W. Main Street

Page 106 of 115
Hobart
CADC Kiowa          400 N. Randlett           (580) 726-3343

Holdenville
Holdenville Housing Authority  301 Crestview Drive  (918) 759-1898

Hugo
Choctaw County          500 E. Rosewood          (580) 326-5165

Idabel
McCurtain County       312 NW Texas              (580) 286-9348

Jay
CN Jay                 1300 W. Cherokee #111  (918) 253-4078
NEOCAA                 856 E. Melton Suite C (918) 253-4683

Lawton
Great Plains Improvement Foundation, Inc. #2 Lee Blvd., Suite 200 (580) 353-2364
Lawton Public Library   110 SW 4th Street
Center for Creative Living  3501 SW Dr. Elsie Hamm Dr.
Goodwill II            1838 NW 52nd Street
Goodwill I             1210 Summit Avenue

McAlester
Pittsburg County       609 E. Peoria
McAlester Public Library 401 N. 2nd Street

Miami
NEOCAA                 2114 Denver Harner Dr.  (918) 253-4683

Midwest City
Senior Citizens Center 8251 E. Reno Ave
Neighborhoods in Action 200 N. Midwest Blvd.

Moore
Moore Public Library   225 S. Howard

Muskogee
CN Muskogee           1001 S. 41st Street  (918) 453-5536
Muskogee Public Library 801 W. Okmulgee Street

Norman
United Way            1155 E. Main
Norman Public Library Central 103 W. Acres Street
Senior Citizens Center 329 S. Peters Avenue   (405) 329-4200
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<td>Nowata</td>
<td>CARD</td>
<td>317 E. Delaware</td>
<td>(918) 273-2868</td>
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<td>CN Nowata</td>
<td>1020 Lenape Dr.</td>
<td>(918) 342-6807</td>
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<td>Oakland</td>
<td>INCA</td>
<td>18649 8th Street</td>
<td>(580) 795-2372</td>
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<td>CN Ochelata</td>
<td>39500 W. 2900 Road</td>
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<td>Okemah</td>
<td>Reach Corp</td>
<td>320 S. 1st</td>
<td>(918) 759-1898</td>
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<td>Oklahoma City</td>
<td>John Marshal HS Academy of Finance</td>
<td>12201 N. Portland Ave.</td>
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<td>Baptist Retirement Center</td>
<td>9700 Mashburn Blvd.</td>
<td>(405) 721-2466</td>
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<td>1020 NE 42nd Street</td>
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<td>1201 N. Robinson Avenue</td>
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<td>Okmulgee</td>
<td>CAF CAA</td>
<td>223 W. 6th Street</td>
<td>(918) 796-2826</td>
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<td>Commerce VITA</td>
<td>1002 Bear Lane</td>
<td>(918) 549-2603</td>
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<td>Mvskoke Loan Fund TCE</td>
<td>1002 Bear Lane</td>
<td>(918) 752-9579</td>
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<td>Pawnee</td>
<td>UCAP</td>
<td>501 6th Street</td>
<td>(918) 762-3041</td>
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<tr>
<td>Perry</td>
<td>UCAP</td>
<td>803 Market Street</td>
<td>(580) 363-3313</td>
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<td>Ponca City</td>
<td>United Way</td>
<td>205 N. 2nd Street</td>
<td>(580) 765-2476</td>
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<td>Ponca City Public Library</td>
<td>515 E. Grand Avenue</td>
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<td>Poteau</td>
<td>Choctaw Nation Envision Center</td>
<td>511 Nanih Waiya Road</td>
<td>(580) 380-9370</td>
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**Pryor**  
CARD  708 SE First  (918) 825-3423  
CN Pryor  2945 Hwy 69A  (918) 453-5536

