

ASCOG OFFICE REMAINS CLOSED TO THE PUBLIC AT LEAST UNTIL MAY 6

Until Governor Stitt rescinds the Safer at Home order, ASCOG's office will remain closed to the public. Once the order is rescinded, our offices will open to the public during our normal office hours, Monday through Thursday, 7:30 a.m. to 5:30 p.m. For now, we are still working behind closed doors and from our homes. Our programs remain available to you by telephone or email. Please do not hesitate to contact us.

REGIONAL FOODBANK RESPONDS TO REQUEST AND DELIVERS EMERGENCY FOOD BOXES

When the Covid-19 response began to increase social distancing guidelines and close more businesses, ASCOG's AAA reached out to many community partners to address the needs related to food insecurity for the Older Americans in our area. Not only did our local, state and federal partners hear our requests they decided to answer the call in a wonderful way. The Regional Food Bank delivered 1,324 boxes of emergency food to ASCOG's AAA on April 15th in Lawton. The monetary value of these donations was over \$21,000 dollars.



ASCOG CED Planner Ronald Peel and his wife Mary came to help with delivery of the emergency food boxes.



Mr. Byrd from United Rental donated his time as well as the use of the forklift he is operating in this photo.

The ASCOG team with assistance from some amazing volunteers, received the truck at 9:15 am and were able to make deliveries to all 20 Title III Nutrition sites for disbursement to the Seniors we serve via curbside pick-up and home delivery by noon. The counties/towns receiving assistance for their seniors are **Caddo:** Anadarko, Carnegie, Cement, Cyril, **Comanche:** Cache, Elgin, Geronimo, Lawton, **Cotton:** Temple, Walters, **Grady:** Chickasha, **Jefferson:** Ryan, Ringling, **McClain:** Byars, Purcell, Wayne, **Stephens:** Duncan, Marlow,

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EMERGENCY FOOD BOXES *(continued)*

Tillman: Frederick. These donations will help feed between 2,000-3,000 people for two to three weeks. Just as importantly, it allowed them to continue to stay home and stay safe.

ASCOG's AAA Director Manriquez would like to thank **The Regional Food Bank Director of Health and Senior Programming**, Keeley White, **State of Oklahoma Special Unit on Aging**, **ASCOG Employees:** Danielle Carpenter, David Sexton, Jazmin Shipley, Ken Jones, Malcolm Hutchinson, Perry Brinegar, Ronald Peel, Shannon Yarbrough, Stephanie Denton and Tom Zigler,



Volunteers from Cameron's Chapter of Student Veterans of America (SVA)

ASCOG Registered Dieticians: Joy Galloway and Sheryl Hayes **City of Lawton:** Mayor Stan Booker and Reggie Seaton, **County Commissioner:** Brent Kinder **DELTA Nutrition:** Karen Nichols, April Houston, Angela Holly, Bobbi McDonald, Charlotte Davenport, Dana Fulmer, Diana Klenk, Manuela Green, Ms. Faye, Ms. Deanna, Ms. Sue, Deborah James, Harold Irby, Jodie Cargile, John Webb, Linda Nichols, Linda Powers, Maria Luna, Pamela Pogue, Rhonda Bates, Shirley Pattinson, Tonya Dial and all other Delta staff, **Fort Sill Firefighters:** Cody Penland, Gerard Dodson, Gordon King

and Richard Manriquez, **Student Veterans of America Cameron University Chapter:** Kory Hamilton, Eric Jones, Michael Connor and his son and Joshua Manriquez, **United Rentals:** Mr. Byrd **Volunteers:** Cassandra Mitchell, Deshawn Sexton, Earl Peel, Isabella Manriquez, Jacob Turner, Kristine Arzola and friend Amanda, Mary Peel, Marilyn Kerbo, Payton Denton, Thaddeus Komula, Terri Kinder and Phillip Ryan. Your services are appreciated more than you know.

