

I. SERVICE AREA INCLUDES THE FOLLOWING COUNTIES:			
Stephens, McClain, Grady, Caddo, Comanche, Tillman, Cotton, and Jefferson counties			
II. NAME OF SERVICE: <i>NUTRITION EDUCATION</i>			
III.			
(A) \$ Unit Cost	(B) \$ Total Funding	(C) # Units	(D) Unduplicated Persons Served
\$1.65 <u>\$0.78</u>	<u>\$10,904.00</u>	18,000 <u>14,000</u>	1,500 <u>1300</u>
IV. Detailed activities to Meet the Scope of Work			
<p>1. ASCOG will provide the Nutrition Education program monthly through public presentations to congregate meal participants, brochures and fliers to home-delivered participants, email blasts, press releases, blogs and letters to focal points in the planning and service area. One unit of service is equal to one presentation or nutrition education material handout via mail, in-person, etc.</p>			
<p>2. ASCOG will ensure the Nutrition Education program materials are developed and written by the ASCOG AAA Registered Dietician.</p>			
<p>3. ASCOG will coordinate with nutrition project staff and volunteers to ensure each home-delivered meal recipient also receives a monthly nutrition education flier.</p>			
<p>4. ASCOG will ensure all eligible participants go through the intake process using the Title III Pilot Outreach forms and will update these forms annually.</p>			
<p>5. The RD will submit the nutrition fliers and time sheets to ASCOG for review and payment.</p>			
<p>6. ASCOG will enter the units of service into AIM via a data entry clerk.</p>			
<p>7. ASCOG will submit reports as requested to ASD.</p>			
<p>8. ASCOG staff will mail out surveys annually to all participants who have received nutrition education services.</p>			

II. NAME OF SERVICE: NUTRITION COUNSELING

III. (A) \$ Unit Cost	(B) \$ Total Funding	(C) # Units	(D) Unduplicated Persons Served
\$25.36 <u>\$50.33</u>	<u>\$6,543.00</u>	258 <u>130</u>	258 <u>50</u>

IV. Detailed activities to Meet the Scope of Work

1. ASCOG will provide the Nutrition Counseling program through individualized guidance to a participant. ASCOG will market the program to congregate meal participants, brochures and fliers to home-delivered participants, email blasts, press releases, blogs and letters to focal points in the planning and service area. One unit of service is equal to one counseling session that is provided one-on-one by a registered dietitian.
2. ASCOG will ensure the Nutrition Counseling program materials are developed and written by the ASCOG AAA Registered Dietician.
3. ASCOG will coordinate with nutrition project staff and volunteers to ensure each home-delivered meal recipient is aware of the Nutrition Counseling program.
4. ASCOG will ensure all eligible participants requesting Nutrition Counseling receive the service by the RD.
5. ASCOG will ensure all eligible participants go through the intake process using the Title III Pilot Outreach forms and will update these forms annually.
6. The RD will submit the list of nutrition counseling recipients and time sheets to ASCOG for review and payment.
7. ASCOG will enter the units of service into AIM via a data entry clerk.
8. ASCOG will submit reports as requested to ASD.
9. ASCOG staff will mail out surveys annually to all participants who have received nutrition education services.

1. SERVICE AREA INCLUDES THE FOLLOWING COUNTIES:			
Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens & Tillman			
II. NAME OF SERVICE:			
Education/Information and Assistance for SFY 2016			
III.			(D) Unduplicated Persons Served
(A) \$ Unit Cost	(B) \$ Total Funding	(C) # Units	
\$30.78 \$128.25	\$3,078	100 24	N/A
IV. Formula used to calculate unit cost:			
\$3,078 total funding divided by 300 24 units of service = \$10.26 \$128.25 per unit.			
V. Show the breakdown of Total Funding for Service:			
300 24 units multiplied by \$10.26 \$128.25 per unit = \$3,078.			
VI. Activities to Meet the Scope of Work:			
1. ASCOG will market all Supportive Services and Title III programs through public presentations, brochures, fliers, email blasts, press releases, blogs and letters to focal points.			
2. ASCOG staff will ask those in attendance at public presentations to complete sign-in sheets to document the presentation.			
3. ASCOG staff will document other types of marketing through copies of emails, press releases and fliers, along with a list of those to whom the marketing materials were sent. Only presentations at senior centers or events targeting seniors will count toward I&A education and training.			
4. Prospective participants who respond to the marketing will be referred to the appropriate case manager or will receive an immediate assessment for services if possible.			