**Salina**  
CN Salina  901 Owen Walters Blvd.  (918) 207-2939

**Sallisaw**  
CN Sallisaw  2260 W. Cherokee  (918) 774-0770  
First Christian Church  706 N. Wheeler Avenue

**Sapulpa**  
Sapulpa Public Library  27 W. Dewey Avenue

**Sayre**  
CADC Washita  304 W. Main  (580) 928-2114

**Stigler**  
KIBOIS Haskell County  200 SE A Street

**Stillwater**  
Stillwater Public Library  1107 S. Duck Street

**Stilwell**  
CN Stilwell  219 W. Oak Street  (918) 453-5536

**Sulphur**  
INCA Murray  112 N. 9th Street  (580) 622-5700

**Tahlequah**  
CN Tahlequah  17695 S. Muskogee  (918) 453-5536  
CN Tahlequah  110 McSpadden Court

**Temple**  
CADC Cotton  202 S. Commercial

**Tishomingo**  
INCA Johnson  207 S. Capitol Street  (580) 371-2352

**Tonkawa**  
Northern Oklahoma College  1220 E. Grand Avenue  (580) 761-0281

**Tulsa**  
LIFE Senior Services, Inc.  5950 E. 31st Street  (918) 664-9000  
Goodwill Dream Center  200 W. 46th Street N.  
Goodwill Job Connection  1665 S. Yale Avenue
Asbury United Methodist Church 6767 S. Mingo Road
Goodwill 2800 Southwest Blvd.
Goodwill 815 S. Utica Avenue
Goodwill YWCA 8145 E. 17th Street
Hardesty South Regional Library 8316 E. 93rd Street
Centennial Park Center 1028 E. 6th Street

Vinita
CN Vinita 27371 S. 4410 Road (918) 342-6807

Watonga
Opportunities CAA 117 W. Russworm

Westville
CN Westville 116 N. Williams

Wilburton
Latimer County 309 W. Main

Woodward
Opportunities 1007 Main Street

Yukon
Yukon Senior Center 1200 Lakeshore Drive

TELEVISION STATIONS

Comanche County
KSWO-TV - Channel 7
(580) 355-7000 1401 SE 60th Street, Lawton, Oklahoma 73501
kswo.com
TRANSPORTATION SERVICES

For Oklahoma Road Conditions During Inclement Weather:
(844) 465-4997  dps.state.Oklahoma.us/cgi-bin/weathermap.cgi

Caddo County
Apex Inc.
(405) 247-7377  117 S. 1st St., Anadarko, Oklahoma 73005
office@apexOklahoma.com

Kiowa Nation Public Transportation
(580) 654-2300  P.O. Box 369, Carnegie, Oklahoma 73015

Maple Lawn Manor Inc.
(405) 663-2455  800 Arapaho Avenue, Hydro, Oklahoma 73048
rstringer@farmcorpadmin.com

Comanche County
AAA Auto Insurance
(580) 536-9100  1924 NW Cache Road, Lawton, Oklahoma 73505

Enterprise Rent-A-Car
(580) 355-0330  6103 NW Cache Road, Lawton, Oklahoma 73507

Goodwill Industries of Southwest Oklahoma Inc.
(580) 248-9313  923 Hilltop Drive, Lawton, Oklahoma 73505
eskulski@goodwillsont.org

Hertz Rental Car
(580) 355-6789  3401 SW 11th Street, Lawton, Oklahoma 73501

Jim Norton Toyota of Lawton
(580) 355-7223  7110 NW Quanah Parker Trail, Lawton, Oklahoma 73505

LATS - Lawton Bus System
(580) 248-5252  611 SW Bishop Road, Lawton, Oklahoma 73501

Lawton Fort Sill Regional Airport
(580) 353-4869  3401 S. 11th Street, Lawton, Oklahoma 73501

Peoples Cab
(580) 357-9999  112 SW Lee Boulevard, Lawton, Oklahoma 73501
Roadside Automobile Rentals  
(580) 351-1111  3604 SW Tennessee Avenue, Lawton, Oklahoma 73507

Searchlight Center Inc.  
(580) 248-0645  1301 W. Gore Blvd., Lawton, Oklahoma 73501

Yellow Cab  
(580) 355-1440  101 SW 1st Street, Lawton, Oklahoma 73501

**Grady County**  
Enterprise Rent-A-Car  
(405) 222-4400  2900 S. Hwy 81, Chickasha, Oklahoma 73533

Special Young Adults  
(405) 222-1023  826 Oregon Avenue, Chickasha, Oklahoma 73018

Washita Valley Transit  
(405) 222-3438  205 W. Chickasha Avenue, Chickasha, Oklahoma 73018

Washita Valley Community Action Council  
(405) 224-5831  205 W. Chickasha Avenue, Chickasha, Oklahoma 73023

**Jefferson County**  
Red River Transportation  
(580) 255-7883  400 Taylor, #22, Ryan, Oklahoma 73565

Red River Transportation  
(580) 228-3202  160 Circle Drive, Waurika, Oklahoma 73573

**McClain County**  
Delta Public Transit  
(405) 527-6537  223 W. Washington Street, Purcell, Oklahoma 73080

**Stephens County**  
City Taxi  
(580) 252-8294  101 N. 11th Street, Duncan, Oklahoma 73533

Delta Nutrition Program/Delta Community Action Foundation Inc.  
(580) 255-3967  707 S. King Place, Duncan, Oklahoma 73533

Stephens County Charity Van  
David Ussery  
Courthouse/Appointments: (580) 255-4193  Cell Phone: (580) 251-0999  
Monday & Wednesday – Lawton  
Tuesday & Thursday – Oklahoma City
Duncan Tax & Cab Service  
(580) 470-8615  311 S. 1st Street, Duncan, Oklahoma 73533

