



# ASCOG News 'n Briefs

**Edition 326**

**August 2017**



## **AREA AGENCY ON AGING TO HOST PUBLIC HEARINGS**

The ASCOG Area Agency on Aging will host public hearings in August to obtain feedback into the funding for Older Americans Act services received through the USDHHS and OKDHS. Seniors and those who care for seniors are encouraged to attend. Hearings will be hosted in each of ASCOG's eight counties. The August hearings are scheduled as follows:

August 1, **Lawton** North Nutrition Site, 11:00 am

August 17, **Duncan** North Nutrition Site, 11:00 am

August 24, **Walters** Nutrition Site, 11:00 am

August 29, **Ringling** Nutrition Site, 11:00 am

## **PUBLIC SAFETY**

Meers fire department has almost completed their tanker truck and will have inspection soon as well as Hulen fire department. Marlow and Eakley fire departments both have new fire chiefs starting. Jason Miller at Marlow and Darin Sharry at Eakley.

## **ASCOG MEDICARE COUNSELOR TO PRESENT INFORMATION ON MEDICARE FRAUD AND HELP FOR LOW-INCOME BENEFICIARIES**

ASCOG's two certified Medicare Counselors, will present information about Medicare fraud prevention as well as assistance to Medicare beneficiaries who need help paying for Medicare premiums. See schedule below. For more information, contact **Kris Brown** at 580.736.7036 or **Ken Jones** at 580.736.7972.

August 1, **Lawton** North Nutrition Site, 11:00 a.m., Ken Jones

August 7, **Patterson** Nutrition Site, **Lawton**, 11:00 a.m., Ken Jones

August 8, **Geronimo** Nutrition Site, 11:00 a.m., Ken Jones

August 10, **Elgin** Nutrition Site, 11:00 a.m., Ken Jones

August 15, **Mountain View** Nutrition Site, 10:30 a.m., Kris Brown

August 15, **Marlow** Nutrition Site, 11:00 a.m., Ken Jones

August 17, **Duncan** North Nutrition Site, 11:00 a.m., Ken Jones

August 21, **Duncan** South (Douglass) Nutrition Site, 11:00 a.m., Ken

August 24, **Walters** Nutrition Site, 11:00 a.m., Ken Jones

August 28, **Temple** Nutrition Site, 11:00 a.m., Ken Jones

August 29, **Ringling** Nutrition Site, 11:00 a.m., Ken Jones

August 31, **Ryan** Nutrition Site, 11:00 a.m., Ken Jones

## MASONIC GRANT EXPENDED FOR REMAINDER OF 2017

Due to higher volumes of seniors in need and more seniors from rural areas applying, our Masonic grant has been fully expended for 2017. We expect to receive more grant funds in January 2018. The Masonic grant is used to meet one-time needs for seniors aged 55 and older. Common uses of the grant are for wheelchair ramps, home repairs, dentures and eyeglasses.



## FREE TAI-CHI CLASSES FOR SENIORS

Duncan High School DHS is sponsoring a program that brings free Tai-Chi lessons and classes to local senior centers. **Mary Gossett** with DHS is happy to incorporate and plan classes for centers where there are interested participants. Please contact **Mary** at [marygo@health.ok.gov](mailto:marygo@health.ok.gov).

## ASCOG OMBUDSMAN SUPERVISOR TO HOST TRAINING FOR VOLUNTEERS

Interested in making a difference in the lives of seniors? Then why not be a Long-Term Care Ombudsman Volunteer? There will be a New Volunteer Training on August 22 & 23, 2017 at the Caddo-Kiowa Technology Center located at 1415 7<sup>th</sup> Street, **Fort Cobb**, OK 73038. The training will be held from 9:00am to 4pm. Seniors in your community need someone to advocate for them. Come be a part of a rewarding program. Be an Ombudsman Volunteer in your community. If you would like to know more about the Ombudsman program or you would like to make a reservation for the training, please call **Dacia Nix**, Ombudsman Supervisor at 580-736-7975 or email at [nix\\_da@ascog.org](mailto:nix_da@ascog.org).