5. ASCOG staff will forward sign-in sheets, ~~emails or other documentation and time sheets~~ designating time worked on Education/Information and Assistance to ASCOG administrative staff for review.

6. ASCOG will enter the units of service into AIM via a data entry clerk.

7. ASCOG will submit reports as requested to ASD.

8. ASCOG staff will email needs assessment surveys to all available contacts in the PSA.

ASCOG SFY 16 Area Plan Update modifications December 18, 2015

Aging Program Output-Quantitative	SFY 2014		SFY 2015		SFY 2016	
	NAPIS Report		Projected		Projected	
Service Categories	TOTAL UoS	TOTAL UPS	TOTAL UoS	TOTAL UPS	TOTAL UoS	TOTAL UPS
Personal Care	XXX	XXX	XXX	XXX	XXX	XXX
Homemaker	XXX	XXX	XXX	XXX	XXX	XXX
Chore	199	14	1,000	66	199	14
Home delivered meals	96,789	662	74,000	650	74,000	650
Adult day care/health	XXX	XXX	XXX	XXX	XXX	XXX
Case Management	XXX	XXX	XXX	XXX	XXX	XXX
Congregate Meals	205,212	1,553	220,000	1,700	220,000 214,052	1,700 1,500
Nutrition counseling	86	82	258	258	258 130	258 50
Assisted Transportation	XXX	XXX	XXX	XXX	XXX	XXX
Transportation	15,720	116	31,000	140	31,000 16,648	140 93
Legal Assistance	727	XXXXX X	436	XXXX X	436	XXXX X
Nutrition Education	19,586	2,248	18,000	1,500	18,000 14,000	1,500 1,300
Information & Assistance	294	180	300	180	300	180
Outreach	649	XXXXX X	500	XXXX X	649	632

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Advocacy/representation	XXX	XXXXX X	XXX	XXXX X	XXX	XXXXX X
Education/training	4,100	XXXXX XX	285	XXXXX X	4,100 240	XXXXX X
Education/information and assistance	241	XXXXX XX	100	XXXXX X	100 24	XXXXX XX
Health promotion Disease Prevention	2,712	XXXXX XX	640	XXXXX X	363	271
Home repair	25	25	50	50	46 XXX	46 XXX
Coordination of services	6,000	XXX	4,750	XXX	5,000	XXX
Information about services	336	XXX	225	XXX	336	XXX
Information about services/GRRC	5	XXX	25	XXX	62	XXX
Assistance with access to services	246	131	356	225	246	131
Assistance with access to services/GRRC	17	9	36	25	27	15
Counseling	XXX	XXX	XXX	XXX	XXX	XXX
Counseling/GRRC	XXX	XXX	XXX	XXX	XXX	XXX
Support groups	6	6	389	36	62	62
Support groups/GRRC	0	0	44	4	7	7
Training	XXX	XXX	XXX	XXX	XXX	XXX
Training/GRRC	XXX	XXX	XXX	XXX	XXX	XXX
Respite	6,179	71	4,750	160	6,179	71
Respite/GRRC	1,096	8	507	15	760	8
Supplemental Services	XXX	XXX	XXX	XXX	XXX	XXX
Supplemental Services/GRRC	XXX	XXX	XXX	XXX	XXX	XXX

UoS - Units of service

UPS – Unduplicated Persons Served