Enterprise Rent-A-Car  
(580) 255-9777  510 S. Hwy 81, Duncan, Oklahoma 73533

City of Marlow  
(580) 658-5401  119 2nd Street, Marlow, Oklahoma 73055

Think Ability First  
(580) 252-4516  2103 W. Beech Avenue, Duncan, Oklahoma 73533

Red River Transportation  
(580) 255-7883  8100 N. Hwy 81, Duncan, Oklahoma 73533

Duncan Senior Citizens Center Van  
(580) 252-6902  1110 N. 7th Street, Duncan, Oklahoma 73533

**Tillman County**  
Red River Transportation  
(580) 335-5588  105 S. Main Street/P.O. Box 989, Frederick, Oklahoma 73542

**VETERAN’S SERVICES**

Veterans Affairs – Department of Benefits Information and Assistance  
(800) 827-1000  TDD: (800) 829-4833  
benefits.va.gov

Veterans Affairs Insurance Center  
(800) 669-8477  
va.gov

Veterans Benefits – Fort Sill Intake Site  
VA BDD Office Building 4700, Suite 317, Mow-Way Road, Ft. Sill, Oklahoma 73503

Veterans Community Based Outpatient Clinic Lawton/Ft. Sill  
(580) 585-5600  4303 Pittman and Thomas Bldg 4303, Ft. Sill, Oklahoma 73503

Veterans Crisis Hotline  
(800) 273-8255 (Press 1)

Veteran Services Center - Lawton  
(877) 927-8387 or (580) 585-5880  1016 SW C Avenue, Suite B, Lawton, Oklahoma 73501

Armed Services YMCA Military Welcome Center
American Legion P.O.st 55  
(580) 470-8488  321 Hwy 81 South, Duncan, Oklahoma 73533

Disabled American Veterans  
(580) 248-8387  4704 NW Motif Manor Blvd., Suite 5, Lawton, Oklahoma 73505

Silent War Foundation  
(580) 704-9274  1315 NW Sheridan Road, Lawton, Oklahoma 73505

VFW Post 1192  
(580) 255-9935  2012 Hwy 81 North, Duncan, Oklahoma 73533

Veterans Convalescent Center  
(580) 351-6511  501 SE Flower Mound Road, Lawton, Oklahoma 73501

Fort Sill National Cemetery  
(580) 492-3200  2648 NE Jake Dunn Road, Elgin, Oklahoma 73538

Home at Last Lawton - Housing for Homeless Veterans by Veterans  
(580) 647-5077  815 SW E Avenue, Lawton, Oklahoma 73501

VOTER REGISTRATION

**Caddo County**  
Caddo County Election Board - Caddo County Court House  
(405) 247-5001  201 W. Oklahoma, Anadarko, Oklahoma 73005

**Comanche County**  
Comanche County Election Board - Comanche County Court House  
(580) 353-1880  315 SW 5th Street, Room 206, Lawton, Oklahoma 73501

**Cotton County**  
Cotton County Election Board - Cotton County Court House  
(580) 875-3403  301 N. Broadway Street, Room 3, Walters, Oklahoma 73572

**Grady County**  
Grady County Election Board  
(405) 224-1430  307 W. Pennsylvania, Chickasha, Oklahoma 73018

**Jefferson County**  
Jefferson County Election Board - Jefferson County Court House  
(580) 228-3150  220 N. Main, Room 203, Waurika, Oklahoma 73573
McClain County
McClain County Election Board - McClain County Court House
(405) 527-3121  121 N. 2nd Avenue, Suite 101, Purcell, Oklahoma 73080

Stephens County
Stephens County Election Board - Stephens County Court House
(580) 255-8782  101 S. 11th Street, Duncan, Oklahoma 73533

Registration forms are also available at the Tag Offices, Public Library, Post Office and Department of Human Services

Tillman County
Tillman County Election Board - Tillman County Court House
(580) 335-2287  201 N. Main Street, Room 5, Frederick, Oklahoma 73542

WOMEN, INFANTS AND CHILDREN (WIC)

(888) OKLA-WIC ((888) 655-2942)
fns.usda.gov/wic/women-infants-and-children-wic
Your County Health Department

The WIC program is for any child, from birth to five years of age, women who are pregnant, breastfeeding or have recently given birth. Parent(s) as caretaker, guardian or proxy may apply for WIC services for a child. Two-parent families, single-parent families, grandparents and foster parents may also apply for WIC assistance. The WIC program provides:

- Free information on nutrition, healthy eating and breastfeeding.
- Nutritious foods to add to your diet.