## 2018 REAP

The first 2018 REAP Workshop was held July 18, 2017, at Great Plains Technology Center in Room 701. There were 13 individuals that attended the workshop to discuss the application and ask questions. If you did not get to attend the July 18, 2017, workshop please make note of the following opportunities:

July 25 – **Duncan** – Red River Technology Center – Room D106

July 27 – **Fort Cobb** – Caddo Kiowa Technology Center – Room 436

August 1 – **Chickasha** – Canadian Valley Technology Center – Bldg. 200, Room 1

Times are all 3:00 pm to 4:30 pm.

2018 REAP Schedule:

July 11 – Application posted to ASCOG Website.

September 27 – Applications due close of business.

November 16 – Applications scored.

December 21 – Awardees announced on ASCOG Website.

Attending one of the workshops is a great opportunity to ask questions of the CED staff about your 2018 REAP project and also receive an extra 5 points.

## SENIOR COMMUNITY SERVICES EMPLOYMENT PROGRAM (SCSEP) RENEWED FOR ANOTHER YEAR

ASCOG received word that we will continue SCSEP for another year with a slightly reduced budget. SCSEP provides training and employment opportunities for seniors aged 55 and older who are currently unemployed. ASCOG serves 14 counties including **Cotton, Jefferson, McClain, Stephens** and **Tillman** counties in the ASCOG planning and services area, all eight SWODA counties and Cleveland County. For more information on SCSEP, contact **Suellen McAllister** at 580.736.7029 or **Kris Brown** at 580.736.7036.

# August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><i>1</i>  <b>AAA Hearing &amp; Medicare</b>  <b>Lawton North</b>  <b>11 am</b></p> <p><b>REAP Workshop</b>  <b>Chickasha</b>  <b>Canadian Valley</b>  <b>Room 436</b>  <b>3:00 pm-4:30 pm</b></p>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
<i>6</i>	<p><i>7</i></p> <p><b>Medicare Counseling</b>  <b>Lawton</b>  <b>Patterson 11 am</b></p>	<p><i>8</i></p> <p><b>Medicare Counseling</b>  <b>Geronimo</b>  <b>11 am</b></p>	<i>9</i>	<p><i>10</i></p> <p><b>Medicare Counseling</b>  <b>Elgin 11 am</b></p>	<i>11</i>	<i>12</i>
<i>13</i>	<i>14</i>	<p><i>15</i></p> <p><b>Medicare Counseling</b>  <b>Mountain View</b>  <b>10:30 am and</b>  <b>Marlow</b>  <b>11 am</b></p>	<i>16</i>	<p><i>17</i></p> <p><b>AAA Hearing &amp; Medicare</b>  <b>Duncan North</b>  <b>11am</b></p>	<i>18</i>	<i>19</i>
<i>20</i>	<p><i>21</i></p> <p><b>Medicare Counseling</b>  <b>Duncan South</b>  <b>11 am</b></p>	<p><i>22</i></p> <p><b>Ombudsman Volunteer Training</b>  <b>Fort Cobb</b>  <b>9 am-4 pm</b></p>	<p><i>23</i></p> <p><b>Ombudsman Volunteer Training</b>  <b>Fort Cobb</b>  <b>9 am-4 pm</b></p>	<p><i>24</i></p> <p><b>AAA Hearing &amp; Medicare</b>  <b>Walters</b>  <b>11 am</b></p>	<i>25</i>	<i>26</i>
<i>27</i>	<p><i>28</i></p> <p><b>Medicare Counseling</b>  <b>Temple 11 am</b></p>	<p><i>29</i></p> <p><b>AAA Hearing &amp; Medicare</b>  <b>Ringling</b>  <b>11 am</b></p>	<i>30</i>	<p><i>31</i></p> <p><b>Medicare Counseling</b>  <b>Ryan 11 am</b></p>		