***"The heart of a volunteer is never measured in size, but by the depth of the commitment to make a difference in the lives of others."* - DeAnn Hollis**

Please contact the AAA for information about services for seniors by phone @ (580) 736-7036 or 1- (800) 211-2116, at any of the following email addresses manr_kr@ascog.org, ship_ja@ascog.org, sext_da@ascog.org, hutc_ma@ascog.org, dent_st@ascog.org or by visiting ASCOG's website www.ascog.org or FaceBook page.

RURAL FIRE ACTIVITIES

Fire Departments have been submitting the needed reports for recertifications and forestry contracts.

The last payment requests have been issued for the 80/20 grants. Perry will be making trips to departments for inspections on projects, trucks and buildings starting mid-May. For more info or questions, please call **Perry Brinegar** at (580) 736-7023 or by email at brin_pe@ascog.org.



MEDICARE UPDATE

If you are already enrolled in Medicare Part A and you want to enroll in Part B, you cannot use the online application. Please mail your completed application, CMS-40B, Application for Enrollment in Medicare – Part B (Medical Insurance) to your local Social Security field office. If you are applying for Medicare Part B due to a loss of employment or group health coverage, you will also need to complete form CMS-L564 (Request for Employment Information). Return the completed forms to your local Social Security office by mail or fax it to 1 - (833) 914-2016.

You'll have Original Medicare unless you make another choice. You can decide to add a drug plan (Part D) or buy a Medigap policy to help pay for costs that Original Medicare doesn't cover. You can choose to join a Medicare Advantage Plan (Part C) and get all your Medicare coverage (including drugs and extra benefits like vision, hearing, dental, and more) bundled together in one plan. For more information please contact **Stephanie Denton** dent_st@ascog.org or **Jazmin Shipley** ship_ja@ascog.org.



2019 REAP COMPLETION DEADLINE NEARS

All 2019 REAP recipients have two months to spend your REAP funds. The deadline is June 30, 2020. If you are having difficulty in completing your project or if you have any questions, please contact **Tom Zigler** (580) 736-7971 or e-mail zigl_to@ascog.org.

2020 REAP QUARTERLY REPORTS DUE

The 2020 REAP contract terms and conditions contain deadlines that are required of each 2020 REAP recipient. The first Quarterly Report deadline for recipients requires the following to be done before May 1, 2020.

For CONSTRUCTION PROJECTS (Water, Sewer, Roads, Buildings, etc.) Grant Recipients must submit documentation they have:

1. Obtained all necessary permits
2. Obtained bids as may be required
3. A quarterly report providing a brief statement of the stage of progress including supporting documentation that the steps outlined above have been completed or a closeout with all supporting documentation if the project is completed.
4. Pictures of project to date.

For EQUIPMENT PURCHASES (Fire Trucks, Ambulances, Street Signs, Electric Poles, etc.) Grant Recipients must:

1. Prepare necessary specifications needed to obtain bids
2. Obtain bids using appropriate method previously described.
3. Pictures of equipment including VIN or serial numbers.

All grant recipients must submit a quarterly report that provides a brief statement of the stage of progress including supporting documentation that the steps outlined above have been completed or a closeout with all supporting documentation if the project is completed. *Failure to comply with contract provisions may result in de-obligation of your award funds.*

If you have any questions about these new requirements, please contact **Tom Zigler** at (580) 736-7971.

REAP SPOTLIGHT PROJECT SHINES ON MEDICINE PARK

Medicine Park's oldest water containment structure, a 10'x20' standpipe, was in dire need of refurbishment and an inside outside paint job. Medicine Park, like most small communities, has found it difficult to fund substantial maintenance expenses on such large structures. Using 2019 REAP funds, Medicine Park was able to accomplish the following: abrasive blast removal of existing coatings, prime interior and exterior with Tenemec 9 H2O, coat interior with two coats Tenemec Series 20 Epoxy and coat exterior with Tenemec Series 20 and one coat of Tenemec Series 73. CONGRATULATIONS MEDICINE PARK!

